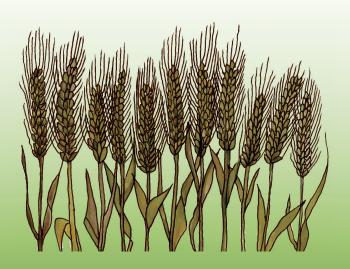
# MyBible W

## Living the Word



Author, Akinori Kamachi

## MyBible VII Living the Word

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#### Foreword

MyBible VII (Living the Word) is a collection of proverbs, wisdom books, the book of Sira, and psalms.

Proverbs, also translated as proverbs, was written around the 6th century B.C., but it has enough content to be put into practice even today.

The Book of Wisdom consists of moral and golden sayings, and the Book of Sira is a book using the name of the author, also known as the Most Excellent Wisdom, etc. In today's society that seeks value in economic matters, walking in pursuit of God's wisdom is the way to obtain good wealth, and we encounter many problems as we go through life. We believe that by utilizing and putting into practice these words, we can walk more abundantly.

It is said that the Psalms are a book of praise, prayer, and meditation by man to God, and the "Prayer of the Rosary" recited by the Catholic faithful actually has its origin in the Psalms.

This collection of the Word of God has been compactly summarized to be useful in real life, and we encourage you to take this opportunity to experience the original words of the Bible.

People tend to think that the words of the Bible can only be understood by specialists, but the Bible was originally expressed by God in words that people can understand, and since it contains the truths for people to live their lives, it can be a source of spiritual salvation for individuals and a norm in society.

As you read the Bible over and over again, there will come a time when you will feel the words of the Bible speak to you.

October 1, 2020 Catholic Archdiocese of Tokyo Archbishop Isao Kikuchi

#### First of all

This edition of MyBible WI (Living the Word), like the first edition of MyBible, is a summary of the Word of God. The impetus for this production came from a question I asked Pastor Hiroshi Seo, who belongs to the Ichikawa Breakfast Prayer Meeting (short for Breakfast Prayer Meeting), the same group I belong to, about the secret for believers to lead a rich life of faith.

He said, "'A person who rejoices in the teachings of the Lord and hums them day and night. He is a tree planted by the stream; when the time comes, he will bear fruit; his leaves will not wilt, and all his works will flourish.' (Psalm 1.2-3) , and God has promised to bring "prosperity" to those who speak His Word. By doing this, we will have even more confidence that our prayers have been heard, and our church will grow."

'Everyone who hears these my words and does them is like a wise man who built his house on the rock.' (Matthew 7.24) . Following the teachings of Pastor Seo, we hope that you will create your own MyBible as a concrete way to live the Word of God and recite

the scriptures in it on a daily basis.

We would like to help you create your own MyBible by referring to MyBible VII (Living the Word) and

MyBible (Jewel Box of the Word of God Practical Edition), which we have created this time.

As mentioned in the preface, there are many proverbs and sayings in Japan, and we hope that you will make use of the proverbs and sayings in the Book of Proverbs, the Book of Wisdom, and the Shira Book of Golden Words, as their contents are applicable to modern society as well.

We would like to express our sincere gratitude to Father Yoshitaka Yoshiike and Pastor Hiroshi Seo for their teaching in the production of this work, and to the people of Sekiguchi Catholic Church for their cooperation in its publication.

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## Proverbs of King Solomon

This is to know wisdom, to give education, and to know deeply the words of understanding; to receive a thoughtful education, to acquire justice, fairness, and equity; to make the ignorant man wise, and the young man gain knowledge and discretion. He who is wise will hear it and learn, and he who is intelligent will gain guidance. This is for the understanding of proverbs and metaphors, and the words of the wise, and the mysteries thereof. (1.2-6)

#### God is Wisdom

- <sup>1</sup> I am wisdom, and I dwell with discretion; I have knowledge and prudence. (8.12)
- <sup>2</sup> By wisdom He has set up the foundations of the earth, and by wisdom He has firmly established the heavens. (3.19)

#### To gain wisdom

<sup>1</sup> Choose My teaching rather than silver. Choose knowledge rather than pure gold. (8.10)

- <sup>2</sup> The fear of the Lord is the beginning of knowledge. But a fool despises wisdom and education. (1.7)
- <sup>3</sup> The fear of the LORD is the hatred of evil. I hate pride, and conceit, and the ways of wickedness, and a perverse mouth. (8.13)

#### To those who love and seek wisdom

- <sup>1</sup> I love them that love me. He who diligently seeks Me will find Me. Wealth and honor are with me. (8.17-18)
- <sup>2</sup> I will cause those who love me to inherit wealth, and I will fill their treasury. (8.21)

## Wisdom is your only property

and honor. (3.16)

- Get wisdom as your first property. Yes, gain enlightenment with all you've got. Respect wisdom. It will elevate you. If you embrace it, it will bring you honor. Wisdom will put a beautiful garland on your head and give you a crown of honor. (4.7-9)
- <sup>2</sup> Choose My teaching rather than silver. Rather than pure gold, choose knowledge. Wisdom is better than coral, and no favorable thing can compare with it. (8.10-11)
  <sup>3</sup> In his right hand is long life; in his left hand are riches

#### Wisdom is the Way to Eternal Life

- <sup>1</sup> Hear, my son. Accept my word, and the years of your life will be multiplied. Receive my word, and the years of your life will be multiplied. I have set you on the path of wisdom, I have set you on the path of righteousness. (4.10-11)
- <sup>2</sup> Hold fast the commandments, and do not forsake them. Keep them well. For it is your life. Do not follow the steps of the wicked. Do not walk in the ways of the wicked. (4.13-14)
- 3 Listen to me, my son. Listen to my words. Keep it out of your eyes and keep it in your heart. To him who finds it, it will be life and health to his whole body. (4.20-22)

## A gift of wisdom

1 My son, if you accept my word, if you store up my commands in your heart, if you listen to wisdom, if you give heed to wisdom, if you search for wisdom as if it were silver, as if it were hidden treasure, then you will realize the fear of the Lord and you will find the knowledge of God. For the LORD will give you wisdom, and knowledge and wisdom out of his mouth. He will store up sound wisdom for the honest, and He will be a shield for those who walk in integrity, and

He will keep the way of the just in the paths of the just, and will guard the way of His holy ones. (2.1-8)

## Call wisdom your sister, and enlightenment your relative

<sup>1</sup> My son, keep my words and store up my commands in your heart. If you want to live, keep my commands and guard my teachings as your eyes. Put them in your fingers and write them on the tablets of your heart. Say to Wisdom, "You are my sister," and call Enlightenment, "My relative." (7.1-4)

#### Proverbs of the Heart

1 The hope of the righteous will prosper. But the hope of

the wicked is crushed.

(10.28)

<sup>2</sup> No evil befalls the righteous, but misfortune abounds to the wicked.

The righteous escape misfortune, but the ways of the wicked lead them astray. (12.26)



In St. Mary's Cathedral, Tokyo Cathedral

- <sup>4</sup> The light of the righteous shines forth, but the lamp of the wicked is extinguished. (13.9)
- <sup>5</sup> The father of the righteous will enjoy greatly, and he who begets a wise son will rejoice in him. (23.24)
- <sup>6</sup> The righteous man falls seven times, but rises again. But the wicked stumble and perish. (24.16)
- <sup>7</sup> When the righteous rule, there is great joy; when the wicked wield power, the people hide themselves. (28.12)
- 8 The unjust are an abomination to the righteous, and those who walk in the way of righteousness are an abomination to the wicked. (29,27)
- 9 There is a snare in the way of the wicked. But the righteous will escape it and rejoice. (29.6)
- <sup>10</sup> The fear of the Lord is the fountain of life. By this one escapes the snare of death. (14.27)
- The fear of the Lord is the basis of wisdom. Humility precedes honor. (15.33)
- 12 To fear the Lord is to come to life. (19.23) 13Fullness of rest and rest and rest, and you will not be afflicted. (19.23)
- 13 The reward of humility and the fear of the Lord is riches, honor and life. (22.4)
- 14 You shall not envy the sinner in your heart. Only fear the Lord, always, and honor him. (23.17)

- 15 It is better to have little and fear the Lord, than to have much treasure and be terrified. (15.16)
- 16 By faithfulness and sincerity sin is atoned for, and by the fear of the Lord one departs from evil. (16.6)
- 17 He that loveth wisdom shall please his father: and he that consorteth with harlots shall spend his substance. (29.3)
- 18 What the wicked fear will come upon them, but what the righteous desire will be fulfilled. (10.24)
- 19 Wisdom buildeth her house, but folly shall bring it down with her hands. (14.1)
- 20 In the mouth of the wise are treasures of great price; but fools spend them up. (21.20)
- 21 He who has an ear to hear a profitable rebuke will remain among the wise. (15.31)
- The heart of the enlightened acquires knowledge, and the ears of the wise seek knowledge. (18.15)
- <sup>23</sup> Realize that wisdom is the same for your soul. If you have it, you have a future, and your hope will not be cut off. (24.14)
- <sup>24</sup> He who relies on his own heart is a fool. He who walks by wisdom will be saved. (28.26)
- 25 Buy the truth. Do not sell it. Let wisdom, teaching, and understanding be like it. (23.23)

- <sup>26</sup> Listen well, my son, and be wise. And walk in the way of wisdom. (23.19)
- <sup>27</sup> Whips and chastisements give wisdom, but a child brought up in selfishness puts his mother to shame. (29.15)
- <sup>28</sup> He who observes the teaching walks on the path that leads to life. But he who despises the counsel shall go astray. (10.17)
- <sup>29</sup> He who rejects instruction will suffer poverty and disgrace. But he who values chastisement will be honored. (13.18)
- The child of wisdom loves instruction. But he who scoffs will not listen to rebuke. (13.1)
- 31 The Lord created all things with a purpose. Even the wicked were created for the day of woe. (16.4)
- 32 The name of the LORD is a firm turret. The righteous will take refuge there and be saved. (18.10)
- 33 If there is wisdom in your heart, I rejoice from the bottom of my heart; if your lips speak righteousness, my heart leaps for joy. (23.15-16)
- 34 He who finds a wife finds great good fortune, and receives the grace of the Lord. (18.22)
- 35 A house and possessions are a legacy from the Father.

  A prudent wife is a gift from the Lord. (19.14)

- 36 Many plans are in the heart of man, but only the will of the Lord remains unchanged. (19.21)
- 37 The rich and the poor may meet one another. But both are the Lord's creation. (22.2)
- The greedy cause strife. Those who lean on the Lord will be rich. (28.25)
- 39 Fear leads men into snares. But those who trust in the Lord are safe. (29,25)
- 40 Commit your work to the Lord, and your plans will be accomplished. Then your plans will be accomplished.

  (16.3)
- 41 He who heeds the word will find joy. Blessed are those who lean on the Lord. (16.20)
- 42 The merciful do good to their own souls, but the unmerciful bring misfortune upon themselves. (11.17)
- 43 The faithful will be filled with blessings; he who seeks wealth in a single morning will not escape punishment. (28.20)
- 44 The Lord loves those who are pure in heart. He who speaks with elegance, the king will be his friend. (22.11)
- 45 The commandments of the wise are like earrings of gold and ornaments of pure gold to the ears of those who hear them. (25.12)

- 46 Do not boast about tomorrow. For you do not know what will happen to you in a day. (27.1)
- 47 Wealth does not last forever, and treasures do not last from generation to generation. (27,24)
- 48 He who loves pleasure will be poor, and he who loves wine and perfumed oil will not be rich. (21.17)
- <sup>49</sup> Without illusions, the people will behave as they wish. But blessed are those who keep the teachings. (29.18)
- 50 Perfumes and fragrances rejoice the heart. But friendship strengthens the soul. (27.9)
- 51 He who slows down his anger is better than the valiant, and he who governs his own heart is better than he who conquers the city. (16.32)
- 52 He who slows down his anger is rich in reason, and he who is quick-tempered increases in folly. (14.29)
- 53 A man's prudence slows his wrath. His honor is in forgiving wrongs. (19.11)
- 54 He who has greedy eyes is impatient to gain wealth, and does not know that scarcity assails him. (28.22)
- 55 Friends are to love each other at all times. Brothers are born to share suffering. (17.17)
- 56 A full stomach hates even the honey of a beehive. But to a hungry man all bitter things are sweet. (27.7)

- 57 The teaching of the wise is a fountain of life. By it man is saved from the snare of death. (13.14)
- 58 Iron sharpens iron, and man refines the heart of his friend. (27.17)
- 59 As water reflects the face, so does the heart of a man reflect him. (27.19)
- 60 Silver is the crucible, gold is the furnace, and a man is tested by the praise of others. (27.21)
- 61 Blessed is the man who lives attentively in constant fear. But woe to him whose heart is stubborn! (28.14)
- 62 He who conceals his error will not prosper, but he who says it out and cuts his hand with it will receive mercy.

  (28.13)
- 63 A harmonious heart is the life of the body. (28.14) 63 Jealousy is the life of the bones, and the heart is the life of the body. (14.30)
- 64 When the heart is merry, the countenance is radiant; but when the heart is melancholy, the spirit sinks. (15.13)
- 65 He who despises the word will perish, but he who fears the command will be saved. (13.13)
- 66 To the one who is overwhelmed, every day is a day of bad luck, but to the one whose heart is full of joy, every day is a day of celebration. (15.15)

- 67 He who hides the wrongs of others pursues love, but he who harps on it drives away his closest friends.
- 68 A cheerful heart is good medicine, but a gloomy heart withers the bones. (17.22)
- 69 He who steals from his father or mother and says, "I have not sinned," is none other than one of those who bring destruction. (28.24)
- <sup>70</sup> Educate your children according to the way they should go. Then when they are old, they will not turn from it. (22.6)
- 71 The prudent man sees the calamity and avoids it, but the ignorant man goes willingly and is punished. (27.12)
- 72 A woman who speaks petulantly is like a leak that drips on a rainy day. To control this woman is equal to controlling the wind and trying to grab oil with your right hand. (27.15-16)
- 73 The pleasure of a fool is in wickedness, and the pleasure of a man of wisdom is in wisdom. What the wicked fear will come upon him, but what the righteous desire will be fulfilled. (10.23-24)
- 74 Answer a fool according to his folly. Otherwise he will think himself wise. (26.5)

- 75 A fool vents all his anger, but a wise man keeps it to himself. (29.11)
- 76 The heart rejoices when its wish is granted. The fool abhors to depart from evil, but the wise man keeps it to himself. (13.19)
- 77 Every sensible man uses knowledge to do, but the fool speaks out his folly. (13.16)
- 78 The rich man is wise in his own eyes; the poor man of sense sees through him. (28.11)
- 79 A fool thinks his way is right, but a wise man listens to advice. (12.15)
- The fool suddenly expresses his anger, but the prudent man silences his humiliation. (12.16)
- 81 It is a man's honor to avoid strife. But every fool causes strife. (20.3)
- 82 He who is quick to anger brings discord, and he who slows down anger calms strife. (15.18)
- 83 Do not associate with an angry person. Do not walk with those who are easily provoked. (22.24)
- 84 The heart of man is exalted before destruction, but before honor it is humbled. (1812)
- 85 The conceited man does not like advice. He will not approach the wise. (15.12)

- 86 Cast out mockers, and there will be no strife. Then strife will go out, and quarrels and insults will disappear. (22.10)
- 87 A man's pride will bring him low, but he who humbles himself will be honored. (29.23)
- 88 Vainness precedes destruction, and pride precedes downfall. (16.18)
- 89 Hatred causes strife, but love covers all sin. (10.12)
- 90 Eating a vegetable dish with love is better than eating the meat of a fat cow with hatred. (15.17)
- 91 The treasure of iniquity avails nothing, but righteousness delivers a man from death. (10.2)
- 92 The twisted in heart is an abomination to the Lord, but the upright are pleasing to Him. (11.20)
- <sup>93</sup> There is bitterness in the heart of those who plot evil. But there is joy in the heart of one who makes peace. (12.20)
- 94 Both he who makes the wicked righteous, and he who makes the righteous wicked, are an abomination to the LORD. (17.15)
- 95 Do not be angry with those who do evil. Do not envy the wicked. For the wicked have no future, and the lamp of the wicked will go out. (24.19-20)
- % A little gained by righteous means outweighs a great deal of income gained by unjust means. (16.8)

- <sup>97</sup> Three, nay, four things are strange to me, and I know them not. The way of the eagle flying in the sky, the way of the serpent crawling on the rocks, the way of the ship on the sea, and the way of the man going to the virgin. (30.18-19)
- There are four small things on this earth. But they are the wisest of the wise. The ants are a helpless race, but they store up their food in the summer. The rock raccoon is a weak race, but it builds its nest among the rocks. The locusts have no kings, but they all go out in bands. The guardian palace can catch them by the hand, but they are also in the king's palace. (30.24-28)

#### Proverbs of Words

- <sup>1</sup> The mouth of a righteous man bears wisdom. But a twisted tongue is cut off. (10.31)
- <sup>2</sup> The lips of the righteous show favor, but the mouth of the wicked spits out twisted things. (10.32)
- 3 The righteous hate falsehood, but the wicked spread shame and disgrace. (13.5)
- <sup>4</sup> The wise man stores up knowledge, but the foolish man's mouth is imminent. But the mouth of a fool is imminent destruction. (10.14)

- <sup>5</sup> The lips of the wise spread knowledge, but the heart of a fool has no intelligence. (15.7)
- <sup>6</sup>The heart of the wise admonishes his mouth, and adds knowledge to his lips. (16.23)
- <sup>7</sup> He whose heart is wise is chanted with intelligence, and his pleasant words increase knowledge. (16.21)
- 8 A man of many tongues cannot avoid sin. But he who refrains from speaking is a wise man. (10.19)
- 9 Do not say, "I will repay evil. Wait for the Lord. The Lord will save you. (20.22)
- 10 Every word of God is pure. God is a shield for those who lean on Him. (30.5)
- Death and life depend on the power of the tongue. He who loves it shall eat its fruit. (18.21)
- 12 He who abstains from his own mouth and tongue will guard his heart from trouble. (21.23)
- <sup>13</sup> Preach patiently, and even those who do violence will listen. A soft tongue will break his bones. (25.15)
- 14 He who refrains from words is a man of knowledge. He who keeps a sober mind is a man of reason. (17.27)
- 15 Righteous lips are the delight of kings, and they love those who speak righteousness. (16.13)
- 16 Men rejoice in what they say. How good are timely words! (15.23)

- 17 Pleasant words are like honey, sweet to the tongue and wholesome to the body. (16.24)
- <sup>18</sup> A man who speaks lightly is like a sword that gives wounds. But the tongue of the wise heals men. (12.18)
- 19 Even a fool, if he keeps silent, is considered wise; if he keeps his lips closed, he is considered intelligent. (17.28)
- 20 Much gold and coral there is. But the lips of knowledge are the rare treasure. (20.15)
- 21 If your lips speak righteousness, my heart leaps for joy. (23.16)
- $^{22}$  Every toil has its profit, but chatter brings only poverty.  $^{(14.23)}$
- 23 A sorrowful heart nods, but a kind word brings joy. (12.25)
- 24 A gentle answer calms anger, but a stinging word causes resentment. (15.1)
- 25 Comforting words are a tree of life. Rough words are the soreness of the soul. (15.4)
- <sup>26</sup> And they receive good things by the words of their mouths. But the heart of a traitor favors tyranny. (13.2)
- 27 He who refrains from speaking preserves his life, but he who speaks out loud leads to destruction. (13.3)
- 28 Don't believe him, even though he says beautiful things with his mouth. In his heart lurk seven abominations (\*1). (26.25) \*1 Please refer to the passage "He whom the Lord hates".

- <sup>29</sup> The people curse and the people hate those who say to the wicked, "You are righteous." (24.24)
- 30 He who hides his hatred speaks falsely. He who speaks evil is a fool. (10.18)
- 31 False lips are an abomination to the LORD. But he who does the truth is pleasing to the Lord. (12.22)
- 32 False witnesses will not escape punishment, and those who breathe falsehood will perish. (19.9)
- 33 A false tongue hates those whom it has wronged, and the mouth of heresy brings destruction. (26.28)
- 34 Lips that speak truth will last, but a false tongue is only for a moment. (12.19)
- 35 The lips of a fool cause strife, but his mouth invites flogging. (18.6)
- 36 The mouth of a fool brings on his own destruction, and his lips are a snare to his soul. (18.7)
- 37 He who replies before he has heard well is a fool and a target of scorn. (18.13)
- 38 Have you seen one who speaks rashly? There is still more hope for a fool than for him. (29.20)
- <sup>39</sup> The words of those who talk behind one's back are like delicious food; they go down to the bottom of one's stomach. (18.8)

- 40 The north wind brings rain, and the tongue that speaks behind one's back makes one angry. (25.23)
- 41 When the wood is gone, the fire is extinguished. (26.20)
- 42 He who speaks falsely divulges secrets. Do not associate with a man who is light-spoken. (20.19)
- 43 If you have a complaint against your neighbor, dispute with him. Do not divulge his secrets to others. (25.9)

#### Proverbs in Action

- <sup>1</sup> The reward of the righteous is life; the income of the wicked is sin. (10.16)
- <sup>2</sup> Righteous deeds are a tree of life. But wicked deeds take away life. (11.30)
- <sup>3</sup> The house of the righteous is full of riches, but the harvest of the wicked brings trouble. (15.6)
- <sup>4</sup> It is more pleasing to the Lord to do what is just and fair than to sacrifice. (21,3)
- 5 When a man's deeds are pleasing to the Lord, He reconciles even his enemies with him. (16.7)
- 6 He who walks with the wise will be wise, but he who associates with fools will suffer. (13.20)

- 7 Without close counsel, a plan will fail. If there are many advisors, it will succeed. (15.22)
- 8 It is not good to eat too much honey and to be flattered. (25.27)
- 9 He who walks in the right path will be saved, but he who walks in the crooked path will fall into the grave.
  (28.18)
- The generous man will be filled. He who enriches others will himself be enriched. (11.25)
- <sup>11</sup> Blessed is the man of merciful eyes, for he will give his bread to the poor. For he will give his bread to the poor. (22.9)
- 12 He who gives to the poor will never lack anything. He who turns away from the poor receives many curses.
  (28.27)
- 13 The rich will rule over the poor. The borrower becomes the servant of the lender. (22.7)
- 14 You shall not deal with them, nor be a guarantor of another's debt. (22.26)
- 15 If your enemy is hungry, let him eat bread; if he is thirsty, let him drink water. You will thus be piling burning coals on his head, and the Lord will reward you. (25.21-22)

- 16 The way of the righteous leads to life, but the way of the perverse leads to death. (12.28)
- <sup>17</sup> Justice protects those who walk in the right path, but evil destroys sinners. (13.6)
- Those who earnestly pursue good will find grace, but evil will come to those who look for evil. (11.27)
- 19 The ladylike woman gains honor, but the bold man gains riches. (11.16)
- 20 Starting a fight is like opening a floodgate. Stop fighting before a terrible conflict breaks out. (17.14)
- 21 It is better to dwell in the wilderness than to dwell with a quarrelsome, difficult woman. (21.19)
- 22 He who is angry causes strife, and he who is easily provoked commits more sins. (29,22)
- 23 Many seek the patronage of rulers, but it is the Lord who judges men. (29.26)
- <sup>24</sup> Do not stoop to gain wealth. Use your good sense and stop doing this. (23.4)
- 25 For by the word of his mouth shall a man be filled with good things. And a man shall receive his reward by the work of his hands. (12.14)
- 26 The diligent man's hands rule, but the slothful are subject to toil. (12.24)

- 27 The plans of the diligent will indeed bring benefits, but those who are in a hurry will only cause loss. (21.5)
- <sup>28</sup> He who plows his field will have enough of bread. He who pursues vain things will grow weary of poverty.

  (28.19)
- <sup>29</sup> Wealth hastily acquired will perish, but he who earns and stores it will increase it. (13.11)
- 30 Those who punish the wicked are praised, and happy blessings are given to them. (24.25)
- <sup>31</sup> Do not love sleep. Otherwise, you will be poor. Open your eyes. Open your eyes, and you will have plenty of bread. (20.13)
- 32 He who neglects his work is the brother of him who brings destruction. (18.9)
- Do not forsake your friends or your father's friends.

  Do not go to your brother's house in the day of your calamity, for a stranger near is better than a brother far. (27.10)
- 34 A slothful hunter does not catch his prey. But a diligent man will reap much harvest. (12.27)
- 35 The heart of a lazy man, though he desires things, will have nothing, but the heart of a diligent man will be fully satisfied. (13.4)

- 36 The path of the lazy is like a hedge of thorns, but the path of the diligent is flat. (15.19)
- 37 The lazy man does not plow in the winter. So, when he seeks a harvest at the time of reaping, he has nothing.
- 38 Sleep a little more, slumber a little more, rest a little more with your arms folded. Then poverty will come to you like a vagabond, and scarcity like a beggar.

  (24.33-34)
- <sup>39</sup> Pride brings only strife. But wisdom is with those who listen to advice. (13.10)
- <sup>40</sup> He who oppresses the poor dishonors his Maker, but he who has compassion on the needy honors his Maker.

  (14.31)
- 41 He who has compassion on the poor is a lender to the Lord. What he advances, the Lord will return. (19.17)
- <sup>42</sup> He who mocks the poor is insulting his Maker. He who rejoices in the unfortunate will not escape punishment. (17.5)
- 43 He who strikes his hand and becomes a surety for his neighbor, he is thoughtless. (17.18)
- 44 The raffle settles the suit, and makes peace between the disputants. (18.18)

- 45 Chastise your sons as much as you wish. But be careful that you do not resort to violence. (19.18)
- 46 He who is guilty of shedding human blood will flee to the grave. No one shall catch him. (28.17)
- 47 He who sheds blood hates an honest man. But an honest man values his life. (29.10)
- 48 Do not eat the bread of those who have greedy eyes.

  And do not covet his treats. (23.6)
- <sup>49</sup> Grape wine makes one a mocker, and strong drink makes one a rabble-rouser. Everyone who is addicted to it is without wisdom. (20.1)
- 50 The drunkard and the glutton will become poor, and he who coasts will be covered with rags. (23.21)
- 51 Who has red eyes? It is he who indulges in wine. It is he who goes to taste the mixed wine. (23.29-30)
- 52 It is not for kings to drink wine. It is not advisable for princes to indulge in strong drink. Perhaps they will forget the law of the land when they drink, and pervert the judgment of all who suffer. Give strong drink to those who are dying. Give wine to the man whose heart is troubled. He will drink and forget his poverty, and he will no longer remember his suffering. (31.4-7)

#### Proverbs on Prayer

- <sup>1</sup> What the wicked fear will come upon him, but what the righteous desire will be fulfilled. (10.24)
- <sup>2</sup> The sacrifice of the wicked is an abomination to the Lord. But the prayer of the righteous is pleasing to the Lord. (15.8)
- <sup>3</sup> He who does not listen to the teaching, even his prayer is abhorred. (28.9)
- <sup>4</sup> Keep me from unfaithfulness and falsehood. Give me neither poverty nor riches. Feed me only with the bread allotted to me. When I am full, I will deny you and say, "Who is the Lord?" And when I am poor, I will steal and defile the name of my God. (30.8-9)

## The Wise and the Foolish

- <sup>1</sup> My son, listen to the instruction of your father, and do not forsake the teachings of your mother. They are the beautiful garland of your head, your necklace. (1.8-9)
- <sup>2</sup> When fear comes upon you like a storm, when calamity comes upon you like a whirlwind, when affliction and distress come upon you. Then these men will call to Me, but I will not answer them. They will seek me, but they will not find me. For they have hated knowledge, and have chosen

- not to fear the LORD. For they have not liked my counsel, and they have despised all my chastisements. (1.27-30)
- <sup>3</sup> The treachery of the ignorant kills them themselves, and the security of the foolish destroys them. But those who listen to me shall live in peace, and shall not fear calamity. (1.32-33)

## The Lord's Teachings and Disciplines

1 My son, do not forget my teaching. Take my commands to heart. Then shall be added to you long days, years of life, and peace. May faithfulness and integrity never leave you. Put them around your neck and write them on the tablets of your heart. Then you will receive grace and decency in the sight of God and man. Lean on the Lord with all your heart, and do not rely on your own intelligence. Acknowledge the Lord in all your paths. He will guide your steps. Do not think you have wisdom. Fear the Lord and keep away from evil. It will make your body healthy and your bones strong. Worship the LORD with your possessions and with the first fruits of all your harvest. Then you will be filled with grain, and your winepresses will overflow with new wine. My son, do not underestimate the Lord's education. Do not neglect his chastening. As the Lord rebukes those whom He loves. The Father rebukes His beloved children. (3.1-12)

#### The Lord's admonition

<sup>1</sup> My son, do not lose sight of wisdom and prudence in your eyes, but keep them. They will give life to your soul and beauty to your neck. Then you will walk safely on your path, and your feet will not stumble. Even when you go to sleep, you shall not be afraid. When you go to bed, your sleep is pleasant. Fear not the terror that comes unexpectedly, nor the destruction that the wicked bring. The Lord is your defender, your foot, and will protect you from the snare. (3.21-26)

#### Gifts for those who follow the Lord

If a man has done you no harm, do not quarrel with him without cause. Do not envy a violent



The Cross of St. Francis in the Basilica of San Damiano

person. Do not imitate even one of his ways. The Lord abhors the wicked. But He befriends the upright. The curse of the Lord abides in the house of the wicked, but his blessing abides in the dwelling of the righteous. (3.30-33)

## To keep your hearts from blurring

- Listen to me, my son, and hear what I say. Incline your ear to my words. Keep it out of your eyes and keep it in your heart. For he who finds it, it will become life and health to his whole body. Guard your heart vigilantly. From it springs the fountain of life. Take away from you the mouth that speaketh perverse things, and put away from you the lips that speak crooked things. (4.20-24)
- <sup>2</sup> Take heed to the steps of thy feet, and harden thy every way. Do not turn to the right or to the left. Keep thy feet from evil. (4.26-27)

## Do not pass over the fruit, but obey the voice of the Lord

<sup>1</sup> Keep your way from her, and keep away from the gates of her house. Or I will give your life to a stranger, and your days to a cruel one. And others will live in luxury on your wealth, and the fruit of your labor will go to a stranger's house. And at the end, when your flesh and your body perish, you will mourn. Then you will say, "Why have I hated the commandments, and my heart has reviled counsel? I have not listened well to the voice of the Teacher, nor have I hearkened to him who teaches me." (5.8-13)

#### Drunk with the love of his wife

1 Lovely doe, beautiful may deer! Her breasts always satisfy thee, always be thou enraptured with her love. My son, why are you enamored with a woman of another land, and why do you embrace the breasts of a stranger? The eyes of the Lord see the paths of men, and the Lord sees all paths. (5.19-21)

#### Guarantor is a Trap to Ruin

<sup>1</sup> He who is a surety for a stranger will suffer; he who hates sureties is safe. (11.15)

#### Learn from the ants

<sup>1</sup> Go to the ants, O lazy one, and see what they do, and be wise. The ant has no head, no overseer, no ruler. 36 Proverbs

But they store up food in the summer and gather it at harvest time. How long, lazy one, do you sleep, and when do you rise from your sleep? "Often shall I sleep, and often shall I slumber, and often shall I rest with my arms folded." So poverty will come to you like a vagabond, and poverty will come to you like a beggar.

### Those whom the Lord hates

are the things which the LORD hates. Nay, seven are his abominations. Prideful eyes, a deceitful tongue, hands that shed the blood of the innocent, a heart that devises evil plans, swift feet that run to evil. This is the perjurer who utters falsehood, and the sower of quarrels among brethren. (6.16-19)

# There is a heavy price to pay for adultery

He who commits adultery with a woman is a man who lacks discretion. He who does this destroys himself. He shall be grievously hurt and disgraced, and his shame shall not be wiped out. For because of jealousy his husband will be angry, and his husband will not spare him in the day of vengeance. He will not look

for any compensation, and even if you give him an enormous gift, he will not let you off the hook. (6.32-35)

## The End of Temptation

Do not turn your heart to her ways. Do not stray into her paths. She has wounded and beaten many. Yes, those who have been killed by her are too numerous to count. Her house is the path to the Yin Fu. She goes down to the abode of death. (7.25-27)

### Praise be to the noble and capable wife

1 Who can find a good wife? Her value is far more pre-

cious than coral. (31.10)

<sup>2</sup> A virtuous wife is her husband's crown. (12.4)

Splendor is deceitful, and beauty is vain. But the woman who fears the Lord will be praised.

(31.30)



Missionary Nuns of Bellis Merses Margarita Maria Maturana

### Book of Wisdom

## Wisdom is a spirit

of the Lord chastens the fool who tries them. Wisdom does not enter into the soul that devises evil, nor does it dwell in the body that is bound to sin. 5 The holy spirit that teaches men shuns falsehood, and keeps them from foolish thoughts, and is dismayed when it encounters unrighteousness. Wisdom is a spirit of compassion for men, but it does not cease to condemn the lips of those who slander God. God is He who testifies to the depths of man, He is He who watches over the extremes of the heart, He is He who listens to what the tongue speaks. The Spirit of the Lord fills the whole world, keeps all, and knows any voice of man. (1.3-7)

### Wisdom Features

In wisdom there is a spirit that is wise and holy. It is single, diverse, exquisite, active, clear, undefiled, clear, harmless, good-loving, perceptive, unhindered, gracious, merciful, firm, safe, without sorrow, accom-

plishes all things, sees all things, and pervades every spirit that is wise, pure, and most exquisite. The movement of wisdom surpasses all movement, and because of its purity, it pervades everything. Wisdom is the breath of God's power, the pure outflow of the glory of the Almighty. Therefore, nothing unclean can enter into it. Wisdom is the reflection of eternal light, the unclouded mirror of God's action, the image of God's goodness. Wisdom is one, but it can do everything, and renews everything without changing itself. It transfers to holy souls from generation to generation, making them friends and prophets of God. (7.22-27)

### Wisdom is to those who love it and seek it

Wisdom is glorious and never fades. It is easily found by those who love it, and is found by those who seek it.



Inside the Trappist Abbey of Our Lady of the Lighthouse

veals itself to those who seek it. He who gets up early in the morning and seeks wisdom will not labor. He will find wisdom sitting on the doorstep of his home. It is most wise to meditate on wisdom, and he who awakes with the thought of wisdom quickly forgets his sorrows. Wisdom goes about seeking those who are worthy of her, appearing to them gently on the street, and meeting them with all her thoughts. The beginning of wisdom is the true desire to be taught, and the readiness to be taught is love for wisdom. Love is the observance of the law of wisdom, and attention to the law guarantees immortality, and immortality brings one closer to God. In other words, aspiring to wisdom leads one to the throne. Therefore, monarchs of the people, if you love the throne and the scepter, honor wisdom. May it be king forever. (6.12-21)

### Wisdom is the Only Wealth

I prayed, and I was given wisdom. And I was given wisdom. I earnestly desired, and the Spirit of wisdom visited me. And the spirit of wisdom visited me. I esteemed wisdom more precious than a scepter or a throne, and thought riches nothing compared with it.

I have not compared it with any jewel. Before wisdom all gold is but a handful of sand, and before wisdom silver is as mud. I loved wisdom more than health and beauty, and I chose wisdom over light. For the radiance of wisdom never fades away. With wisdom every goodness came to me. In the hands of wisdom were innumerable riches. I rejoiced and enjoyed them all because wisdom was guiding them. But I did not know that wisdom was their mother. I, who have learned without evil thoughts, will share generously. I do not hide the riches of wisdom. Wisdom is an inexhaustible treasure for man, and he who prizes it will be in fellowship with God. For he is recommended by the grace of the teaching he has received. (7.7-14)

<sup>2</sup> If wealth is a desirable treasure in life, what wealth can be better than all-powerful wisdom in all things? If wisdom produces things, what maker in all things is greater than wisdom? If one loves righteousness, then the fruit of wisdom's work is virtue. Wisdom teaches temperance and wisdom, justice and firmness. Nothing in life is more beneficial to man than these. And if one desires to have a broad experience, wisdom is the one who knows the past, estimates the future, under-

stands the falsities of speech, solves riddles, and foresees the signs and wonders, the seasons and the changing of the ages. Therefore, I have decided to take Wisdom as my companion. For I knew that wisdom is a counselor in times of happiness and a comfort in times of sorrow and grief. (8.5-9)

<sup>3</sup> When I return home, I will rest beside wisdom. There is no suffering in communion with wisdom, and there is no sorrow in dwelling with wisdom, but rather enjoyment and joy. (8.16)

## Taught by Wisdom

It is God who has given me inerrant knowledge of the things that exist. I have learned the composition of the universe and the powers of the elements; the beginning, end, and middle of time; the movement of the solstices and the change of the seasons; the cycle of the years and the positions of the stars; the nature of living creatures and the disposition of wild beasts; the powers of spirits and human thought; the diversity of plants and the efficacy of roots; everything hidden and everything revealed. For Wisdom, the Maker of all things, has taught me. (7.17-21)

### The Trajectory of Wisdom

- Wisdom protected him when the Father of the world, who was first formed, was made and was alone. It also delivered him from his corruption and gave him power over all things. But a certain unjust man left wisdom in anger, and in wrath he slew his brother, and he perished. Because of him, when the earth was swallowed up by the flood, Wisdom saved it again and led the righteous on a crude tree. (10.1-4)
- <sup>2</sup> Wisdom has rescued those who serve her out of difficulty. (10.9)
- <sup>3</sup> Wisdom protected him from his enemies, kept him from ambushers, and helped him win a fierce struggle. It was to make him realize that piety is stronger than anything else. (10.12)
- <sup>4</sup> Wisdom delivered a holy people, an iniquitous nation, from an oppressing people. Wisdom entered into the souls of the servants of the Lord, and with wonders and signs he opposed the fearful kings. Wisdom rewarded the holy people for their labors and led them on a marvelous path, becoming a covering for them by day and the brightness of the stars by night. Wisdom made them cross the Red Sea and guided them through a great quantity of water. (10.15-18)

### The Creator of heaven and earth is God

- failed to know Him who is Being itself through the good things they see, and while they have their eyes on His works, they have failed to recognize His author. Instead, they regarded as gods the fire, the wind, the gale, the starry cycles, the torrents, the shining in the heavens, and the things that govern the world. If they rejoiced at the beauty of these things and made them their gods, how much better could they know the Lord, their ruler? For it was the Founder of beauty who created them. (13.1-3)
- <sup>2</sup> If they were intelligent enough to reason about the universe, why did they not find the Lord, the ruler of those things, sooner? (13.9)

# Man's life is short and fleeting

1 They do not think rightly, but say to one another, "Our life is short and full of sorrow. Nothing can heal a man at the end of his life, and no one has ever delivered him from the shadow of death. We are born by chance, and later we will be as if we had never existed at all. The breath of our nose is but smoke, and the thoughts of man are but sparks from the beating of his heart." (2.1-2)

<sup>2</sup> Our name is forgotten with time, and no one remembers our deeds. Our life passes away like a fading cloud, scattered like a mist, chased by the light of day and melted by its heat. (2.4)

#### Grace to those who trust in the Lord

<sup>1</sup> He who leans on the Lord will understand the truth, and he who trusts in the Lord will dwell with the Lord in love. Grace and mercy are for those who are chosen by the Lord. (3.9)

### For those who are virtuous

When virtue is near, one follows it; when virtue goes away, one yearns for it. Eternally virtue is crowned and triumphant. For it has won the battle and obtained a prize without blemish. (4.2)

### If we adore the Word of God

<sup>1</sup> He who keeps holy things holy shall be sanctified, and he who learns them shall find a way of apologizing. Therefore, seek my word earnestly, and it will be given to you. Adore it, and the teaching will be yours. (6.10-11)

## Who is Beloved by the Lord?

God loves no one except those who dwell with wisdom. Wisdom is more beautiful than the sun, superior to all the constellations, and superior when compared to light. Darkness replaces light. But evil will never overcome wisdom. (7.28-30)

### King Solomon's Decision

- <sup>1</sup> There is excellent joy in loving wisdom, endless riches in the work of his hands, wisdom in deepening fellowship with wisdom, and honor in exchanging words with wisdom. Thinking thus, I sought wisdom to make it my own at all costs. (8.18)
- <sup>2</sup> It is also wise to know that you cannot have wisdom unless God gives it to you, and to know whose grace it is. (8.21)

# Prayer of King Solomon

Lord God of our fathers and Lord of our mercy, you made all things by your Word and formed man with wisdom. It was for you to make man rule over the things you created, to rule the world with reverence and righteousness, and to judge with just souls. (9.1-3)

- <sup>2</sup> For even if he is perfect among the sons of men, if he lacks wisdom from you, he is considered vain. (9.6)
- <sup>3</sup> Wisdom knows and understands all things, and when I do a thing, it guides me wisely and protects me with its glory. (9.11)
- 4 If You did not give me wisdom, and if You did not send Your holy Spirit from above, who would have known Your measures? (9.17)

### The Lord Who Loves All

God created all things to endure. All that comes into the world is for good, and the poison of destruction is not

among them, and the shadow of death will not rule over the earth. (1.14) <sup>2</sup> God made man as incorruptible, in the likeness of his own nature, so that he might be a living creature, and that he might be a living creature, and that he might be a living God. (2.23)



Coat of arms of the Society for the Pledge (Esqd.)

- 3 Because Thou art able to do all, thou hast compassion on all, and overlookest their sins that they may repent. You love everything that exists, and You do not abhor anything that is created. If there was anything that You hated, you would not have formed it. How can it continue to exist if You do not desire it? And how could it be preserved if You did not call it? Lord, who loves life, you love all things. All things are yours. Indeed, your immortal spirit pervades everything. Little by little You chasten those who have fallen into sin, reminding them of what caused them to sin and admonishing them. O Lord, it is to keep them from evil and to make them believe in You. (11.23-12.2)
- <sup>4</sup> There is no other God but You who is mindful of all things. Therefore, there is no need to show that your judgments were not unjust. (12.13)

# Idolatry is the root of all evil

He prays to it for possessions, for marriage and children, and is not ashamed to speak to the soulless one. He also calls upon this helpless thing for health. He asks for life from the lifeless one, for help from the totally powerless one, and for safety in travel from the

one who cannot use his legs. He wishes help for the success of his trade, business, or work to the one who has a totally incompetent hand. (13.17-19)

- <sup>2</sup> For to conceive idols is the source of fornication, and to create them corrupts life. These things were not in the beginning, nor do they exist forever. By man's vanity idols came into the world. (14.12-14)
- <sup>3</sup> By the decree of the rulers, carved images came to be worshipped. Those who lived far away could not honor the rulers with their eyes, so they contemplated them far away and made living images of the revered kings. This was in order to make those who were not there to bow as eagerly as if they were there. The merit

of the makers drove even those who did not know the king to spread their worship.

(14.17-18)

4 Worshiping idols without name is the root, cause and end of all evil. (14.27)



praying hands

### The Power of the Word

- <sup>1</sup> It was not herbs and ointments that healed them. It was Your Word, O Lord, that healed all. You are the One who has authority over life and death, who leads down to the gate of the underworld and leads up again. (16.12-13)
- <sup>2</sup> Lord, that your beloved children may learn that it is not the brittle harvest that feeds men, but the Word that protects those who trust in you. (16.26)

#### Fear abandons reason

Fear is nothing else but the abandonment of the help that comes from reason. (17.11)

### Conclusion

Elements changing their relationship to one another is like the strings of a lyre changing their tune. But the tone of each one is always the same. This can be inferred from what has happened so far. The creatures of the land have been transformed into creatures that dwell in the water, and the things that swim in the water have been transferred to the earth.

<sup>2</sup> You, O Lord, have exalted Your people in all things, honored them, and have not forsaken them, but have stood by their side at all times and in all places. (19,22)



Portrait of St. Ignatius de Yorola

#### Wisdom is the Word of God

<sup>1</sup> Wisdom was created before all things, and the insightful intelligence exists from eternity. The fountain of wisdom is the word of God on high, and the walk of wisdom is the law of eternity. (1.4-5)

## The fear of the Lord is the beginning of wisdom

- The fear of the LORD is glory and pride, a crown of enjoyment and delight. The fear of the LORD rejoices the heart and brings enjoyment, joy, and long life. "The fear of the Lord is His grace. It leads one on the path of love." He who fears the Lord will fulfill the end, and will be blessed at the time of his death. The fear of the Lord is the beginning of wisdom. Wisdom was created in a mother's womb with those who have faith. (1.11-14)
- <sup>2</sup> He that feareth the LORD will not transgress his word: and he that loveth the LORD will keep his way. He who fears the LORD will seek what is pleasing to him, and he who loves the LORD will be satisfied with his statutes. He that feareth the LORD shall pre-

pare his heart, and he that loveth the LORD shall humble himself before the LORD. "We shall not put our trust in the hand of man, but in the hand of the LORD. For the Lord is not less than great in his greatness, and in his mercy." (2.15-18)

<sup>3</sup> The treasury of wisdom contains wise metaphors. But for the sinner, piety is an abomination. If you desire wisdom, keep the law. The Lord will give it to you sparingly. The fear of the Lord is wisdom and instruction. The Lord is pleased with sincerity and meekness. Do not oppose the fear of the Lord. Do not approach the Lord with two minds. (1.25-28)

## With all your strength, attain wisdom

- Approach wisdom like a farmer who plows and sows seed, and long for its abundant harvest. It takes some hard work to cultivate wisdom, but in time you will taste its fruit. (6.19)
- <sup>2</sup> Wisdom, as its name suggests, is difficult for many to understand. Listen, child, and hear. Accept my commandments and do not reject my exhortations. Put the fetters of wisdom on your feet and its collar around your neck. Lend your shoulder to carry wis-

dom, and do not be vexed by its fetters. Draw near to wisdom with all your heart, and guard its path with all your strength. Follow in wisdom's footsteps and seek it out. It will show itself to you. Once you have it, do not let it go. You will finally find the rest it offers. Wisdom will turn to joy for you. (6.22-28)

- 3 Incline your heart to hear all that is said concerning God, and heed not the counsel of the wise. If you meet an enlightened person, visit him early in the morning. And with your feet, grind down the threshold of his door. Take the law of the Lord to heart, and always be mindful of his commands. He will strengthen your heart and give you the wisdom you desire. (6.35-37)
- <sup>4</sup> The wisdom of the scribe is obtained at a time of leisure and convenience. He who is not bothered by practical affairs will be a wise man. (38.24)

### Grace to those who love wisdom

He who loves wisdom loves life, and he who seeks it early in the morning is filled with joy. He who holds fast to wisdom will inherit honor, and wherever he goes, the Lord will bless him. He who serves wisdom serves the Holy One. The Lord loves those who love

wisdom. He who listens to wisdom will judge the nations; he who gives his heart to wisdom will live in peace. If a man leans on wisdom, he shall inherit it, and his seed shall also inherit it. (4.12-16)

<sup>2</sup> He who fears the LORD will not suffer misfortune. Even if he suffers trials, he will be rescued each time. (33.1)

#### Praise the Lord for His works

- <sup>1</sup> The Lord made all things, and gave wisdom to the pious. (43.33)
- <sup>2</sup> The first necessities of human life are water, fire, iron, salt, flour, milk, honey, grape juice, olive oil, and clothing. (39.26)
- 3 Fire and hail, famine and death, all these were created

for vengeance.

(39.29)

4 No thought is overlooked by the Lord. No word shall be hidden from Him. (42.20)



Society of St. Mary's Nuns Jeanne de Lestonnac

- <sup>5</sup> The way of the Lord is flat to the pure, but to the law-less, it is bumpy. (39.24)
- 6 Return dignity to his name, and praise him with song and lyre, and give thanks to him, saying, "All his works are wonderful, and all that he has commanded will come to pass when his time comes." (39.15-16)
- <sup>7</sup> Praise the name of the LORD with all your heart and with a loud voice; praise the name of the LORD.

#### Grace to those who follow the Lord

- Those who remain behind will understand. 1The rest of the world will realize that there is nothing better than the fear of the Lord, and nothing sweeter than keeping his commandments. It is a great honor to obey God. For you, longevity is a sign that God loves you. (23.27-28)
- <sup>2</sup> He who hears and obeys me shall not be put to shame, and he who works with me shall not sin. (24.22)

## The Lord's mercy is grand

A man's life is great when it reaches a hundred years. [Each one's eternal rest cannot be known in advance.]

Compared to the days of eternity, this few lifetimes are but a drop of water in the sea, a grain of sand. Therefore, the Lord endures people and pours out His mercy on them. (18.9-11)

- <sup>2</sup> For the charity of man extends to his neighbor, but the charity of the Lord extends to all men. He rebukes, trains, and teaches men, and brings back his flock as if they were shepherds. He is merciful to those who accept his teaching, and to those who eagerly await his judgment. (18.13-14)
- 3 The LORD is thorough in the deepest depths and in the hearts of men, and he discerns their hidden schemes. The Most High has all knowledge, and He looks to the signs of eternity. (42.18)

## Those who are pleasing to the Lord

It is pleasing to the LORD to keep away from evil, and the sacrifice of redemption is to keep away from iniquity. Do not go before the Lord empty-handed, for he will not let you go empty-handed.

(35.5-6)

<sup>2</sup> Whatever offering you offer, offer it with a radiant countenance, and give your tenth with joy. Give to the

Most High according to what you have been given, and give generously according to what is in your hand. For the Lord is a rewarder, and he will reward you sevenfold. (35.11-13)

- 3 He who serves according to His will will be accepted, and his prayer will reach the clouds. (35.20)
- <sup>4</sup> My heart longeth for three things. These are pleasing to the Lord and to man. This is the harmony of brothers, the love of neighbors, and the fellowship of husband and wife. (25.1)

### Be those who love the Lord and are united with Him

There are nine things that I consider happy in my heart. Moreover, I will also state the tenth, that he who is happy in his heart is happy in his soul, and that he is happy in his mind. Blessed is the man who finds joy in his children, who sees the destruction of his enemies while he lives, who dwells with a wise woman, who has never slipped up, who has never served anyone unworthy of him. Blessed is he who has learned discretion, who speaks to those who listen attentively. Blessed is the man who finds wisdom, for he will be a great man. But there is none greater than he who fears

the Lord. The fear of the Lord is greater than all things. To whom can one who has this be likened? The fear of the Lord is the beginning of loving the Lord. Believing in the Lord is the beginning of being united to Him. (25.7-12)

#### Gifts from the Lord

- Good and evil, life and death, poverty and riches are from the Lord. Wisdom and prudence, and the knowledge of the law, are from the LORD; the way of love and good works is from the LORD. Foolishness and darkness are made for sinners, and evil grows old with those who boast in it. The gifts of the Lord abide with the pious, and His heart leads them to success for ever. (11.14-17)
- <sup>2</sup> The blessings of the Lord are a reward for the pious. And in a moment the Lord will make the flower of success bloom. (11.22)
- <sup>3</sup> No sinner shall escape with his portion. The patience of the pious will not be in vain. For the Lord makes room for every almsgiving. Each man will find his reward according to his deeds. (16.13-14)

### What the Lord has given to men

They received from the Lord the use of five abilities (\*1). As the sixth, He gave them intelligence, and as the seventh, He gave them words to unlock their works. The Lord gave them judgment and a tongue, eyes and ears, and a heart to think. He filled them with wisdom and knowledge, and showed them good and evil.

(17.5-7) \*1. Authority, power, imagination, fear, and dominion.

## The Lord is constantly watching

- <sup>1</sup> Do not be timid when you pray. Do not neglect to give alms. Do not mock those who are troubled in their hearts. For there is One who both humbles and exalts. (7.10-11)
- <sup>2</sup> Bribery and injustice will disappear at every turn, but sincerity will remain forever. (40.12)
- 3 The man who gives alms will rejoice, but the man who breaks the law will go to destruction. (40.14)
- 4 Charity is like a paradise full of blessings; almsgiving remains forever. (40.17)

#### Turn to the Lord

<sup>1</sup> The Lord made man from the earth, and He will return him to the earth again. (17.1)

- <sup>2</sup> From the dead the word of thanksgiving will disappear. Only those who are alive and well praise the Lord. (17.28)
- <sup>3</sup> One does not remember adversity in times of adversity, nor does one remember adversity in days of adversity. (11.25)
- <sup>4</sup> Temporary misfortunes make people forget their pleasures. At the close of a man's life, his deeds will be revealed. (11.27)
- <sup>5</sup> The power to do all things is not in man. For the Son of Man is not immortal. (17.30)
- <sup>6</sup> Turn to the Lord and forsake sin. Pray before the Lord and lessen the opportunity for sin. (17.25)

### Walk in search of truth

Wisdom is known by what you say, and culture is known by what you say. Do not argue against the truth. Rather, be ashamed of your uneducation. Do not be ashamed to confess your sins.

Dare not go against



Galileo Galilei

the flow of the river. Do not give in to fools. Do not look to those in authority. Fight for the truth even unto death. Then the Lord your God will fight by your side. (4.24-28)

#### Get a true friend

- <sup>1</sup> There may be many who greet each other, but only one out of a thousand who seeks your advice. When making a friend, try him first. Do not trust him lightly. (6.6-7)
- <sup>2</sup> Keep far away from your enemies. Be cautious of your friends. A faithful friend is a sure refuge. He who has found him has found a treasure. No price can be placed on a faithful friend, and his goodness cannot be measured. A faithful friend is the wonder of life. He who fears the Lord will find it. (6.13-16)
- <sup>3</sup> One cannot discern a friend in times of prosperity. In times of adversity the enemy reveals himself. When one is happy, the enemy is sad; when one is unhappy, even the friend leaves him. (12.8-9)

## Prepare your hearts

1 Child, if you want to serve the Lord, prepare your heart for trials. Keep your heart upright, endure, and do not panic in the time of tribulation. Lean on the

Lord and do not depart from Him. Then you will end your life in prosperity. Accept everything that befalls you with open arms. Endure even humiliation. Gold is tested by fire, but those who please the Lord are tested in the furnace of humiliation. Trust in the Lord in sickness and in poverty. Lean on the Lord. He will help you. Make your way straight and hope in the Lord. (2.1-6)

<sup>2</sup> Look to the people of old, and behold! Who leaned on the Lord and was disappointed? Who feared the Lord continually and was forsaken? Who has called on the Lord and has been slighted? For the Lord is merciful and full of compassion. Therefore, He forgives sins and saves in the time of trial. (2.10-11)

### Meekness and Humility

1 Child, fulfill your task with a meek heart. Then you will be loved by those who are pleasing to God. The greater you become, the lower you should stoop. Then you will be pleasing to the Lord. For there are many who are full of pride and honor. But the Lord reveals his secrets to the meek. Great is the power of the LORD, but he is exalted by the lowly. (3.17-20)

- <sup>2</sup> The heart of the wise ponders the saying. The wise man desires a careful ear. (3.29)
- <sup>3</sup> Seek not the Lord for the highest position. Do not seek the throne of honor in the King. Do not assert your righteousness before the Lord. Do not flaunt your wisdom before the king. (7.4-5)
- <sup>4</sup> Do not speak any falsehood. For the habit of deceit brings no profit. Do not waste words in the assembly of the elders. Do not talk nonsense during prayer. Do not ask for hard work. Don't work in the fields as the Most High has commanded. Do not join the assembly of sinners. Be mindful that wrath is not delayed. Keep yourselves as low as possible. The punishment of the ungodly is fire and maggots.

<sup>5</sup> Whatever injustice is done to you, do not bear a grudge against your neighbor. And whatever you suffer, do not do violence. Pride is hated by the Lord and by man. Injustice is not liked by either of them.

(10.6-7)

<sup>6</sup> For the beginning of pride is separation from the Lord, and the heart of man from his Maker. (10.12)

### If you walk by your own greed and thoughts

Do not depend on wealth. Do not say, "I have enough." Do not be drawn by instinct and power, and walk according to the desires of your heart. Do not say, "Who can wield power over me?" The Lord will surely punish you. Do not say, "I sinned, but nothing happened to me." For the Lord is patient. Don't add sin to sin, thinking that you will be forgiven. Do not say, "The Lord is gracious and will forgive many sins." Both mercy and wrath belong to the Lord. And his indignation falls on the sinner. Do not delay turning back to the Lord. Do not prolong it for a day, or another day. For the wrath of the Lord will come suddenly, and in the hour of vengeance you will be destroyed. Do not rely on wealth acquired through injustice. It will avail you nothing in the day of calamity. (5.1-8)

## Remember to be mindful of your parents

He who honors his father atones for his sins; he who honors his mother is equal to one who lays up treasures. He who honors his father receives joy from his children, and when he prays, his prayer is heard. He

who honors his father is blessed with long life, and he who obeys the Lord brings peace to his mother. He who fears the Lord honors his father. Such a man will serve his Maker as he serves his master. Honor the Father in word and deed. Then the Father's blessing will come upon you. The blessing of the father strengthens the house of his children, but the curse of the mother overturns its foundation. Do not take pride in your father's dishonor. Your father's dishonor is no honor to you. The honor of a man comes from honoring his father. The shame of a son comes from the dishonor of his mother. Son, take care of your old father. Do not grieve over the remainder of his life. Even if your father's intelligence declines, tolerate it. Do not despise your father, even though you are in the prime of life. Your filial piety toward your father will not be forgotten, and it will atone for your sins. In the day of your trouble, the Lord will remember you. Your sins will melt away like the frost on a clear day. He who forsakes his father is equal to one who defiles God, and he who offends his mother is cursed by the Lord.

## Giving back to your parents

<sup>1</sup> Honor your father with all your heart. Remember the pain of your mother's birth. Remember that you were born to your parents. What can you repay them for what they have given you? (7.27-28)

Thoughts for the daughter who never ceases to worry

For fathers, their daughters are the source of unacknowledged sleeplessness. When she is young, he fears that she will be out of wedlock, and when she marries, he fears that she will be neglected by her husband. And as a virgin, he fears lest she be defiled and become a burden in her father's house; and as a husband, lest she become a slut; and as a wife, lest she be barren. Watch her carefully, or she will laugh at you. Otherwise, she will make you a laughingstock to your enemies, a laughingstock to the whole town, a source of commotion among the people, and she will humiliate you in public. (42.9-11)

## Tips for Women

<sup>1</sup> Turn away from beautiful women. Do not be lost in the beauty of a married woman. For many are led astray by the beauty of women, and their lust burns

like fire. Do not share a table with a woman who has a husband, and do not drink wine with her. Otherwise, your heart will be inclined to her, and you will be covered with blood and fall into ruin. (9.8-9)

### Don't judge a man by his outward appearance

The wisdom of a humble man makes him lift up his head and sit among great people. Do not praise a man according to his appearance. Do not abhor a man by his appearance. The honeybee is the smallest of all that flies, but the sweetest of all that it makes. (11.1-3)

# See through the other person

When you do good works, be careful to whom you do them. Then your good deeds will be appreciated. Do good to the pious. You will be rewarded for it. Not from him, but from the Most High. Happy is he who stays in evil, and he who is not willing to give alms. Give to the pious. But give no help to the sinful. Do good to the humble, but give nothing to the ungodly. To this man refuse bread and give nothing. Otherwise, he will use it to exert power over you. And instead of all the good you have done to him, you will be rewarded with twice as much evil. (12.1-5)

<sup>2</sup> A man is known by his appearance. A wise man is known by his countenance when you meet him. A man can be guessed by the way he dresses, the way he laughs, and the way he walks. (19.29-30)

### This World Depends on the Rich

- <sup>1</sup> The rich man will use you while you are useful, but when you are penniless, he will forsake you. (13.4)
- <sup>2</sup>As a wild ass in the wilderness is a prey for lions, so the poor man is a pasture for the rich man. (13.19)
- 3 When the rich man slips, his friends support him; but when a man of lowly status falls, even his friends forsake him. When the rich man slips, there are many who help him, and when he speaks foolishly, people say it is plausible. But when a man of low status slips, people blame him and pay no attention to him, even if he speaks wise things. (13.21-22)

### Cultivate self-control

<sup>1</sup> Don't let your desires drag you down. Restrain your passions. If you let your heart be carried away by lust, lust will make you a laughingstock to your enemies. (18.30-31) <sup>2</sup> The drunkard's workman shall not be rich; he that despiseth small things shall gradually fall away. Drink and

- women corrupt even the wise, and those who are addicted to whoredoms become more and more daredevils. (19.1-2)
- <sup>3</sup> He who controls his tongue will live in peace. He who hates idle talk fends off evil. (19.6)
- <sup>4</sup> Keep away from me the lusts of my passions. Let not the lust of the belly or the lust of the flesh rule over me, nor let it be delivered over to a shameless heart. (23,5-6)

### Forgive and you will be forgiven

Those who take revenge will have to take vengeance from the Lord. The Lord remembers his sins forever. Forgive your neighbor's iniquities. Then when you pray, your sins will be forgiven. How can a man be angry with another and yet ask the Lord to heal him? How can you pray for your own sins without showing mercy to others who are like you? (28.1-4)

### The Sharpened Mind

1 As the tongue discerns the taste of the flesh of its prey, so a wise heart discerns false words. A twisted heart is a source of sorrow. But the man of experience will be rewarded for this. (36.24-25)

### The body and mind are one in the same

away beyond. Sorrow has destroyed many people. Sinking into sorrow is of no avail. Envy and anger shorten life; worry hastens senility. A cheerful heart increases appetite. And one becomes mindful of food. (30.23-25)

### Grief is immediately cut off

strength. As long as you are in anguish, sorrow will continue. And the heart curses the poor life. Do not give your heart to sorrow, but think of the end of life and drive it away. Remember, he will not return. You are of no use to him, but only harm to yourself. Think of his fate. Think of his fate, for yours is equal to his. "Yesterday it was my turn, today it is yours." If the dead have come to rest, cease to remember him. (38.18-23)

### Keep the Code

- <sup>1</sup> Be confident in whatever you do. This is one way to keep the law. (32.23)
- <sup>2</sup> The wise man puts his trust in the Word. For him the law is as trustworthy as an oracle. (33.3)

#### Do not be deceived by dreams

- Fortune-telling and omens and dreams are vain, and like the fancies of a woman in childbirth. (34.5)
- <sup>2</sup> The dream deceived many, and those who put their hope in it perished. (34.7)

## The greed of money destroys the body

- about riches keeps sleep away. Sleepless worry prevents even a doze and dispels sleep like a serious illness. The rich work hard to accumulate treasure, but when they rest, they indulge in luxury. The poor work hard to live modestly, but when they rest, they fall into poverty. He who loves gold is never righteous, but he who pursues profit goes astray because of it. (31.1-5)
- <sup>2</sup> Gold is a pit to him whose heart is set on it, and every fool will fall into it. Blessed is the man who is rich and blameless, and has not pursued gold. (31.7-8)
- 3 Many have sinned in usury. Those who seek to multiply their wealth will be unmerciful. (27.1)

#### The merciful have it

1 Child, when you do a good deed, do not condemn the

other person. When you give any gift, do not speak words that grieve the other. For the morning dew will ease the heat. As such, words trump gifts. Words are better than expensive gifts, are they not? The merciful man is both of these things. The foolish are unkind and petulant. (18.15-18)

# Be quick to hear, slow to speak, control your lips and succeed

<sup>1</sup> Be quick to hear, and answer with deliberation. Answer your neighbor with faith. Otherwise, put your hand over your mouth. Honor and dishonor come

from the words you speak. The tongue is also the source of a man's ruin. (5.11-13)

<sup>2</sup> Do not be arrogant according to the thoughts of your heart. Otherwise, your soul will be torn to pieces like a bull. (6.2)



Cross at the site of the Kitayamahara Martyrdom

## Everything begins with words

All work begins with discussion. Consultation precedes all action. Four things appear as traces of the shifting of the mind. They are good and evil, life and death. And it is the tongue that always governs these.

## Words are touchstones that test people

As a sieve leaves scraps, so a man's faults appear when he is talking to one another. As a potter's vessel is tested in the furnace, so is a man tested by discussion. Just as the skillful care of a tree is known by its fruit, so the thoughts of the heart are known by talking. Do not praise a person before you have talked with him. For discussion is the touchstone that tests a person.

# The whip of the tongue is mightier than the blade

Strike with the whip, and you will be bruised; strike with the tongue, and your bones will be shattered. Many have fallen by the edge of the sword. But not as many as fell by the tongue. (28.17-18)

#### I will not take an oath unnecessarily.

Do not get into the habit of invoking the Holy One's name. Just as a servant who is constantly and severely questioned is not exempt from the scars of the whip, so one who swears or calls on the name of the Holy One will never be cleansed of his sins. He who swears often commits transgression, and the scourging will not depart from his house. If he does not fulfill his vow, his sin abides in him; if he despises it, his sin is doubled. If he swears a false oath, his sin is not forgiven, and his house is filled with calamity.

(23.9-11)

## How to be there for your neighbor

- Almsgiving atones for sin as water atones for a burning fire. The one who repays a favor is considerate of the future. When he falls, he will find support. (3.30)
- <sup>2</sup> Be loved in the assembly. Bow your head to the great. Listen to the poor, be courteous, and return a gentle greeting. Free the abused from the hands of those who abuse them. When you judge, do not be weak. Be like a father to orphans and like a husband to their moth-

ers. Then you will be like the Son of the Most High, and He will love you more than your mother. (4.7-10)

<sup>3</sup> Give a helping hand to the poor. That your blessings may be fulfilled. Give grace to the living. Do not refuse grace even to the dead. Do not avoid those who weep. Grieve with those who grieve. Do not hesitate to visit the sick. In doing so, you will be loved. In everything you do, think of your last day. Then you will not sin forever. (7.32-36)

## Anticipate the future and take action

- Reflect on yourself before judgment. Then you will receive forgiveness on the Day of Judgment. Humble yourself before you fall ill. When you sin, show contrition. (18.20-21)
- <sup>2</sup> Just as before a fire is kindled, there will be a mist and smoke from the furnace, so before there is bloodshed there will be an argument. (22.24)

## Ask forgiveness for your sins

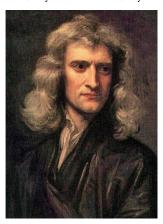
1 Son, have you sinned? Do not repeat this again. Ask forgiveness for your past sins. (21.1)

# What is the difference between a wise man and a fool?

- <sup>1</sup> A fool laughs loudly when he laughs, but a wise man smiles softly and faintly. For the wise man, education is like a golden ornament, a bracelet to be worn on the right arm. (21.20-21)
- <sup>2</sup> The heart of a fool is in his mouth, and the mouth of a wise man is in his heart. (21.26)
- <sup>3</sup> A pebble placed on high is not able to stand a single blow from the wind. Likewise, the heart of a fool, frightened by delusion, cannot withstand any fear. (22.18)
- 4 If you quarrel with a friend, do not be afraid. You can make up with them. But if you speak ill of him, if you are arrogant, if you reveal secrets, if you cheat him, if you

do these things, any friend will flee from you. (22.22)

When your neighbor is poor, win his trust. Then, in his prosperity, you will have enough. Remain by his side in times of distress. Then when he inherits, you will have a share in his



Isaac Newton

legacy. One should not at any time despise the poor or praise the rich for their foolishness. (22.23)

## The underprivileged husband

There is no poison worse than the poison of a serpent, and no hatred fiercer than the hatred of a woman. It is better to live with a lion or a dragon than with an evil wife. (25.15-16)

<sup>2</sup> Compared to an evil wife, any misfortune is insignificant. Let the fate of the sinner befall her. Just as it is hard for an old man's feet to climb a sand dune, so it is hard for a quiet man to have a nagging woman. Don't be enchanted by a woman's beauty. Do not adore a woman. If a woman provides for a man, he will feel anger, shame, and great dishonor. A downcast heart, a sad face, a broken heart, these are what a wicked woman brings. Weak hands, trembling knees, these are what a woman who does not make her man happy brings. For woman is the beginning of sin, and because of her we all die. Don't leave leaks. Don't let a bad woman say whatever she wants. If a woman does not walk according to your directions, cut her off.

#### Blessed Husband

- 1 Do not miss a wise and good wife. Her charms are more than gold. (7.19)
- <sup>2</sup> Blessed is the husband who has a good wife. His life will be doubled. A healthy wife delights her husband. He will live out his life in peace. A good wife is a gift. This is the portion given to those who fear the Lord.

  (26.1-3)
- <sup>3</sup> A woman who honors her husband is considered wise by all men. But a woman who despises her husband is considered by all men as a proud and impious woman. Blessed is the husband of a good woman. For his life span will be doubled. (26.26)
- <sup>4</sup> The beauty of woman pleases man. This is the highest of all man's desires. If there is compassion and tenderness on her lips, her husband is happier than other men. He who gets a wife begins to make his fortune, and he gets a helper worthy of him and a pillar of rest.

  (36.27-29)

#### God's judgment is fair

<sup>1</sup> To cast a stone toward heaven is to cast it upon one-self. If you cheat him, you will hurt yourself. (27.25)

<sup>2</sup> He who exalts himself spouts words of mockery and scorn. Retaliation will lie in wait for him like a lion.

## Faithfulness protects itself

<sup>1</sup> He who extends mercy lends to his neighbor. He who extends a helping hand, keeps the law. You lend to your neighbor when he is in need. On the contrary, you, return the debt to your neighbor on time. Keep your word and be faithful to your neighbor. Then you will have what you need at all times. (29.1-3)

# Becoming a surety will destroy you

A good man is a surety for his neighbor. But the shameless one forsakes him. Remember the kindness of the surety. He will even lay down his life for you. The sinner will spend his surety's property. He who does not have the heart to know gratitude abandons the one who helped him. The surety has destroyed many prosperous people, tossing them about as if they were the waves of the sea, and has driven out those in power. They wandered among strange nations. (29.14-18)

#### Health is treasure

- <sup>1</sup> There is no wealth greater than physical health, and no pleasure greater than the joy of the heart. (30.16)
- <sup>2</sup> Listen to me, child. Do not despise me. You will come to understand my words later. Do all your work skillfully, and you will be able to see through any sickness. Then you will not be afflicted with any disease. (31.22)

## Secrets of Longevity

Don't eat so much food that you get bored with any good food. Don't gobble up food. Too much food is the cause of disease. Too much food causes stomachache. Many people have died because of overeating. But those who take precautions maintain long life.

# Wine drunk in moderation is good medicine

Grape wine in moderation is equal to life for a person. What is life without wine? It was originally created for man's pleasure. Wine, drunk in moderation according to the occasion, is the joy of the heart and of the soul. Excessive drinking of wine brings bitterness, anger, and violence. Deep drinking kindles anger in the fool,

and brings on his own disorder, weakens his strength, and brings on wounds. (31.27-30)

#### Use moderation

Speak concisely. Speak with little words and with implication. Be like a man who knows, but can hold his tongue. When you are in the company of great men, do not behave in a presumptuous manner. Do not talk too much in the presence of old people. As lightning strikes before thunder, so popularity precedes modesty. When the time comes, pull out and don't be silent. Do not hurry to go home and eat your fill of the road. Enjoy yourselves in your homes and do as you wish. But do not speak proudly and do not sin. And praise the One who made you and made you drunk with grace. (32.8-13)

# Tips for the banquet table

Be aware that the covetous eye is evil. For what created thing is worse than the eye? Therefore, the eyes shed tears at all times. Do not reach out your hand to everything that touches your eyes. Do not push aside your neighbor and reach for the plate. Think of your

neighbor as yourself and act thoughtfully in everything. Eat what is placed before you like a human being. Do not eat noisily. Otherwise, you will be hated. Be courteous and put down the chopstick before anyone else. Don't be greedy. Otherwise, you will hurt others' feelings. (31.13-17)

<sup>2</sup> Eating in moderation brings restful sleep, and waking up early refreshes the mood. But the trouble of lack of sleep, nausea, and stomachache are the result of greed.

## Be discerning in whom you consult

Seek not counsel from those who look upon you with suspicion. Hide your plans from those who envy you. Do not consult your wife about your side-wife. And

do not seek counsel from a coward concerning war, from a merchant concerning trade, from a buyer



Vieda Statue

concerning a sale, from a jealous person concerning gratitude, from a merciless person concerning kindness, from a lazy person concerning work, from a one-year hireling concerning the completion of his work, or from a lazy servant concerning hard work. Do not trust any of their advice. Rather, always associate with a pious man whom you know to be a law-abiding man. His heart will be one with yours, and he will sympathize with you when you fail. (37.10-12)

#### It is better than either of these

- <sup>1</sup> Having children and building up a town both enhance a man's name. But above both of these, what is valued above all is an impeccable wife. Wine and music entertain the soul. But above all this is the love of wisdom. (40.19-20)
- <sup>2</sup> Friends and companions meet from time to time. But above all this is the presence of the wife with her husband. (40.23)
- <sup>3</sup> Gold and silver stabilize a man. But what is more precious than either of these is good counsel. (40.25)
- 4 Wealth and power draw the heart. But what excels them all is the fear of the Lord. With the fear of the

Lord, there is not one thing that is lacking. With this, there is no longer any need to ask for help. (40.26)

<sup>5</sup> The fear of the Lord is like a paradise full of blessings, a protection that surpasses any honor. (40.27)

## Everyday life is an end of life

Do not fear the sentence of death. Think of those who have gone before you and those who will come after you. This is the sentence of the Lord upon all living things. Why do you defy the will of the Most High? Even if you live ten, a hundred, or even a thousand years, you will not be questioned about your life span in the kingdom of the shadow of death. (41.3-4)

#### Conclusion

- <sup>1</sup> Thou hast delivered me from destruction, and rescued me from affliction. Therefore, I will praise you with thanksgiving and praise the name of the Lord. (51.12)
- <sup>2</sup> I have progressed because of wisdom. I give glory to Him who has given me wisdom. I have determined in my heart to put into practice what I have learned, and I have diligently done good works. I will not be put to shame because of it. (51.17-18)

<sup>3</sup> I turned my soul to wisdom, and purified myself and found it. With it I have had intelligence from the beginning. Therefore, I shall never be forsaken. I have sought wisdom with a passion. Therefore, I have obtained precious treasures. (51,20-21)



Congregation Redemptoristi Maria Celesta Crostarosa

In the work of those who meditate on the Word of God <sup>1</sup>He who rejoices in the doctrine of the Lord, and hums it day and night. He is a tree planted by the stream, and when the time comes it will bear fruit, and its leaves will not wilt, and all its works will flourish. (1.2-3)

#### All the earth, know that the Lord is God

Let all the earth make a joyful noise unto the LORD. Serve the LORD with joy. Come before the LORD with joyful shouts. Know that the LORD is God. For

he has made us, and we are his. We are the Lord's, we are his people, we are the sheep of his pasture. Enter into his gates with thanksgiving, and into his great garden with praise. Give thanks to the Lord, and praise his name. (100.1-4)



Saint Dominic's

#### The Lord made man

- Thou hast made man only slightly inferior to God, and hast given him a crown of glory and splendor, and hast made him to minister the works of Thy hands, and hast put all things under his feet. (8.6-7)
- <sup>2</sup> When You take away their breath, they die and return to dust. When You send the Spirit, they are created.

  (104.29-30)

## Everything is the Lord's work

- The heavens are yours, and the earth also is yours, the world and all that is in it. Thou hast put the foundation of it all. (89.12)
- <sup>2</sup> Take heed to me, for I am the Lord your God, and I am the Lord your God. For the life of man is short. How faintly Thou hast made all the children of men! Who among the living has not seen death? Who will recover his soul from the hand of the shadow of death?

  (89 48-49)
- <sup>3</sup> From everlasting to everlasting, before the mountains have yet to be born, before the earth and the world have been brought forth, you are God. You will return man to dust. You say, "Son of man, return to what you were."

In Your sight a thousand years are as yesterday that is past, and as a moment of the night watchman. (90.2-4)

## Praise the Lord as long as there is life

- 1 Let the people who are being made new praise the Lord. (102.19)
- <sup>2</sup> As long as I live, I will sing to the Lord; as long as I live, I will sing praises to my God. (104.33)
- <sup>3</sup> As long as I live, I will praise the LORD; as long as I live, I will sing praises to my God. (146.2)

## Your Word is the compass of life

- <sup>1</sup> Thy word is a lamp unto my feet, and a light unto my path. (119.105)
- <sup>2</sup> How can a young man keep his steps pure? It is in keeping Your Word. (119.9)
- 3 I seek you with all my heart. Do not turn me away from your commandments. I will put your commandments in my heart, that I may not sin against you.
- <sup>4</sup> Though trouble and affliction come upon me, thy commandments are my enjoyment, and thy word is my delight. (119.143)

## The love of the Lord is magnificent

1 He forgives all your iniquities, heals all your diseases, delivers your life from the pit, crowns you with a crown of mercy and compassion, and fills you with good things all the days of your life. Your youthfulness will be renewed like the eagle's. He will do works of justice and protect the rights of all the oppressed. He made known His ways to Moses, and His works to the children of Israel. The Lord is full of mercy, gracious, slow to anger, and abounding in compassion. He does not condemn forever, nor is He ever angry. He does not deal with us according to our transgressions, nor repay us according to our iniquities. For as the heavens are higher than the earth, so is his mercy far greater than the fear of the Lord can conceive. As the east is far removed from the west, so the Lord keeps our sins from us. As the Father has compassion on His children, so the Lord has compassion on those who fear Him. He knows the manner in which we were made, and He considers that we are but dust. For the days of man are as fleeting as grass, and his days are as short as the flowers of the field. When the wind passes over it, it leaves no trace, and even its place is unknown. (103.3-16)

The LORD is a fortress for the oppressed, a strong-hold in time of trouble. Those who know your name lean on you. You do not abandon those who seek you, O LORD. ...... The Lord takes heed of those who mourn, he takes their lamentations to heart, and he does not forget the cries of those who suffer.

- <sup>2</sup> The LORD is my light and my salvation: whom shall I fear? The LORD is the stronghold of my life; whom shall I fear? (27.1)
- <sup>3</sup> My soul resteth only in God. My salvation cometh from God. God is my rock, my salvation and my stronghold. I shall not be shaken. (62.2-3)
- <sup>4</sup> Lean on God at all times, O people. Open your hearts to Him, and implore Him. God is our refuge. (62.9)
- <sup>5</sup> God is our refuge, our strength, a constant help in time of trouble. Therefore, we shall not be afraid, even though the earth shake and the mountains crumble into the sea. Even though the waters of the sea throb and foam, and the mountains tremble and move at the force of it. (46.2-4)

#### To those who doubt the Lord

spring forth, and the streams to overflow; but can he give bread? Can he give meat to his people? When the Lord heard this, he was furious. And the fire was kindled against Jacob, and wrath was kindled against Israel. For they did not believe in God and did not rely on the power of salvation. God commanded the firmament above to open the doors of heaven, and let manna fall on them as sustenance, and gave them the wheat of heaven. Man ate the bread of the Mighty One. God sent them food to the point that they were tired of eating. (78.20-25)

<sup>2</sup> They ate and were satisfied. God brought them what they desired. (78.29)

#### To those who surrender to the Lord

<sup>1</sup> Cast your burdens on the Lord, and He will sustain you. He will sustain you. The Lord never allows the righteous to waver. (55.23)

#### The Lord is with those who lean on Him

You are faithful to the faithful, and without fault to the faultless. To the pure You are clean; to the wicked

You use guile. You are strong to save the wretched, and You lower the eyes of the haughty. (18.26-28)

## The Lord is our Shepherd

The LORD is my shepherd. I shall have no want; the LORD is my shepherd. He makes me rest in green pastures, he accompanies me by quiet waters, he revives my soul, he leads me in the right path, worthy of his name. Even when I walk through the valley of the shadow of death, I will fear no evil, for You are with me. Thy rod, thy pasture staff, is my reassurance, for Thou art with me. (23,1-4)

#### Obedience to the Lord

1 "Do not be stubborn in heart, as you were in Meribah,

as in the day you were in Massah in the wilderness. At that time your fathers tried Me and tested Me, while they



Baptismal font

saw My works. For forty years I abhorred this generation. And I said, 'They are a people whose hearts are lost, and they know not My ways.' Then I was angry, and I swore, 'I will not let them enter my rest.' " (95.8-11)

## The eyes of the Lord are upon those who fear Him

- <sup>1</sup> Let all the earth fear the LORD. Let all who dwell in the world fear and honor the Lord. (33.8)
- <sup>2</sup> The LORD makes each heart and sees all his works.
- <sup>3</sup> The eyes of the Lord are upon those who fear him and desire his mercy. (33.18)

#### The Lord to those who fear Him

- <sup>1</sup> The fear of the LORD is the beginning of wisdom. All who do it will be enlightened. Praise to the Lord endures forever. (111.10)
- <sup>2</sup> Blessed is the man who fears the Lord. He shall greatly rejoice in his commandments. His seed shall be strong in the earth: the families of the righteous shall be blessed. And in his house shall be wealth and riches; and his righteousness shall endure forever. (112.1-3)
- <sup>3</sup> He who fears the Lord will have no lack. (34.10)

#### To those who follow the Lord

- Refrain your tongue from speaking evil, and let not your lips speak falsehood. Let them turn away from evil and do good; let them seek peace and pursue it. The eyes of the Lord are upon the righteous, and his ears are inclined to their cry. (34.14-16)
- <sup>2</sup> Woe to the righteous. But the LORD rescues him from all his misfortunes. The LORD will protect every one of his bones, and not one of them will be broken. The wicked shall destroy themselves by their wickedness: and he that hateth the righteous shall perish. The LORD redeemeth the soul of his servant: all that lean upon him shall not perish. (34.20-23)
- 3 I hope you will listen to me. You shall have no other god. You shall worship no other god. I am the Lord your God. He who brought you up out of the land of Egypt. Open wide your mouth, and I will fill it. (81.9-11) 4 If only my people would heed me, and Israel would walk in my ways, I would at once subdue their enemies, and lift up my hand against those who avenge them. He who hates the LORD will bow down to Israel, and his fate will be everlasting. The LORD will feed him with good wheat. I will fill thee with honey from the rock. (81.14-17)

- <sup>5</sup> The righteous are always merciful, lending to others, and blessed are their offspring. Avoid evil and do good, and you will have an eternal abode. The Lord loves the righteous and will not forsake the faithful. They shall be preserved forever, but the offspring of the wicked shall be cut off. (37.26-28)
- 6 The little savings of the righteous is more than the wealth of the many unjust. (37.16)
- <sup>7</sup> The wicked borrow and do not return, but the righteous are merciful and give. (37.21)

## To those who live their lives leaning on the Lord

Do not be troubled in your hearts about those who do evil. Do not be envious of those who do injustice. They will wither like grass and wilt like green grass. Lean on the LORD and do good; dwell in the earth and enjoy its riches. Rejoice in the Lord. The LORD will fulfill the desires of your heart. Commit your future to the Lord and lean on him. The Lord himself will accomplish it. He will make your righteousness shine like light, and your judgment will be revealed as in the daylight. Quiet your heart before the LORD, and wait for him. Let not your heart be troubled

about those who plot evil and go the way of prosperity. Cease from anger and forsake resentment. Do not let your hearts be troubled, it will only bring harm. He who does evil will be cut off, and he who cries out to the Lord will inherit the earth. (37.1-9)

<sup>2</sup> The righteous will not fall down, even though they are about to fall. For the Lord will sustain his hand. (37.24)

## The Lord's help fills the soul

- Let all the earth fear the LORD. Let all who dwell in the world fear and honor the LORD. When the LORD says so, it shall be so; when he commands it, it shall be done. (63.8-9)
- <sup>2</sup> My soul is full, my lips sing for joy, and my mouth praises you, as when I have received your hospitality.

  (63.6)

#### The Lord's Desire is a Shattered Spirit

Open my lips, O LORD, and let my lips be open. Let my mouth proclaim Your praise. You do not delight in sacrifices, nor do You take pleasure in them, even though I offer an offering that burns. A repentant spirit is the best sacrifice of all. (51.17-19)

#### He who is with the Lord, he who ceases

I will silence those who secretly slander their neighbors. I will not tolerate arrogant eyes and a haughty heart. I will choose the faithful out of all the nations, and they shall dwell with me. Only those who walk in the way without blemish will sit beside me. The deceiver shall not dwell in my house. I will not let the deceiver stand before my eyes. Every morning I will silence all the wicked throughout the land, and I will cut off every evil-doer from the city of the Lord. (101.5-8)

#### The works of the Lord are wondrous

- <sup>1</sup> Thou hast made my entrails; Thou hast framed me in my mother's womb. I will praise You, O Most High. You are the Awe-inspiring One. Therefore, I bow down. Thy works are wondrous. (139.13-14)
- <sup>2</sup> When I was born, I was delivered to you. From the time I was in my mother's womb, you have been my God. (22.11)

## The Lord turns tears into joy

<sup>1</sup> He who sows in tears will reap in joy. He who goes out with seed and weeps, returns with bundles and rejoices.

# Those who are condemned by the Lord, those who are saved

- God saith unto the wicked, Why dost thou speak of my statutes, and speak of my covenant? You have hated my commandments, and have forsaken my words. When you see a thief, you compete with him; you have become a companion of adulterers. With your mouth you weave evil, and with your tongue you weave deceit. Sit down and speak evil of your brothers and spread rumors about your mother's children. You have done these things, but do you think I will keep silent? Do you think I am like you? I will reprove you and count them up before your eyes. (50.16-21)
- <sup>2</sup> He who offers praise as a sacrifice worships Me. He who holds fast to my ways will taste the salvation of God in abundance. (50.23)

#### The Lord is the Author of Peace

<sup>1</sup> The LORD will cause war to cease to the ends of the earth; he will break the bow, shatter the spear, and burn the shield. "Be still, and know me as your God. I am praised among the peoples of the nations, and I am worshipped in the earth." (46.10-11)

## All the Lord's works are righteous

- <sup>1</sup> The heavens declare the glory of God, and the firmament proclaims the work of His hands. Day speaks the word to day, and night proclaims knowledge to night. (19.2-3)
- <sup>2</sup> His doctrine is perfect, reviving the soul; His admonitions are constant, giving wisdom to my spirit. His judgments are righteous, they rejoice my heart; His commandments are pure, they make my eyes to shine. The Lord's judgments are unmixed and everlasting; the Lord's judgments are true and all righteous. (19.8-10)

#### Foolish men who do not know the Lord

Acquire wisdom, ye fools, and you will be wise. When will you grow wise, you ignorant ones? He who planted the ear, what can he not hear? He who made the eyes, does he not see? He who warns the peoples of the nations, does he not chasten them? He who teaches does He not know? He knows the thoughts of men, and the thoughts of men are vain. (94.8-11)

Prayer of those who seek salvation in the Lord 1 My God, my God, why hast thou forsaken me? (22.2)

- <sup>2</sup> The LORD heareth not the wretch that suffereth, neither despiseth, nor loveth, nor turneth away His countenance, but heareth as He pleaseth. (22,25)
- <sup>3</sup> My eyes are continually on the LORD. He removes my feet from the snare. Look at me and have mercy on me. I am lonely and afflicted. Troubles are constricting my heart. Deliver me from this predicament, and take care of my sufferings and misfortunes, and take away all my sins. (25.15-18)
- <sup>4</sup>All His steps are righteous, and all His works are faithful. The Lord is near to all who call upon Him, those who sincerely call upon Him. He satisfies the desire of those who fear Him, and He hears their cry and saves them. (145.17-19)
- <sup>5</sup> Though I walk in affliction, thou wilt preserve my life. You will stretch out your hand and prevent the wrath of those who avenge me, and your right hand will save me. The LORD will do everything for me. Your mercy, O Lord, is everlasting. (138.7-8)

Prayer of those who seek forgiveness from the Lord

The Lord is merciful and just, showing the way to sinners, guiding the humble to righteousness, and teach-

ing the way to the humble. All the ways of the Lord are merciful and true, to those who keep his covenants and his admonitions. O Lord, my iniquity is great, but forgive me for the honor of thy name. (25.8-11)

<sup>2</sup> Who can realize his own fault? Cleanse me from my hidden sins, that I may be clean. (19.13)

## Prayer of those who repent to the Lord

- <sup>1</sup> Hear my prayer, O Lord, and give ear to my supplication. Answer me because of Your truth and righteousness. (143.1)
- <sup>2</sup>O Lord, you are a God of mercy and grace, slow to anger and abounding in mercy and truth. Look upon me, have mercy on me, and give Your servant Your strength, and save Your servant's children. (86.15-16)

# The Prayer of One Forgiven by the Lord

- <sup>1</sup> Blessed is the man whose iniquities are forgiven, whose sins are covered. Blessed is the man who is not considered unjust by the Lord, who has no deceit in his heart. (32.1-2)
- <sup>2</sup> I have told you my sins, and I have not concealed my iniquity. I said, "I tell you plainly, O Lord, my iniqui-

ties, O Most High." Then You forgave me the iniquity of my sins. (32.5)

## Prayer of those who fight

- <sup>1</sup> Contend, O Lord, with those who contend with me, and fight against those who fight against me. Take the shield and the great shield and stand up to help me. Take the spear and the javelin and stand against those who pursue me, and say to me, "I am your salvation."

  (35.1-3)
- <sup>2</sup> Help us who are afflicted, for the help of man is vain. The help of men is vain. Let us fight valiantly with God. He is the one who tramples down our enemies.

  (60.13-14)
- 3 For thou hast delivered us from those who avenge us, and hast put to shame them that hate us. We will always boast in God, and we will always praise Your name. (44.8-9)
- <sup>4</sup> Worthy art Thou, O LORD my God, in Thy righteousness, judge me, and do not let them rejoice over me. Do not let them say in their hearts, "There, that's what they want." Do not let them say, "Well played!" Let those who rejoice in my calamities blush with shame,

and let those who slander me be enveloped in shame and disgrace. Let those who rejoice in my righteousness entertain themselves with shouts of joy, and let them say continually, "Great is the Lord, who rejoices in my happiness." Then my tongue will speak of Your righteousness and, in a twist, I will sing Your praises. (35.24-28)

## Prayer of one who asks the Lord for help

<sup>1</sup> Woe to me, poor man, for I am poor. Make haste to me, O God, for I am poor and needy. You are my help and my deliverer. Do not hesitate, O Lord, to help me. (70.6)

#### Prayer of one who desires to be resurrected

- <sup>1</sup> Hear my prayer, O LORD, and let my cry come before you. In the day of my trouble, do not hide Your face from me, but listen to me, and answer me promptly in the day of my cry. (102.2-3)
- <sup>2</sup> The Lord is mindful of the prayers of the needy and does not despise their prayers. (102.18)

## Prayer that the curse may clothe him

He loved to curse. May the curse descend upon him. He preferred not to bless. May blessings be kept away from him. Let him be clothed with the curse as with a garment, and let the curse soak into his guts as with water, and into his bones as with oil. Let the curse be as a garment that wraps him and as a belt that he always fastens. May such a recompense be from the Lord to him who accuses me and speaks evil of me. (109.17-20)

<sup>2</sup> Let those who accuse me be clothed with shame, and let them be clothed with shame like a garment. (109.29)

## Prayer of the Righteous before the Lord

I know that the LORD will recompense the wretched, and will execute judgment for the poor. The truly righteous will give thanks to your name, and the honest will dwell before you. (140.13-14)

# Give thanks to the Lord, for he is gracious, and his mercy is everlasting

- <sup>1</sup> Give thanks to the Lord, for he is gracious, and his mercy is eternal. (106.1)
- <sup>2</sup> Give thanks to the LORD, for he is gracious. His mercy is everlasting. Give thanks to the God of gods. The mercies of the Lord are eternal. Give thanks to the

Lord of lords, the Lord of hosts. For the LORD's mercy is everlasting. The Lord alone performs great wonders. The mercies of the LORD are eternal. The LORD hath made the heavens with wisdom. The LORD's mercy is everlasting. He spread out the earth upon the waters. The Lord's mercy is eternal. He made the great shining things. His mercy is eternal. (136.1-7)

## Make my heart whiter than snow

<sup>1</sup> Cleanse me with hyssop, and I shall be clean. Wash me, and I shall be whiter than snow. (51.9)

#### Those who lean on the Lord shall have no fear

I will lean on God and praise his word. I will lean on the Lord and praise His Word. I will lean on God and I will not be afraid. What can man do to me? (56.11-12)

#### To those who will not waver

He who walks blamelessly, who does righteousness, who speaks the truth from his heart, who lets his tongue guide him, who does no harm to others, who does no evil to his friends, who does no dishonor to his neighbors. He shall despise those who are forsaken

of the LORD, but he shall honor those who fear the LORD; he shall swear that he will do no evil, and he shall not repent. He lends money and does not charge interest, he does not accept bribes and does not plot against the innocent. He who acts in this way will never waver. (15.2-5)

## Blessed are those who are compassionate

<sup>1</sup> Blessed is the man who is compassionate toward the unfortunate. The Lord will deliver him in the day of calamity. (41.2)

#### Reward for evil-doers

Hear my lamentations, O God, and preserve my life from the terrible enemy. Shelter me from the hosts of the wicked, from the hosts of the evil-doers. They sharpen their tongues like swords and shoot their poisonous words like arrows. They shoot at the innocent from hidden places. They fear no one, but shoot unexpectedly. They set their hearts on deceit, and secretly trap each other, saying, "Who will discover us? Who will search out our wickedness which we have wrought so skillfully?" But He who searches the inward

thoughts and the depths of their hearts will search them out. God will shoot at them with arrows, and they will be caught off guard and wounded. God will cause them to stumble because of their tongues, and all who see them will shake their heads and mock them. (64.2-9)

## Blessed are those who daily

- <sup>1</sup> It is better to lean on the Lord than on men. 2Better to lean on the Lord than to lean on any sovereign.

  (118.8-9)
- <sup>2</sup> The stone which the builders of the house threw away became the parent stone (\*1) of the corner. It is the Lord's work, a wonder in our eyes. Today is the day the Lord has made. Let us rejoice and enjoy this good day. (118.22-24) \*1: Jesus

## An Empty Life

Thou hast made my days but a short time. My days are as nothing before You. All men stand but in vain. Men walk about like shadows, only toiling in vain. They accumulate and store up, but they do not know to whom they belong. (39.6-7)

<sup>2</sup> You chasten men because of their iniquities; you spoil what they enjoy and delight in, as a stain eats. For all men are vain, for they are not worthy to be saved. (39.12)

#### One is born naked and returns naked

- <sup>1</sup> Man is like a beast that cannot abide in prosperity, but perishes. This is the end of those who have wealth, and this is the end of those who indulge in gastronomy. (49.13-14)
- <sup>2</sup> God will redeem my soul and take me back from the hand of the shadow of death. Do not be envious when a man becomes rich or when the treasures of his house increase. When he dies, he shall take nothing with him, and his wealth shall not go down with him. While he lives, he will gloat to his soul, saying, "People praise you for standing well." ...... His soul will enter the gathering of his ancestors and will never see the light again. Man shall not abide in prosperity, but shall be as a beast that perisheth and is lost. (49.16-21)

### He who bears abundant fruit

<sup>1</sup> The wicked one enters the path of wickedness from the time he leaves his mother's womb, and he who speaks falsehood wanders from the time he is born. (58.4)

<sup>2</sup> The righteous will see vengeance and rejoice, and wash their feet in the blood of the wicked. People will say, "Truly, the righteous will be rewarded. Truly there is a God on earth who judges." (58.11)

## The Folly of Idolatry

"Where is their God?" Our God is in heaven, and He does all things that are pleasing to Him. Their idols are made of silver and gold and the hands of men. They have mouths, but they cannot speak; they have eyes, but they cannot see. They have ears, but they cannot hear; they have noses, but they cannot smell. They have hands, but they cannot touch; they have feet, but they cannot walk; they have throats, but they cannot speak. He who makes an idol is equal to it.

### A Blessed Home

Blessed is the man that feareth the LORD, and walketh in His ways. You shall eat of that which you yourself have labored for, and you shall receive blessings and bounty. Thy wife is like a vine, she is at the back of the house, and she beareth fruit. Thy children

are as young olive trees: they shall sit round about the table in gaiety. Thus is blessed he who fears the Lord.

### Conclusion

<sup>1</sup> Praise God with loud cymbals. Praise God with cymbals of resounding cymbals. Praise the Lord with every breath. Hallelujah (\*1) . (150.5-6) \*1: Praise God.

# John's Revelation

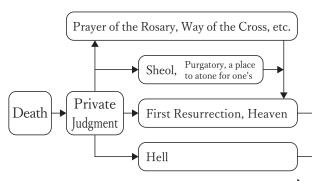
## 1. Flow about Humanity



- \*More severe than the tribulation that occurred before the Exodus journey began.
- \*The coming of the age of the loss of faith.

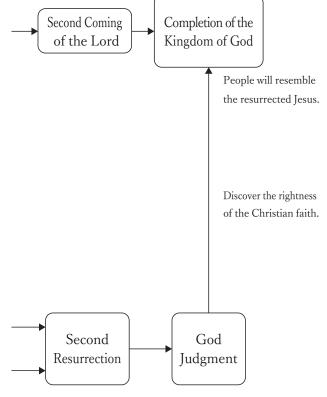
## 2. Flow about after death of a person

\*Like a wise maiden, make preparations for the world to come.



\*The foundation of the soul is those who imitate the Lord (heart, word, deed, and prayer)

# Outline drawing



Live in this life with hope in the grace of the Lord's death and resurrection

MIKOTOBATEN 御言葉典 "The Word Book of God み言葉は羅針盤 命を捨てる者は与えられ守る者は失う。造られた者に福音を宣教せよ。信仰とは望みを保証し見えないことを確信する 霊に満され熱心に祈りあとは委ねる 苦悩には主の軛を負う、主の前に正しい人は報われる 求めれば与えられ探せは見いだし叩けは開かれる。主は神の僕となり孫る。前後際断。忘己喜他 真福八端を知る 陰気は骨を枯す 4言葉の実践 主の道こそ真理 主の心と言葉と行動と祈りを倣うと自律した人になる 銭の慾は悪情しみなく与えるは善 見栄や虚栄を断っ 疲れたら黙想 悲しみは死を招く 主と霊で繋がりみ言葉が有れば望みは叶う ※言葉と主の知恵と健康こそ財産 言言葉は言言電 疑いや怒りを断っ 不誠実は滅びる 舌を制して成功なる 復讐は主に委ねる 主に感謝 陽気は良薬

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book. The number of characters for the text using only Kanji characters is 318 wish to utilize this as a sutra, please use only the large kanji characters in the GWord-The Liturgy of the Word is a summary of MyBible III (Autonomous Person). If you

知恵と英明や良い動機での祈りは叶う。主の祈りや薔薇を唱える

信じて祈れば全て叶う

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主 主产主 父 聖 食 神 溝 神 を 논 子 は が 霊 ベ 提と十戒を守る 山が畏れれ 玉 生 天 血 降 【は近いと言って**行**日] 地を ٤ ま 備え有い 知 を 臨 n 聖 恵 を 飲 創 霊 造された む 受 の <u>-</u> ŋ 得 贖 一教を開 洗 る V 主 無 の心と成る 位 で 受 罪 恐れや 0) 所 始 難 土 は 誕 した から 有が悩を断っ 体 赦 と 生 失 男が され + を 癒し慰め励まし喜びの奇! 望 他者を許し寛容となる る 預 体 骨 字 は 主 は から 人は 架 が 霊 女が 不 が宿 死で 刑 愛は人を 聖 在 生 霊 る 煉ル まれ 神 で や蛇に唆され田 試 獄; にて  $\equiv$ 救 思いやる心 跡 殿 練 善に聡く悪に疎 H を行う V は 罪を 主 訓 目 欲 が 練 罪 償 に 最 誕 ゃ で が 復 ŀλ 後の晩餐で主の体を あ 執 生 入り 思い 天 ŋ 忍 着 活 国 神 悩みは妄 は 耐 主 又は 先祖を敬 ٤ 苦 で 人 0 救 地 を 昇 受 0 招 わ 獄 間

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### Eas

Death and resurrection Redeem Hu

#### Nativity

The Savior was born by the Holy Spirit

# Ador

Praise, Bible reading,

Lord's Prayer,

### Church

Body of christ
Christians gather in church
Carrying out missionary work and leading
unbelievers to salvation

### Imitate

Become an independent words, actions, Match

## Christianity

#### ter

of Jesus on the cross manity's Door

#### Baptism

Sins are forgiven and the Holy Spirit is poured out Get a ticket to heaven

# ation

Declaration of faith, Joint prayer

Communion

### Holy spirit

Trinity of Father, Son and Holy Spirit
Life changes completely when God and people are connected by the Holy Spirit
Observe the Ten Commandments and have your sins forgiven

#### Jesus

person by imitating your mind, and prayers jesus

### Foreword by Isao Kikuchi

November 1958 Born in Miyako City, Iwate Prefecture 1986 Ordained as a priest

He was then sent to Ghana in West Africa as a missionary until 1994.

After returning to Japan, he took a position in the Shingonkai. 2004 Appointed Bishop of Niigata and ordained as a bishop 2017 Appointed and seated as Archbishop of Tokyo

# Introduction of the editor Akinori Kamachi

1950 Born in August

Baptized at Osaka Nihonbashi Christian Church of the Japan Free Methodist Church

Transferred to Ikeda Satsukiyama Church of Christ Convention of Japan, to which an acquaintance of my father belongs.

Transferred to Musashi Koyama Church of Christ Convention of Japan, to which his parents belong.

Transferred to Tokyo Ikebukuro Church of Christ Church of Japan upon marriage.

The entire family converted to Catholicism with Shozo Fukukawa (a member of Azabu Catholic Church) as their substitute father.

Became a member of Catholic Tokyo Cathedral Sekiguchi Church Belonging to Chiba Breakfast Prayer Meeting (held on the 1st and 3rd Friday of every month at YMCA office 7F)

Joined The Sanwa Bank, Limited (currently Mitsubishi UFJ Bank) President and Representative Director, Chiyoda Information Systems Co.

## MyBible VII Living the Word

The Japanese Bible is the Franciscan Bible, punctuation marks, and other contractions have been corrected due to the relationship between the text before and after.

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