

MyBible

Jewel Box of the Word of God Practical Edition



Author. Akinori Kamachi

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Foreword

This new book is a "Practical Edition" that consolidates the newly added items and the existing contents of MyBible II (Jewel Box of the Word) and MyBible III (Autonomous Person) , which were previously included in the first edition of MyBible MyBible (Jewel Box of the Word) , as well as the practical contents of the Word of God.

Therefore, it is more in-depth than previous practices and will help you understand how to put the Word of God into practice in each situation and circumstance of your daily life.

As the Word says, "It is not he who hears the law who is righteous before God, but he who does it is counted righteous." (Romans 2.13) "He that heareth my words, and doeth them not, is like unto a foolish man that built his house upon the sand." (Matthew 7.26) .

I believe that the question now is not only how to listen to sermons and read the Bible, but also how to apply the content of the sermons to our daily lives.

In this book, he describes his own faith experience and the testimonies of others on how to live by the

Word of God in daily life, which will give readers an idea of how to put the Word of God into practice and make them feel familiar with it.

When I took my seat as Archbishop of Tokyo, I spoke to you about the "unity of diversity. As a concrete example of this story, through the Tokyo 2020 Olympic and Paralympic Games held this year, I hope that many people have learned about the unity of diversity and the ideal of a symbiotic society. I hope that many people were able to learn about the unity of diversity and the ideal of a symbiotic society through the Tokyo 2020 Olympic and Paralympic Games held this year.

This book will be a good encounter with the Gospel for those who do not yet know God, and for believers, it will be an opportunity to know how to walk in the specific Word of God to imitate Jesus, and it will be a good guide for your faith.

Ultimately, we hope that the Bible itself, which we read daily, will become your MyBible.

September 15, 2021 Catholic Archdiocese of Tokyo
Archbishop Isao Kikuchi

First of all

As usual, I was reading my Bible, and I read John 15:7, "If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you. Ask whatever you wish, and it will be granted." MyBible was born out of this encounter with the Word of God. On April 15th, 2005, at the crypt of St. Mary's Cathedral in Tokyo, we held a publication commemorative mass, and at this mass, we were able to dedicate MyBible. After that, all 7 volumes were completed as My Bible series. We are truly grateful for the Lord's guidance as well as the encouragement, support, and cooperation of many people who have helped us to take this unexpected step.

MyBible Jewel Box of the Word (Practical Edition) is a revision of MyBible Jewel Box of the Word, adding the practical contents of the added items and the existing MyBible II (Jewel Box of the Word) and MyBible III (Autonomous Person) , as well as hymns appropriate to each item.

All seven volumes of the MyBible series were produced as books for missionary use, but due to the

need to avoid 3 secrecy in the face of the Corona or disaster, we reexamined the nature of hand-delivered missionary work, and with the cooperation of all concerned, we have been working on a 2 With the cooperation of those involved, and utilizing ICT (Information and Communication Technology) , we have been offering a free downloadable version of all seven volumes of MyBible from the MyBible website since October, 2020. Thanks to you, we are receiving access from many people every day and are amazed at the response.

This dedicated website has an eMail section where you can send us your impressions and comments on the book by e-mail.

URL <https://mybible.tokyo/>

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We would like to express our sincere gratitude to Father Yoshitaka Kichiike and Pastor Hiroshi Seo for their valuable guidance in the production of this book, and to the people of Sekiguchi Catholic Church for their cooperation in its publication.

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1 God

God created the earth approximately 4.6 billion years ago, and we live here now. The great scientist Einstein said. "I want to know on what principles God created this world. The rest is just small stuff."

¹In the beginning, God created the heavens and the earth. (Genesis 1.1)

God created the heavens and the earth, yet natural disasters continue to occur. I asked a scientist at a tenured deacon the reason for this. He said, "God created the world, but it is still in the process of completion, so natural disasters will happen."

Tomorrow is impermanent, and when we encounter natural disasters, we should encourage, support, and help each other.

²God is a spirit. (John 4.24) God is love. (1 John 4.8) I am wisdom. (Proverbs 8.12) The Word is God. (John 1.1)

He says God is spirit, love, wisdom, and word, and seems unable to describe God's existence.

Words are said to have a life force or to have a soul, etc., and to have some effect on the Shinrabansho.

It is also called Kotodama.

Words encourage, soothe, comfort, or even heal. On the other hand, this can lead to anger, resentment, and conflict. Bad words, backbiting, complaining, and weak sounds accumulate in the subconscious mind, which eventually manifests itself in the actual consciousness and has a negative effect on the mind and behavior.

³God said to Moses, "I am what 'is'." (Exodus 3.14)

⁴When Jesus said, "It is I," they fell backward and fell to the ground. (John 18.6)

A scene in which an armed Roman soldier, upon hearing the words of Jesus, is so shocked that he falls to the ground, hunched over. Low at that time For Roman soldiers, the exultation at the words, "It is I," was probably more than ever a sense of awe of God.

5God created man in His own image. (Genesis 1.27)

Now, think about the days that have passed before you. Ask from the ends of the heavens to the ends of the earth, since the day God created man on earth. Was there ever anything greater? (Deuteronomy 4.32)

From one man, God raised up all peoples and made them to live in the earth, and appointed to each an appointed time and boundaries for their dwelling place. This is to make one seek God, and if one only seeks, one will find Him. (Acts 17.26-27)

God made man in his own image. The air necessary for human life was created by colorless, odorless, boundless, free, uninhabited, and high quality. He gives this generously to others. In food, one cannot make vegetables, meat, fish, etc. from nothing. God who generously gives these things for man's life. Are we daily thankful for the blessings we are given?

6You have made my entrails and framed me in my mother's womb. I give thanks unto Thee. I am being

made into something terrifying and astonishing by a terrible power. You formed my innards and assembled me in my mother's womb. Most High, I praise you. You are to be feared. Therefore, I bow down. Your work is a wonder. (Psalms 139.13-14)

New life is approximately 0.6 milligrams. In approximately 10 months, this is about 3,000 grams, 500 million times and about 231 times as tall. By the time a baby reaches adulthood, it is approximately 20 to 30 times its birth weight. The energy sources for growth are food, water, and air.

When a person manufactures an object, it is made by drawings, materials, machine tools, and human hands. When we are created in the womb, these are nowhere to be seen and there is no noise. And moreover, what exactly is the mechanism by which cells gradually grow? People are made up of approximately 60 trillion cells. It is truly a divine work of art.

The human body is made intricately, the organs are equipped with various functions, and there is no waste. When it bleeds due to an injury, it has self-healing power, the capillaries are connected as before, and

the function of self-defense works to prevent bacteria from invading the body. The human body is truly well designed, with the five organs moving freely according to one's thoughts, the five viscera and six viscera working together, and information obtained by the sensors of the five senses being input into the brain through the blood and nerve networks. Organs, brains, and nerves are complex, and although medicine and medical science have advanced, there are still many riddles and mysteries about the realm of the divine, which only increases our awe of God.

7Would a woman forget her own baby? Will she not pity the child he carried in his belly? Even if these women forget you, I will not forget you. (Isaiah 49.15)

A husband may want to forget his child because he did not give birth to him, but my child will never forget me. God's thoughts go far beyond my mother's thoughts.

8Tear not your garments, but your hearts, and turn to the LORD your God. The Lord is gracious and merci-

ful. Slow to anger, and abounding in mercy, He abides in the plagues. (Joel 2.13)

Will one person think of another what God thinks of man?

9God is not the God of the dead, but of the living. (Matthew 22.32)

Humans die and lie down. Where does one go when one ceases to breathe?A fallen man will never rise again, nor will he wake from his sleep as long as heaven lasts. However, when people die, they stop moving. Where do people go when they lose their breath?A man will not rise again after falling down; he will not wake up until the sky is gone, and no one will wake up from his sleep. (Job 14.10-12)

To work for God, you must have God's help to carry out your work. People will always die. So that this can come at any time, I wrote it down in My Bible VI special project.

10The Lord is a merciful and gracious God, slow to anger and abounding in mercy and truth. Exercising

mercy for a thousand generations, forgiving evil, transgression, and sin. (Exodus 34.6-7)

¹¹The LORD forgives all your iniquities, heals all your diseases, delivers your life from the pit, puts a crown of mercy and compassion on you, and fills you with good things all the days of your life. Your youthfulness will be renewed like my eagle. (Psalms 103.3-5)

[Hymn]



Inside St. Mary's Cathedral,
Tokyo Cathedral

2 Commandments and Rule

- 1 (1) You shall have no other god besides me.

We have only one God, the Source and Father of all things, and to this God we also go. (1 Corinthians 8.6)

- (2) Do not make idols for yourselves.

He who makes an idol is equal to it, all, even he who trusts in idols. (Psalms 115.8)

- (3) Do not utter the name of the LORD your God without reason.

We do not call God's name in a casual manner.

- (4) Remember the day of the Lord and sanctify it.

On Sundays, I go to church.

- (5) Honor your father and mother.

- (6) Do not kill.

- (7) Do not commit adultery.

- (8) Do not steal.

- (9) Do not perjure yourself about your neighbor.

- (10) Do not covet your neighbor's house. (Exodus 20.3-17)

Ten Commandments

(1) through (4) describe love for God, and (5) through (10) describe love for people.

God has established the Ten Commandments of the Ten Commandments as the standard by which man is to live, and the Lord quotes this content.

People are weak and cannot rely solely on morality and the law to get by, and there are some things they know they cannot do. Even if you know it, sometimes you can't. I think of my ancestors and parents as the reason I am where I am today, and I go to the family altar every day.

2 Which of the laws of the Torah is the most important? Jesus answered and said, 'Love the Lord your God with all your heart and with all your soul.' This is the most important first rule. The second is similar to this. "Love your neighbor as yourself" All the Torah and the Prophets are based on two rules. (Matthew 22.36-40)

Loving is caring for others. St. Teresa of Kolkata

(Mother Teresa)

"Love yourself" means as following: I want you to call my name. Eat when you're hungry. If you catch a cold and have a fever, rest.....etc.

When interacting with neighbors, we treat them with the idea of "自他一如".
JIT AICHINYO

JIT AICHINYO

"自他一如" is the belief that you and others are one and the same, without distinction.

The "whole law and the prophets" would be the passages that summarize the entire Old Testament law.

3 Love for God means keeping God's laws. And the code is not difficult to follow. (1 John 5.3)

To love God is to keep His laws, and to keep His laws is to love God. It would be, "Think of the things you have to do."

4 I give you a new law. Love one another. Love one another as I have loved you. If you love one another, thereby all men, you are my disciples. (John 13.34-35)

5 Be confident in whatever you do. This is one way to keep the Code. (Sira. 32.23)

6 If thou shalt love the LORD thy God, and walk in his ways, and keep his commands, and his statutes, and his laws, as I command thee this day, thou shalt live, and thy number shall increase. (Deuteronomy 30.16)

7If a man says, "I love God," but hates his brother, he lies. One who does not love his visible brother cannot love the invisible God. He who loves God must also love his brother. This is the law we have received from God. (Letter of 1 John 4.20-21)

[Hymn]

3 Crimes

1The serpent said to the woman, "No, you will not die. For God knows that when you eat of it, your eyes will be opened, and you will know right from wrong, and you will become like Him." So the woman gazed at the tree and saw that the fruit was good for eating, attractive to the eye, and desirable to make one wise. So she took it and ate it, and gave it to her husband, who was with her, so he also ate. (Genesis 3.4-6) The Garden of Eden

The Lord God called out to man and said, "Where are you? So the man answered, "I heard your footsteps in the garden, and because I was naked, I was afraid and hid." And the Lord said, "Who taught you that you are naked? Have you eaten of the fruit of the tree of which I commanded you not to eat?" The man replied, "I ate, because the woman who was my companion took it from the tree." Then the Lord God said to the woman, "What have you done?" The woman replied, "The serpent bewitched me, so I ate.".....Then he said to the woman, "I will make your birth pains

great. You will suffer and bear children. And you will love your husband, but he will restrain you." (Genesis 3.9-16)

²For this reason sin entered the world through one man, and death through his sin; and death came to all men because all sinned. (Romans 5.12)

³The LORD said to Noah, "You and all your household go into the ark. For I have seen that you alone are righteous in this generation." (Genesis 7.1) I will never again destroy all living creatures as I have done this time. (Genesis 8.21) Noah's Ark

⁴Sin is breaking the law. (1 John 3:4) Acts contrary to law

Only he who sins shall die, and the son shall not bear the sins of the father, neither shall the father bear the sins of the son. (Ezekiel 18.20) Therefore, the sins of the ancestors and parents are never manifested in the child.

⁵Every injustice is a sin. (1 John 5.17)

Injustice or sin is to turn away from God, and since

"God is love," it is to turn away from love. It would be a violation of Ten Commandments and God's Rules.

6If you offend their sick conscience, you are sinning against Christ. (1 Corinthians 8.12)

The reason we think we have done wrong in our hearts is because we have sinned, and this thought is sharpened by training.

7If a person knows a good thing to do and does not do it, it is a sin for him. (James 4.17)

8If anyone eats the "bread of the Lord" or drinks the "cup of the Lord" in an unworthy state, he has sinned against the body and blood of the Lord. (1 Corinthians 11.27)

Walk in a manner worthy of receiving the bread and the blood (wine) at Holy Communion and Mass.

9Each of the nine falls into temptation, drawn and seduced by their own desires. And greed conceives and gives birth to sin, and sin ripens and gives birth to death. (James 1.14-15)

When a person is healthy in body and mind, and when a wealthy person is fully satisfied, his life becomes luxurious and extravagant, and he becomes conceited and arrogant. The joy of the fulfillment of worldly desires such as wealth, position, and advancement, "Behold, all of them were empty, and were equal to the pursuit of the winds. There was nothing useful under the sun." (Kohélet 2.11) It is obvious that it is vain and empty. Conversely, if we ask for desires and are not given them, our suffering and troubles will only increase, and we will "live the rest of our lives on earth not according to human desires, but according to God's will." (1 Peter 4.2)

¹⁰He who speaks a word against the Holy Spirit will forever be without forgiveness and forever condemned to sin. (Mark 3.29)

¹¹You are justified by your word, and by your word you are made sinful. (Matthew 12.37)

[Hymn]

4 The Holy Spirit

The Holy Spirit is in the world.

※1

I shall ask my father. The Father will send another

※2

protector to be with you forever. This One is the Spirit of Truth. (John 14, 16-17) ※ 1. Jesus ※ 2. Holy Spirit

The day of the Feast of Pentecost (the 50th day after Easter, the feast of Pentecost) came, and they were all gathered together as one, when suddenly a sound like a violent wind came from heaven, echoing throughout the house where they were sitting. Then fiery tongues appeared at the forked ends and stayed on each one. Then they were all filled with the Holy Spirit. He began to speak in the languages of other countries, as the "spirit" made him speak. (Acts 2.1-4)

I went to Nikolai-do in Ochanomizu to take photos for illustrations for MyBible. The conversation begins by asking the clerk for this permission. In the Orthodox Church, the Holy Spirit is poured out on people and the natural world. Is this why in Japan we have

words such as "god of the mountains," "god of the sea," and "八百萬の神"?
YAOYOROZUNOKAMI

For the Holy Spirit to work

2Repent. And be baptized in the name of Jesus Christ for the forgiveness of sins, respectively. Then you will receive the Holy Spirit as a gift. (Acts 2.38)

Baptism is not about removing dirt from the body, but about making a promise to God to keep right thoughts. (1 Peter 3.21)

"Repentance" is the act of regretting one's past actions and renewing one's thoughts, words, and deeds afterward.

The tax collector and the shofar prostitute were saved because they awakened to their sins and repented.

Jonah was commanded by God, "In forty days, Nineveh will be destroyed." (Jonah 3.4) When the people of Nineveh heard this, they repented of their sins and performed penance. When God saw this, he stopped inflicting plagues on Nineveh.

Sermon on Repentance

A Miss Contest was held in town. It was when the first and second places were decided and we retired to the dressing room. The backstage area was in an uproar as Ryusan sulfuric acid was sprayed at the face of the first-place winner by the second-place winner. He was rushed to a hospital in Tokyo soon, where he was told that he needed a skin graft operation.

After the surgery, the patient will need some days to leave the hospital, and the nurse in charge will refer him to a nearby church. Later, the surgery went well and he was discharged from the hospital. After leaving the hospital, he started going to church in town.

On Easter Sunday, the pastor asked, "Do you forgive the man who threw sulfuric acid in your face?" He answered, "I will forgive him." Later, the baptized person looked for the person who had poured sulfuric acid on his face and found that he was in a neighboring town. "I was wrong in making you pour sulfuric acid on me because of my irreverence. Please forgive me.", he apologized. Inspired by this, the person who poured sulfuric acid began attending church and was baptized. When the sermon ended with the words,

"Don't you want to be this kind of Christian? Large tears flowed from my eyes. (From radio broadcast FEBC)

³Jesus was also baptized. And as he prayed, the heavens were opened and the Holy Spirit descended on Jesus in a visible form like a dove. (Luke 3.21-22)

To be baptized is to "put off the old man, who has been following the old way of life, or in other words, the old man who has been easily corrupted by deceitful passions, and put on the new man, renewed in spirit and mind, made in the image of God, with true righteousness and exalted in several ways." (Ephesians 4.22-24)

⁴Knowing that you will give good things to your children. Then it is even more so that Heavenly Father gives the Holy Spirit to those who seek Him. (Luke 11.13)

Pray for the Holy Spirit to guide you before you act.

Effects of the Holy Spirit

⁵When the Holy Spirit falls on you, you will receive

power, and you will be my witnesses to the·····ends of the earth. (Acts 1.8)

The gift of the Holy Spirit is a great ability to transform a person's life.

6Don't worry in advance about what you are going to say. Just speak what will be shown to you at that time. It is not you yourselves who speak, but the Holy Spirit. (Mark 13.11)

When I serve as a Bible reader, I ask for the guidance of the Holy Spirit to speak the Word.

7To some are given words of wisdom through the spirit, to others·····words of knowledge, to others·····faith, to others·····Some are given special grace to heal, some the power to perform miracles, some prophecy, some the power to discern various spirits, some various tongues, and some the power to interpret those tongues. (1 Corinthians 12.8-10)

There are many kinds of grace, but it is the same Spirit that gives grace. (1 Corinthians 12.4)

Just as the body is one but many parts, and all the parts of the body are many but one body, so is the case with Christ. Indeed, whether we are Jews or Greeks, slaves or free, we have all been baptized and incorporated into one body by one Spirit, and we have all been given to drink of one Spirit. (1 Corinthians 12.12-13)

8He who lives according to the flesh thinks of the flesh, and he who lives according to the Spirit thinks of the Spirit. The thought of the flesh is death; the thought of the spirit is life and peace. (Romans 8.5)

9Jesus answered and said, "Everyone who drinks of this water will thirst again. But whoever drinks of the water I will give him will never thirst. On the contrary, the water I will give him will become a fountain within him, gushing forth water that leads to eternal life."^{※1}

(John 4, 13-14) ※ 1. Holy Spirit

God, through the Lord, has poured out the Holy Spirit on us abundantly, and by this grace we are made righteous. And, just as he had hoped, we became the heir to eternal life.

¹⁰Like newborn babes, seek the pure milk that is the Word of God with eagerness. That you may grow and come to salvation. (1 Peter 2.2)

Confirmation that the Holy Spirit is at work

¹¹The fruit of the spirits is love, joy, peace, generosity, kindness, goodness, faithfulness, gentleness, and temperance. (Galatians 5.22-23)

For confirmation that the Holy Spirit is at work, check each item in this Word.

Do not be drawn by instinct and power and walk according to the desires of your heart. (Syll. 5.2)

Always objectify your mind so that even if you are in a state of fear, anxiety, sadness, despair, or anger, you can walk in ^{HEIJOU SHIN}平常心, which means "always with a level mind" or "one mind". Temperance is the source that makes one walk in the right direction because it restrains physical desires and pleasures.

Temperance (Self-restraint or self-control) is very difficult to work, and one after another acquires wealth, power, status, honor, etc. through one's desire to possess. Then, as they try to protect this, their calm judgment

goes haywire and they create fear, anxiety, anguish, anger, and other miscellaneous miscellaneous thoughts. This makes one's mind passive, so one needs to be free of desire, free of attachment, and free of possessions.

¹²Live your life according to the guidance of the Spirit……for what the flesh desires is contrary to the spirit, and what the spirit desires is contrary to the flesh. You are not doing what you want because the flesh and the spirit are at odds with each other. …… The karma of the flesh is obvious. These are: adultery, indecency, lust, idolatry, witchcraft, enmity, strife, envy, wrath, selfishness, dissension, jealousy, drunkenness, wild merrymaking, and other such things.

(Galatians 5.16-21)

For the Holy Spirit to persist

¹³Do you not know? That you are the dwelling place of God and that the Spirit of God lives in you. If anyone destroys the dwelling place of God, He will destroy him. God's dwelling place is holy, and you are his dwelling place. (1 Corinthians 3.16-17)

Our bodies are temples where God dwells, so we should make them comfortable for Him.

It is said that the state of the heart creates a person's life, and by keeping the heart always glassy, the Lord and people develop steadfastness and boldness so that you will not be embarrassed when you are seen by. The first step in tackling this is to organize one's personal affairs.

Clear your mind by tidying and wiping for 5 minutes every day. This prepares you to walk in a natural way.

When you are praised, you are elated, and when you are criticized, you are disgusted, and your heart is exhausted.

The number of such cases will never increase or decrease. The cause of suffering may be the inability to grasp the wisdom and truth of life and the desire and attachment of the mind.

When we have an ordinary or one mind, we are able to catch the Lord's thoughts in the form of a mute rustle, etc., and we develop intuition and foreknowledge.

By becoming an honest and flexible mind, we can see the beauty in whatever we see, and we can feel that

we have been freed from suffering or saved. This does not mean that the suffering is gone, but it makes us feel as if we are in a state of peace, so we are less anxious, fearful, sad, and angry. Also, do not be self-critical or think or say that I am a bad person.

¹⁴He who keeps the law abides in God, and God also abides in him. We know that God abides in us by the Spirit He has given us. (1 John 3.24)

¹⁵Child, have you sinned? Don't repeat this again. Ask for forgiveness for your past sins. (Syll. 21.1)

¹⁶If we confess our sins, God, who is true and just, will forgive us our sins and cleanse us from all unrighteousness. (1 John 1.9)

"Publicly expressing one's sins" mean the Celestial Sacrament of Forgiveness. By doing this, " 'As it is, O Lord, my iniquity, Oh my God.' Then you forgave me the iniquity of my sins." (Psalms 32.5) Even after baptism, we commit various sins by thoughts, words, deeds, and omissions, and by repeating these sins, we become

less conscious of sin, and we sin more, so the Holy Spirit is cut off. At this time, sins are forgiven through the Sacrament of Forgiveness or forgiveness of a person's wrongs. In addition, since people sometimes make mistakes unconsciously, we pray and ask the Lord to lead us to a reformation. Through these, the heart is washed, the dirt and grime are washed away, and the Holy Spirit is poured out again.

¹⁷From now on, sin no more. (John 8.11)

The scene where Jesus put his body on the line to protect the woman of sin.

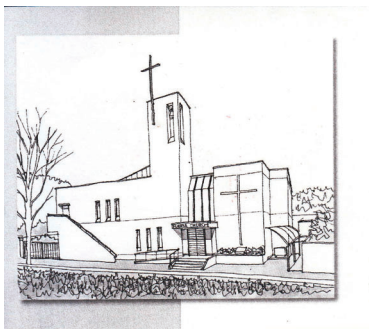
In the Sacrament of Forgiveness, the heart feels refreshed when all one's sins are exposed. And the forgiven sins are never committed again.

¹⁸If you forgive the wrongs of others, your Heavenly Father will forgive you too. (Matthew 6.14)

Even just before His death on the cross, Jesus Lord said to God. "Father, forgive them, for they know not what they do. They do what they do and I don't know

what I'm doing," (Luke 23.34) he prayed. He also forgave Peter who betrayed him by saying he did not know Jesus three times.

[Hymn]



United Church of Christ in Japan
Fukaya Church

5 Love

1If I have perfect faith to move mountains, but do not have love, I am nothing. Even if I give all my wealth to the poor, even if I give myself over to receive praise, it will not do me any good if I do not have love. Love is forgiving, Jihi merciful is love. Love is not envied, not exalted, not boastful. They do not behave in an unseemly manner, they do not seek their own gain, they do not get angry, and they do not count the evils of others. He does not rejoice in injustice, but rejoices in the truth with others. Hold everything back, believe everything, hope everything, and endure everything. Love never perishes. (1 Corinthians 13.2-8)

I have been stumbling over this Word for a long time. I wonder if an incomplete person like me can be called a Christian. I am not qualified to be called a Christian, and I am ashamed of myself. With this thought in mind, he somehow found himself living the religious life of a "hidden Christian".

In dormitory life when I was single. Seeing him

leave early on a Sunday morning, he asked, "Where are you going so early?"

I could barely reply to the question. I said, "I'm just going to go over there for a minute."

One day, as I was reading the Bible as usual, I read, "We have not loved God, but He has loved us." (1 John 4.10)

By encountering that word, I was able to take off my Christian clothes, which had been a delusion of thinking that my weak and imperfect way of being was fine, and finally became able to walk naturally.

²For we have not loved God, but he loved us, and sent his Son to be an atoning sacrifice for our sins. Here is love. (Letter of 1 John 4.10)

³We have realized love because Jesus laid down his life for us. (1 John 3.16)

God loved us, sent Jesus into the world, and through His crucifixion our sins were atoned for. With this, reconciliation between God and mankind is established and a new walk begins.

The Lord showed us His love through His death on

the cross, saying, "Greater love hath no man than this, that a man lay down his life for his friends" (John 15.13) .
And through His death on the cross, He showed us His love.

⁴With all your might, add virtue to your faith, knowledge to virtue, temperance to knowledge, patience to temperance, faith to patience, brotherly love to faith, and love to brotherly love. (2 Peter 1.5-7)

"Virtue" is said to be the fourteen ways of being of mind that a person does, and morality is to follow this path.

⁵May the brotherhood be preserved. We must not forget to entertain travelers with generous hospitality. (Hebrews 13.1-2)

⁶Be clothed with love. Love is the belt that brings perfection. (Colossians 3.14)

⁷Depart bitter thoughts, wrath, anger, thorns, and scorn, together with all malice, from your hearts. And

be kind to one another, and be compassionate and heartfelt forgiving. (Ephesians 4.31-32)

8 We must not slander, we must not fight, we must be tolerant of others, and we must show unchanging gentleness to all people. (Titus 3.2)

9 "Lord, if my brother sins against me, how many times must I forgive him? Is it up to seven times?" Jesus answered, "I tell you, not seven times, but up to seventy times seven. Not seven times, but up to seventy times seven." (Matthew 18.21-22)

Seventy times seven is to forgive without limit.

10 He who sows sparingly and sparingly will reap sparingly, but he who sows generously and abundantly will reap abundantly. Each of us should give to others as we intend to do in our hearts, not as we want to or because we have to. God loves those who give willingly.

(2 Corinthians 9.6-7)

If you sow seeds abundantly, not out of profit or loss, they will bear abundant fruit. "He will give you seed to sow and multiply you, and the fruit of your charity will grow more and more. You will be enriched in every way, and you will be generous in giving to others, and your deeds will cause us to give thanks to God through you." (2 Corinthians 9.10-11) "Therefore I say to you. Her many sins have been forgiven, as you can see by the much love she has shown. He who forgives little loves little". (Luke 7.47)

11 Peter was saddened when he was asked three times, "Do you love me?" And he said, "Lord, You know everything. You know that I love You." Jesus said to Peter, "Feed my sheep." (John 21.17)

12 ^{※ 1} What these my brothers, and one of the least of them, have done to me, they have done to me. (Matthew 25.40) ※ 1. Jesus

St. Teresa of Kolkata (Mother Teresa) says that Jesus appears to me wearing the masks of various people.

"It is more blessed to give than to receive." (Acts 20.35)

There is a proverb that says, "Mercy is not good for

others." It is a great pleasure to take care of others, and it gives me a sense of contentment, but I must not think that someday something good will happen to me. I must not forget "喜捨".

"^{KISHA}喜捨" not asking for anything in return.

¹³What reward shall you have for loving those who love you? (Matthew 5.46)

The Lord does not divide the wicked or the good, but He pours out His sun and sends down rain. He says to light the fire of love for those who are incapable of loving.

People are eager to love themselves and look for their own pleasure and comfort, but they look upon the suffering and death of their Lord and remember their sacrifice.

The baseball sacrifice bunt is an exquisite technique of zetsumyo that kills oneself and allows others to live.

¹⁴Hatred causes strife; love covers all sin. (Proverbs 10.12)

¹⁵The LORD protects all who love him and destroys all the wicked. (Psalms 145.20)

¹⁶The goal of this command of mine is love that comes from a clean heart, an unclouded conscience, and a faith that is not false. (1 Timothy 1.5)

¹⁷What remains is faith, hope, and love, these three. The best of these is love. (1 Corinthians 13.13)

[Hymn]



Catholic Kojimachi St. Ignatius Church

6 Bible

1All Scriptures are divinely inspired and profitable for teaching, rebuking, correcting error, and training men in righteousness. (2 Timothy 3.16) *The compass of life*

The Bible is said to be the compass for life. In the course of our lives, we encounter all kinds of problems. Even if you think your judgment is right, the Lord says "My thoughts are not your thoughts, and your ways are not my ways." (Isaiah 55.8)

First, open the Bible and act according to the Word. If you need an encounter with the Word that is appropriate for that situation and place, MyBible is the place to go.

The Bible begins with Genesis and ends with Revelation. From this apocalypse, we can know what the next world will be like, and we have learned what this world will be like.

Nowadays, the Word of God is less heard and memorized, and the number of congregations is declining and churches are closing their doors. Pastor

Hiroshi Seo of the House of Prayer, who will turn 90 this year, said, "The secret for Christians to lead a rich life of faith is to make a book of the Word and to become a person who speaks the Word."

Proof

When Mr. Yozo Takeuchi was a boy. As I was enjoying a bag of rice crackers with an old newspaper pasted on it, I noticed an article in this newspaper about a mysterious hospital. Located in Gotenba at the foot of Mt. Fuji, Kouyamafukusei Hospital. The director of this hospital has been a foreigner since its establishment. All patients are Japanese leprosy patients. He dedicated his life to the leprosy patients whom Japanese people hate.

One wonders why a foreigner would come to Japan and devote his life to helping leprosy patients, whom people do not like, and have no regrets.

As a working adult, he was given the chance to visit Kamiyama Restorative Hospital on his way back from climbing Mt. He talks to Father Drouard de Lessey, the hospital director, about the questions he had as a boy. The priest brought a book from the shelf and

said, "The secret you want to know is in this book. It doesn't matter what country you are from or where you are from. We are all brothers and sisters. We have been sent to this land to serve our neighbors." And the Bible is handed to him.

Mr. Takeuchi was deeply moved and wondered if such a world existed, so he returned to Tokyo, bought a Bible, and was baptized. Later, he served as the chairman of the congregation building committee of the Ginza Church of Christ in Japan.

²Forsake all filthiness and overflowing evil, and honestly accept the Word that has been planted in your hearts. The Word has the power to save your souls. (James 1.21)

When you are at a crossroads in your life or encounter trials, act on the Word given to you as a sign and a banner, and you will find that "The Lord was with Joseph, and all that he did went well." (Genesis 39.2)

³All three are like grass. Its glory is like that of all flowers and grasses. Grass withers and flowers fall. But the word of the Lord never changes. (1 Peter 1.24-25)

The life of a person is as fleeting as a flower, but the Word of God, even now, 2000 years later, transcends race, sustains, heals, and encourages people's hearts, saying, "Your word is a lamp to my feet and a light to my path. A light to my path." (Psalms 119.105)

4Four people do not live by bread alone. Live by every word that comes from the mouth of God. (Matthew 4.4)

The power to live positively comes from encountering good words and the Word of God. It is essential to live carefully so as not to miss encounters with words that serve as a basis for living and guidelines.

When you act, don't say, "I don't like it," or "I wish I could make it work," etc. Say, "I don't like it." or "I will definitely try." Because negative and negative negative words put a brake on the real consciousness of reality.

"Kotodama" When you say the words as "I'm happy.", "I'm happy.", "I'm thankful.", "I'm lucky.", this happens to you, and when you complain, dissatisfy, or complaints, for some reason this happens to you.

5Heaven and earth will perish, but my words will never perish. (Matthew 24.35)

People's thoughts change according to their rank, poverty, wealth, life and death, but the Lord's Word is unchanging.

6The teaching of the cross is foolishness to those who perish, but to us who are on the path of salvation it is the power of God. (1 Corinthians 1.18)

As we go through life, we encounter anxiety, fear, and anguish, and when we make choices and decisions, we must follow the Word of God.

I will leave the results to God.

7Your word is a lamp to my feet and a light to my path.
(Psalms 119.105)

Only Moses approached the Lord, and when Moses came to the people and told them all the words of the Lord and all his laws, they all answered in unison, saying, "We will do all the words that the Lord has spoken." (Exodus 24.2-3)

8The Word of God is living and powerful, sharper than any two-edged sword, piercing to the dividing line between soul and spirit, between joints and twine and marrow, and able to discern the thoughts and ideas of the heart. (Hebrews 4.12)

The president of a major food company decided to walk in accordance with God's will, with the Bible in his right hand and Drakkar in his left, not afraid of loneliness, and unwavering strength.

9Jesus said to his disciples, "As I told you while I was still with you, all that was written about me in the law of Moses, the prophets, and the psalms must be fulfilled." (Luke 24.44)

The Father gave me the Bible, saying, "This is my only possession." I was able to attend Mass with my father. I am still grateful for the blessings.

[Hymn]

7 Hear the Voice of the Lord

I heard a voice out of the clouds. The voice said, "This is my beloved Son, in whom I am well pleased. Hear him, Jesus." (Mark 9.7)

In his testimony titled "Blessings of the Breakfast Prayer Meeting" of MyBible IV (Let the Word of God Keep You Alive) , Pastor Seiji Kai was said by god in a male voice, "Kai, do your best." This time, I heard a female voice say to me four times, "Do your best, Kai-san!"

In this day and age, we may hear the Lord's voice directly. I try to go there when I feel anxious or when I have a sudden thought. This has surprisingly good results.



Tokyo International Breakfast Prayer Meeting

The "Breakfast Prayer Meeting" is an abbreviation for the Breakfast Prayer Meeting, where businessmen gather before coming to

work to praise, read the Bible, share testimonies, and pray for each other, and then have breakfast together before coming to work. I attended the Tokyo International Breakfast Prayer Meeting held at the YMCA in Kanda, Chiyoda-ku, Tokyo. The host was Mr. Youzou Takeuchi, Pastor Ryouichi Kato, Mr. and Mrs. Toujuro Iijima (founder of Yamazaki Baking Company), and the main members were from super-denominations (Catholic and Protestant) and unbelievers, making it a family-like gathering.

²Hear my voice, and do all the words that I command you. Then you will be my people and I will be your God. (Jeremiah 11.4)

I will give you a new heart and put a new spirit within you. ·····I will make them obey my laws and keep my statutes and do my ordinances. ·····You will be my people and I will be your God. (Ezekiel 36.26-28)

³I do not believe you. For they are not my sheep. My sheep discern My voice. I know them, and they listen to me. (John 10.26-27)

Yoshiharu Habu Meijin is said to draw "玲瓏"^{REIROU} (picture a scene as clear as a mirror) in his mind before playing a game to keep his mind calm. With this kind of mind, miscellaneous thoughts and delusions will be erased and the true path will be known.

4Lord, speak to us. Your servant I have heard.

(1 Samuel 3.9)

In the story of Jesus' sowing, "A sower went out to sow seed. As he sowed, some of the seeds fell by the wayside,others fell on rocks,others in thorns,and still others in the good land. fell on good ground. And they grew and bore fruit a hundredfold." When he finished speaking, Jesus said in a loud voice, "He who has ears to hear, let him hear."The meaning of this parable and metaphor is this. The seed is the Word of God. The things of the way are, in a manner of speaking, those who hear the Word. But the devil will come and plunder the Word from their hearts so that they will not believe and be saved. Those on the rock are those who hear the word and are willing to accept it, but they have no root in them. Those

who have fallen among thorns are those who hear the Word but are covered by the daily cares, riches, and pleasures of life and do not reach the stage of ripening. Those of the good earth are those who hear the Word with a righteous and good heart, who hold fast to it, and who bear fruit in perseverance. (Luke 8.4-15)

How many times have I thought, "Let me hear the word of your grace," in the liturgical hymn, "On the Windy Hills of Galilee," and I wish I could hear God's voice too?

5 "That which is sown in the good land, hearing and accepting the word, some bear fruit thirtyfold, some sixtyfold, and some a hundredfold. (Mark 4.20)

Those who bear abundant fruit hear the Word and put it into practice, so that "more precious than gold is pure gold, and what I produce is more precious than choice silver." (Proverbs 8.19)

If your heart is stubborn and stubborn, or you make excuses and do not take action, you will miss out on the fruits of your labor.

6Simon replied, "Teacher, we have worked all night and caught nothing. But since you have spoken, let us let down our nets." When he did as he was told, he caught so many fish that his net almost split open.

(Luk e 5.5-6)

It was when Jesus was standing by Lake Gennesaret Kohan. When Jesus saw Simon's face, tired from fishing, he said, "Row out to sea. Take out your nets, lower them, and fish." Simon listened to him, and when he lowered the nets offshore, there was the scene where dashi fish were caught.

7First, make small loaves of bread for me with it, and bring them to me. Then make it for you and your son.The widower went and did as Elijah had said.As the Lord had said through Elijah, the powder in the jars did not run out and the oil in the bottles did not run out. (1 Kings 17.13-16)

8Elisabeth was filled with the Holy Spirit and cried aloud, saying, "Blessed are you among women, for you will be with us forever.Happy indeed is he who

has believed that what he has been told by the Lord will be fulfilled." (Luke 1.41-45)

The LORD said to Moses, "I have heard the complaints of the Israelites. Tell them, 'You eat meat in the evening, and in the morning you eat bread to your heart's content. You will know that I am the Lord your God.' " In the evening the quail flew and covered the camp, and in the morning there was dew around the camp. ...When the children of Israel saw this, they said to each other, "What is this?"Moses said to them, "This is the bread the Lord has given you to eat." (Exodus 16.11-15)

9Maria sat at the Lord's feet and listened to His story.The Lord replied, "Martha, Martha, you have been preoccupied with many things, and you have been careful. But there is only one thing that is necessary. Mary chose the better of the two." (Luke 10.39-42)

10Today, if you hear the voice of God, do not harden your hearts. Like when he disobeyed God on the day of his trial in the wilderness. (Hebrews 3.7-8)

To the stubborn and obstinate Israelites, he said, "Do not let your hearts be hard and stubborn, as when you were in Meribah in Massah in the wilderness., in Massah in the wilderness." (Psalms 95, 8) The people stubbornly asked for water, and Moses was helpless, and when he prayed to God, he was given water.

In life, we encounter countless trials and yuwaku temptations. Each time, we listen to and obey the Word of God.

¹¹The word of my mouth will do what I desire, and will not return to me in vain without accomplishing the mission I have entrusted to it. (Isaiah 55.11)

The word of the Lord came to him, "He shall not succeed you. He who is born of you will succeed you." The Lord took him outside and said to him, "Look to the heavens. If you can count the stars, count them. And He said to him, "Your descendants will be like that." Abram believed in the Lord. (Genesis 15.4-6)

"All the nations of the earth will be blessed through your descendants, for you have obeyed my voice." (Gen-

esis 22.18) All the baptized will be descendants of Abraham.

[Hymn]



Fukuoka Jyotoubashi Church

8 God's Kingdom

¹Our citizenship is in heaven. (Philippians 3:20) Heaven is my throne, and the earth is my footstool. (Acts 7:49)

²"The kingdom of heaven is also like a merchant who seeks a good pearl. When he finds one pearl of great price, he sells all that he has and buys it." "It is like a net that is thrown into the sea and catches all kinds of fish, and when the net is full, the people pull it ashore, and sit down and gather the good into a bowl and throw out the bad. It will be like this at the end of the age." (Matthew 13:45-49) .

He also said, "The Kingdom of God is like a man sowing seed in the earth. While the sower sleeps and wakes night and day, the seed sprouts and grows. But the person who sows the seed does not know how it happens. The earth works by itself, first the seedling, then the ear, and then the ear produces abundant fruit. When the fruit ripens, the sower immediately puts in the sickle. For the time has come to reap." (Mark 4.26-29)

³Jesus answered, "I tell you well. Unless one is born of baptismal water and the Spirit, You cannot enter the God's country." (John 3.5)

By receiving baptism, you get a ticket for a regular train ticket to heaven. To make this an express ticket.

⁴Jesus said, "I am the way, the truth and the life. No one can come to the Father except through me." (John 14.6)

The only way to get to the Heavenly Father was through the path Jesus had prepared for him, "I am the gate. If the one goes through me and enters, the one will be saved." (John 10.9)

"Enter through the narrow gate. The gate that leads to destruction is wide, and the way is broad, and many who enter through it. But how narrow is the gate that leads to life, and how narrow is its path. And few people find it" (Matthew 7.13-14)

We search for this to know the truth or truth, but few people find it when they are obsessed or delusional.

5I tell you well. Unless you accept the kingdom of God like a child, you will never enter it. (Mark 10.15)

6Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven. Only those who do the will of the Father in heaven will enter. (Matthew 7.21)

"If your righteousness is not greater than that of the scribes and Pharisees, you will never enter the kingdom of heaven" (Matthew 5.20)

It is like heaven where God and man are united and bound together.

7The Kingdom of God is not about eating and drinking, but righteousness, peace, and joy given by the Holy Spirit. (Romans 14.17)

With baptism, the Holy Spirit is poured out on us, and peace and joy come where we forgive and care for one another.

8The Kingdom of God does not come in a tangible form. Nor is it something you can say, 'Look, here' or

'there. The Kingdom of God is indeed among you.

(Luke 17.20-21)

The Kingdom of God is where those who are facing each other are caring and understanding each other.

[Hymn]

9 Salvation

¹Genealogy of Jesus Christ, Son of Abraham, Son of David. (Matthew 1.1)

From this genealogy, God's saving work from Abraham to the birth of Jesus was renewed.

"I will make you a great nation. I will bless you and exalt your name. You are the foundation of blessing. I will bless those who bless you and curse those who curse you. Through you all peoples of the earth will be blessed." (Genesis 12.2-3)

²That Christ died for our sins as it is written in the Scriptures, that He was buried with the Holy Spirit, and that He rose again on the third day as it is written in the Scriptures. (1 Corinthians 15.3-4)

³God so loved the world that He gave His only begotten Son. For no one who believes in the only begotten Son shall perish, but shall have eternal life. (John 3.16)

4Eternal life is to know You, the only true God, and to know Jesus Christ whom You have sent. (John 17.3)

5God wants everyone to be saved and to come to a deeper understanding of the truth. There is only one God. The mediator between God and man is also a man, Christ Jesus, alone. (1 Timothy 2.4-5)

There is no God except me. There is no other God of justice, no one to save but me. All ends of the earth, turn to me. then you will be saved. (Isaiah 45.21-22)

6For if you declare with your mouth that Jesus is Lord, and believe in your heart that God raised Him from the dead, you will be saved. (Romans 10.9)

7By believing in Him who raised our Lord Jesus Christ from the dead, we shall be counted worthy of our justification. Jesus was handed over to death for our sins and resurrected to make us righteous. (Romans 4.24-25)

8I am not ashamed of the gospel. For the gospel is the power of God to bring salvation to the Jews and to the Greeks as well as to all who believe. (Romans 1.16)

In the name of the Lord I rejoice greatly, and in the name of our God my heart is glad. Truly, the Lord has clothed me with the robe of salvation and put on the mantle of righteousness. Let the bridegroom adorn himself with crowns of glory and the bride with jewels. (Isaiah 61.10)

[Hymn]

10 Valuable things

¹Choose My teachings over silver. Choose knowledge rather than pure gold. Wisdom is greater than coral, and nothing desirable can compare with it. (Proverbs 8.10-11)

If wealth is a desirable treasure in life, what wealth is better than all-powerful wisdom in all things?

If wisdom creates things, then what creator among all things is greater than wisdom? If one loves righteousness, then the fruit of the work of wisdom is virtue. Wisdom teaches temperance, wisdom, justice, and rigidity. Nothing in life is more beneficial to man than these. And if one wishes to gain a broad experience, wisdom is the key to knowing the past, to guessing the future, to understanding the falsities of language, to solving riddles, to foreseeing signs and wonders, the seasons and the changing times. (Wisdom 8.5-8)

²Wisdom cannot be obtained with pure gold, nor can its value be measured with silver. (Job 28.15)

When I asked my acquaintance about his religion, he replied, "I am not religious." or "I am an atheist."

Is this really the case? On New Year's Day, they go to Hatsumoude and say that it is a Yakudoshi bad year, and many people seem to be religious of money believers. With money, we feel secure; without money, we feel anxious.

³I esteemed wisdom more precious than a scepter or a throne, and thought that riches were nothing compared to it. (Wisdom 7.8)

The wisdom and knowledge of the Lord are the most precious, sweet, and profitable things a man can acquire, and they enlarge his own vessel.

⁴All the treasures of wisdom and knowledge are hidden in this Christ. (Colossians 2.3)

Wisdom from above is first of all pure, then peaceful, tolerant, and warm, full of mercy and good fruits, without prejudice, and without falsehood. (James 3.17)

5I determined in my heart to put into practice what I had learned, and I diligently did good works. So I shall be put to shame. I will never be ashamed. (Sirach, 51.18)

If you want wisdom, follow the code. The Lord will give it to you sparingly. (Sira. 1.26)

6He that is wise, let him not boast in his wisdom. He who is powerful should not boast of his power. Let not the rich man boast of his riches. (Jeremiah 9.22)

7God said unto him, "Because thou hast thus asked, and hast not asked for thyself long life, nor for riches, nor for the life of thine enemy, but for the power of judgment to judge justly, behold, I will do as thou hast asked. Behold, I will give you a wise and wise and wise heart. There shall be no man before thee, neither shall there be one after thee." (Kings 3.11-12)

King Solomon asks God for wisdom, God hears this prayer, and the Solomonic dynasty begins.

The queen of Sheba visited the king's palace with gold, jewels, and perfumes as souvenirs to learn of

King Solomon's wisdom.

King Solomon ruled that one child had two mothers.

8Fear of the Lord is the beginning of wisdom. All who do so will attain enlightenment. (Psalm 111.10)

The fear of the Lord is the fountain of life. By doing this, one escapes the death trap. (Proverbs 14.27)

My Father taught me and said, "Hold fast my words in your heart and keep my commands, and you will live. Gain wisdom. Gain wisdom. Remember the words of my mouth. Do not stray from them. Do not abandon wisdom. It will protect you. Love wisdom. It will preserve you." (Proverbs 4.4-6)

9He who fears the Lord will fulfill the end, and he will be blessed at the coming of Rinju. (Syllabus 1.13)

Fear of the Lord and an honest heart will make you strong, righteous, and wise, and you will gain wisdom by being able to perceive the world objectively and becoming a ^{YUUZUUMUGE} 融通無碍.

^{YUUZUUMUGE} "融通無碍" means the state of being free and un-

restricted by anything.

The story of the great reverence for God in modern society is described in MyBible V Special Project: "Knowing God through the Body" and "Scientists Who Met God".

¹⁰Finally, to summarize all that we have already heard, it goes like this. Fear God and keep his laws. It is what every human being should do. (Kohleth 12.13)

¹¹The fear of the Lord is to hate evil. I hate the proud, the haughty, the evil way, the twisted mouth. (Proverbs 8.13)

A person who is arrogant or conceited will never be praised for his abilities or highly valued for his possessions, and he will not be able to make others feel good about themselves. They seem to feel uncomfortable when they have the same thing as the minute.

¹²Wealth and power attract the heart. But above all of these is the fear of the Lord. With the fear of the Lord, there is not one thing that is lacking. With this, you no longer need to ask for help. The fear of the Lord is

like a paradise full of blessings and a protection that surpasses any honor. (Sirach 40.26-27)

¹³Abraham reached out his hand, took a knife, and was about to slaughter his son. At that moment, an angel of the Lord called out from heaven, "Abraham, Abraham." When Abraham answered, "Yes," the angel said, "Do not lay a hand on the child. Do nothing. Now I know that you fear God and will not spare your son, even your only son, for my sake." Abraham lifted his eyes and saw a ram with its horns caught in a thicket. Abraham went and seized it and offered it as a burnt offering on behalf of his son.

(Genesis 22.10-13) Adonai Ele

God said to Abraham, "Your descendants shall be as the stars of the sky and as the sand on the beach." But God tells Abraham to offer Isaac as a burnt offering. In this scene, God-fearing Abraham offers Isaac as a burnt offering in accordance with this word.

¹⁴I love those who love me. He who diligently searches for Me will find Me. Wealth and honor are with me.

With me are treasures and prosperity, which shall never perish. (Proverbs 8.17-18)

When ^{※ 1} I look back over all my labors and the fruits of my toil, the whole thing was empty and amounted to chasing after the wind. There was nothing useful under the sun. (Koheler 2.11) ※ 1. The great and wealthy

15 It was good for me to be despised, that I might learn your law. The teachings you have spoken have been good to me, better than thousands of gold and silver.

(Psalms 119.71-72)

16 I consider it all loss because of the excellency of how wonderful it is to know Christ Jesus our. I have lost everything because of this Christ. However, I believe that those things and others were nothing more than scraps. (Philippians 3.8)

Knowing Jesus has transformed my previous values.

[Hymn]

11 True Happiness

GENNSEKOUJYU
 "現生幸就" The Lord describes this way of walking so that true happiness may be fulfilled in our lives in this world.

1 What is true happiness?

- (1) Although people are stricken with anxiety and fear about death and the afterlife, by being baptized, one obtains a ticket to heaven and is able to enter the kingdom of God. Eternal life will be given to them, and they will be free from anxiety and fear of this.
- (2) In this life, the desire to achieve one's ^{※ 1} desires is changed, and through repentance, the thought is shifted from other-blame to self-reproach. The Christian will be led to become an autonomous person, and practicing Love Leads to a Life Blessed by the Lord.

※ 1. appetite, desire for honor, desire for wealth, color greed, desire to sleep,
 and desire to possess.

Who rejoices in the teachings of the Lord and hums them day and night. He is a tree planted by the stream, when the time comes. The fruits will be in the field, and the leaves will not wilt, and all their work will flourish. (Psalms 1.2-3)

The Lord promised that by becoming a "mouth-piece" of His Word, all of his/her works will prosper when the time comes.

As the final destination in life, "Blessed are those who are invited to the betrothal feast of the Lamb."

(Revelation 19.9)

To the one who speaks the word of God.

- (1) Make a collection of words you have encountered so far, select words from chapters and verses that are easy to remember, say the words aloud, and then read them. By memorizing even chapter and verse, the Word of God will dwell in your heart.
- (2) Those who store the Word in their hearts will have their spiritual and faith depths increased.
- (3) Understanding of the Bible, spiritual and faith

experiences will be enriched, and testimonies will be spoken. Pastor Hiroshi Seo instructed the congregation to practice (1) through (3) .

2Because the Lord was with Joseph, all that he did went well. ……He was able to do what he did because the Lord was with him and whatever he did, the Lord made it succeed. (Genesis 39.2, 23)

When we come to realize that the Lord is with us, He will measure everything well.

3For you know the mercy of our Lord Jesus Christ. It is a mercy that the Lord was rich but first became poor for your sake. He wanted to make you rich by His poverty. (2 Corinthians 8.9)

^{J I H I}
"慈悲: Mercy" Removes suffering and hardship,
gives happiness. ^{A I N O J I S H E N}
"愛の實踐: Practice of love" Do
what makes your neighbor happy.

4There is a season for everything under heaven, and a time for every activity. There is a time for birth. And

there is a time to die. What benefit does a person gain by toiling and working? I have seen the hard work that God has given the children of men to toil. God has made all things in their due time. He also bestowed on the hearts of men the thought of eternity. But man cannot perceive the deeds of God from beginning to end. I know. There is nothing happier than living happily while one lives. (Koheloth 3.1-12)

The Lord has a plan for every event, and treasures of valuable wisdom and knowledge are already in place.

2 How to walk toward happiness?

1) Blessed life by the Lord = connected to the Lord by the Holy Spirit + practice of the Word in imitation of Jesus + ^{INGAEKIYOU}因果益成.

(1) Every good tree bears good fruit, and every bad tree bears bad fruit. (Matthew 7.17)

^{INGAOUHOU}"因果応報" From the direct causes of the individual, good deeds will have good results, and bad deeds will have bad results.

- (2) While sowing, some seeds fell by the wayside. It was trampled and the birds of the air pecked at it. Other seeds fell on rocks. It grew, but withered due to lack of water. Other seeds fell among the thorns. Before long, the thorns also grew together and covered it. Other seeds fell on good soil. It eventually grew and bore fruit a hundred-fold. (Luke 8:5-8)

Fruitful life = combination of indirect factors

(others and other factors) + direct factors

INGAEKIJYOU

"因果益成" Even when bad deeds result in bad consequences, "The Lord makes all things profitable" (Romans 8:28) "What I am doing you do not know now, but later you will know."

(John 13.7)

- (3) If you abide in me, and my words abide in you, wish for whatever you desire. Then it will come true. (John 15.7)

Wishes come true = Connecting with the Lord and the Holy Spirit + Practicing the Word of God in imitation of Jesus (heart, words, actions, prayer) .

2) Faith begins with listening. (Romans 10.17)

On Sundays, they go to church, listen to the
Word and sermons, and work out their faith.

[Hymn]



Lighthouse Lady Trappist Abbey

12 Praise

¹Write it down for the generations to come, and let the people of the new creation praise the Lord. (Psalms 102.19)

Hallelujah. Praise, servants of the Lord. Praise His name. (⁴ Psalm 113.1) The beginning of the prayer begins with "Praise the name of the Lord."

²I will lean on God and praise His Word. We lean on the Lord and praise His Word. (Psalms 56.11)

At the Trappistine Monastery in Hokkaido, when they wake up, they say, "Open my lips. Let us proclaim your praise and honor from my mouth." The day begins with this praise. (Psalms 51.17)

³My soul is full, my lips sing for joy, and my mouth praises you, as when I received your hospitality. (Psalms 63.6)

⁴And I will praise the LORD as long as I live, and sing praises to my God as long as I live. (Psalms 146.2)

May the name of the Lord be praised from the rising of the sun to the setting of the sun.

[Hymn]



Catholic Katase Church

13 Obedience

¹Although Christ was the body of God, He did not try to adhere to His divine nature, but rather He became a servant and a servant-maker, just like human beings. Rather, he made himself empty and became a servant, becoming like a human being. His form was truly human, and he became a humble obedient unto death, even death on the cross. (Philippians 2.6-8)

Jesus was obedient to God and is still revered as the Savior of the world.

²Mary answered, "I am the Lord's handmaid. May it be done to me according to your word." (Luke 1.38)

There was Mary's words "You shall conceive the Son of God.", when the Archangel Gabriel told her.

³Come unto me, all ye that labour and are heavy laden, and I will give you rest. Let's give it a rest. For my heart is meek and my soul is humble; therefore accept

my yoke and learn of me. Then you will find rest for your souls. (Matthew 11.28-29)

The yoke is a tool used to connect two cows, which allows them to move left and right, forward and backward, and stop at the same time, which is useful for farm work. If one side says yes, you can match this motion.

⁴"God opposes the proud and gives grace to the humble" Therefore, obey God and confront the devil. If you do, the devil will flee from you. (James 4.6-7)

[Hymn]



Torikai Baptist Church

14 Humility

1 When thou doest alms, thou shalt not make known to thy left hand what thy right hand doeth: for thy right hand shall not know what thy left hand doeth. This is to keep your charity hidden. Then your Father, who sees what is hidden, will reward you. (Matthew 6.3-4)

When acting in public, the Lord wants to make sure that what you are doing is not noticeable to others. The Lord already knows this thought.

INTOKUYOUHOU
 "陰德陽報" Good deeds done in secret are rewarded in the sunlight.

"It is better to give with righteousness than to be rich with iniquity. Giving alms is better than saving money. Almsgiving saves people from death and cleanses them from all sin. Those who give alms will enjoy a long life. But he who commits sin and iniquity is the enemy of his own soul." (Tobit 12.8-10)

One cannot live alone; one is supported and taken care of by someone else. What's hard for people is to think that you are not needed in this world. In order

not to have this feeling again, I will now make my best effort. It is our turn to give back, and we will act accordingly. However, there are times when this desire does not reach the other party.

²"He who boasts of his pride, let him boast in the Lord." It is not those who sell themselves who are accepted, but those whom the Lord recommends to us.

(2 Corinthians 10.17-18)

³You have been told what is good and what the Lord requires of you. This is to do justice, to love mercy, to walk humbly with God. (Micah 6.8)

When Mr. Yozo Takeuchi (Chairman of the Building Committee of Ginza Church of Christ in Japan) was invited by a food company to there, the Word given. Walking according to this Word, the initial goal was achieved.

⁴Don't overestimate yourself beyond what you think you deserve, but evaluate yourself according to the degree of faith God has given each of you and estimate moderately. (Romans 12.3)

5Young people, follow the elders. And let all of you develop the virtue of mutual humility. It is because "God opposes the proud and gives grace to the humble". (1

Peter 5.5)

6Everyone who exalts himself will be brought down, and whoever humbles himself will be lifted up. (Luke 18.14)

Step back, yield the way, and be honestly happy with what you are given.

7When you have done all that you were commanded, say this: "We are insignificant servants. We have only done what we ought to have done." (Luke 17.10)

If you are asked to do a job, service, etc., do what is right for you, and the Lord's name will be exalted. When I have done this, "I am but a speck of dust." (Genesis 18.27) I have done only what I ought to have done.

[Hymn]

15 Miracles

Jesus was born in a poor stable and laid in a manger tub. He then walked as a member of the Holy Family. At the age of 30, he began his missionary work. The first miracle was at the wedding in Cana of Galilee, where He turned water into wine.

In his missionary work, he brought joy and comfort to the living, eating and drinking heavily with those who were in pain and sorrow, those living in the depths, tax collectors and those who were despised. Jesus made me feel relieved and happy. The miracles that Jesus performed were truly works of God.

Jesus' three-and-a-half years of missionary work was opposed by the scribes and others, and Jesus died by crucifixion, and he rescured after three days. After that, "He took His place at the right hand of the Most High." (Hebrews 1.3)

When the wine is gone, the mother said to Jesus, "We have no wine."Jesus told the waiters, "Fill the jugs full of water." They filled the water jars to the rim

with water. When Jesus said, "Now, take it and take it and bring it to the steward of the banquet." they took it. The caretaker tasted the water that had turned into wine. ·····Jesus performed in Cana of Galilee as the first sign and revealed His glory. And the disciples believed in Jesus. (John 2.3-11) ※ 1. Miracle

2He took five loaves of bread and two fish, looked up to heaven, offered praise, broke the loaves, and gave it to his disciples. The disciples distributed them to the crowd. ·····The number of people who ate was about 5,000, excluding women and children.

(Matthew 14.19-21)

When the leftover crumbs were collected, 12 baskets were filled.

3Jesus was sleeping on a pillow in the stern. The disciples woke Jesus up and said, "Teacher, do you mind if we drown and die?" Jesus arose and rebuked the wind and said to the lake, "Be silent and be still." Then the wind died down and it became calm. (Mark 4.38-39)

When a violent gust of wind came up and the ship was about to sink, Jesus rebuked the storm and calmed the waters of Lake.

⁴"I say unto thee. Get up. Take your bed and go home." The person immediately got up, took his bed, and left as everyone watched. Then all the people marveled at Kyotan and praised God, saying, "We have never seen anything like this before." (Mark 2.11-12)

Four men came carrying a man with a gale of wind, but they could not bring him to Jesus because of the crowd, so they cut the roof. The sick person is then lowered to the floor where he or she is lying. There was the scene where Jesus tells the sick man to get up and go home, and the sick man gets up and walks away.

⁵Jesus cried out with a loud voice, "Lazarus, come out." Then the dead person came out with his hands and feet wrapped in cloth. His face was wrapped in a hand towel. Jesus said to the people, "Untie him Untie him and let him go." (John 11.43-44)

It has been about four days since Lazarus passed away. When Jesus shouted out, "Lazarus, come out," Lazarus, there was the scene where the "Mere Old Man" came back to life.

Jesus answered and said, "Return and tell John what you have seen and heard. The blind can see, the lame can walk, those with severe dermatological diseases can be cleansed, and the deaf can hear. We hear, the dead are brought back to life, and the poor are proclaimed the gospel." (Matthew 11.4-5)

"There are many more what Jesus did. If each one were written down, even the world would not be able to contain the written book." (John 21.25)

Name the child Jesus. For this child will save his people from their sins. (Matthew 1.21)

"The name represents the body." Jesus, God saves. Christ is the anointed one.

[Hymn]

16 Thanks

1 Thank the Lord, He is gracious. The Lord's everlasting mercy is eternal.

Thank God for the gods of the gods. The Lord's mercy is eternal.

Give thanks to the Lord of the Lords for all things. The Lord's mercy is eternal.

The Lord alone performs great wondrous works. The Lord's mercy is eternal.

The Lord made the heavens with wisdom. The Lord's mercy is eternal.

The earth was spread out over the water. The Lord's mercy is eternal.

The Lord made a great shining one. The Lord's mercy is eternal.

The sun that rules the day. The Lord's mercy is eternal.

(Psalms 136.1-9)

What I learned from the Great East Japan Earthquake that occurred on March 11, 2011 was that the Lord had given us abundantly what we need to live,

but we took it for granted and forgot to be thankful. I took it for granted that the Lord was providing us abundantly with the things we need to live, and forgot to be thankful for them.

Mother returns to heaven at the age of 88. For several years before returning home, he was unable to see, hear, speak, eat (Gastrostomy) , or move. I learned from my mother about health, gratitude after meals, and the fact that death is coming for me, too. I wake up and offer thanksgiving for the new day right then and there.

I had vitreoretinal surgery in my right eye. When I got my hands on the surgically removed crystalline lens, I renewed my appreciation for the fact that I was born with such an elaborate and sophisticated lens.

²The Lord Jesus Christ transforms our wretched bodies by His power, which can even make all things subject to Himself, so that they become like His glorified body. (Philippians 3.21)

³Since you have received the Lord Christ Jesus, live in Christ. Root yourself in Christ, build yourself up, and

be firm in your faith, as you have been taught. And be overflowing with gratitude. (Colossians 2.6-7)

Let the word of Christ dwell in you richly. And use all wisdom, teach and counsel one another with psalms of grace, songs of praise, and spiritual songs, and sing heartily to God. When you do anything, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him. (Colossae 3.16-17)

The Tokyo 2020 Paralympics taught me not to lament what I have lost or what I don't have, but to be grateful for what I have been given and to do my best.

4Be joyful always. Pray continually. Be thankful for whatever you have. (1Thessalonians 5.16-18)

This word was given to me when I was invited by the sisters to participate in a meditation meeting.

When I ask myself if I am always rejoicing, always praying, and always being thankful for whatever the Lord has given to me, I realize that I have forgotten to appreciate the grace that the Lord has given me. The priest told

me to look back on my life and compose a psalm of thanksgiving, "Psalm 151," with about 24 verses.

By always rejoicing, our hearts are light and we can walk cheerfully.

It makes me happy when my family says, "That was delicious, thank you" for the homemade food I put my heart and soul into. When we explain our proposal, receive the order, finish the delivery, and receive a "thank you" from the customer, it is a moment when our efforts are rewarded.

Sincere actions and earnest efforts to please others will bring excitement, smiles, and moisture. People seem to have this ability naturally.

[Hymn]



Catholic Tsuruoka Church
Cathedral

17 Hope

1 There is hope for your future. (Jeremiah 31.17)

He has chosen us as "heirs of the things which He has promised." (Ephesians 1.11)

2 Light shines in the darkness. (John 1.5)

As the saying goes, "If winter comes, spring is far away," and after winter comes spring.

This Word of God says that even in the midst of severe trials, the light of hope is already shining within you.

3 Hope does not deceive us. (Romans 5.5)

4 Blessed are those who trust in the Lord and have their hope in Him. (Jeremiah 17.7)

5 Abraham believed in hope when he had no hope, and became "the father of many nations" as it was said, "Your descendants will be like that one."^{※1}

(Romans 4.18) ※1. The stars and the sand on the beach

Time is needed for hope to be realized, and Abraham waited for this with patience.

6Let us put on faith and love, and let us put on the helmet of the hope of salvation. (1 Thessalonians 5.8)

St. Paul spoke these words and sent his disciples out to the mission field.

7Even hardship is a source of pride. Hardship begets patience, patience begets virtue refined by trials, and that virtue begets hope. I know that I will get it out.

(Romans 5.3-4)

It must be through Jesus' mercy that He leads us from suffering to hope. Jesus received every person. With a heart of kindness, compassion, and mercy, they bring enjoyment and joy to others and take away suffering.

8Visible hope is not desire. Who would want something tangible? We wait patiently for the unseen because we desire it. (Romans 8.24-25)

Keep the fire of hope lit in our hearts and wait with faith for the day the Lord will bring it to fruition.

9 If there is iniquity in thy hand, turn it away, and let not evil dwell in thy tent, thou shalt surely lift up thy face without shame; thou shalt stand firm, and shalt not be afraid. Then you will forget your troubles and think of them as water that has flowed away. And your life will be brighter than midday, and dusk and darkness will be like the morning. Because you have hope, you will rest, be protected, and rest in peace. (Job 11.14-18)

10 For God, who is the source of hope, fills you with all the joy and peace of believing and overflows you with hope through the power of the Holy Spirit. (Romans 15.13)

11 I always saw the Lord before me. Because the Lord is at my right hand, I will not be upset. Therefore my heart was glad, and my tongue was full of joy. My body also shall rest in hope. (Acts 2.25-26)

12 Sow the seeds of justice for yourselves. Reap the fruits of love. Reclaim and cultivate new land. Now is the

time to seek the Lord. The Lord will come and pour out His justice on you. (Hosea 10.12)

¹³Write down the revelation. Write it clearly on the board so that it can be easily read by those who read it. This revelation is for the appointed time, proclaims the end times, and is not false. If you are late, wait for it. It will come. it will not be late. (Habakkuk 2.2-3)

¹⁴I aspire to each and every one of you to show the same zeal to the end for the full realization of that hope. It is because you will not be idle, but imitators of those who by faith and perseverance inherit the promises.

(Hebrews 6.11-12)

¹⁵Do not be reminded of what happened earlier. Do not dwell on what has gone before. Behold, I will do a new thing. Don't you people know that it is sprouting even now? I will make a way in the wilderness, and a river in the desert. (Isaiah 43.18-19)

[Hymn]

18 Teachings of the Lord

1 Jesus opened his mouth and taught them.

- (1) Blessed are those who know their poverty, the kingdom of heaven belongs to them.

These people are honest people who know themselves well.

- (2) Blessed are those who grieve. They are comforted and consoled.

Sorrow, lament, weep.Humble yourself before the Lord. Then the Lord will give you. (James 4.9-10)

- (3) Blessed are the meek, they will inherit the earth.

These people are considerate and kind to others.

- (4) Blessed are those who hunger and thirst for righteousness. Those people will be fulfilled.

These people actively practice what is right.

- (5) Blessed are the merciful. Those people will receive mercy.

These people not only harbor jihi benevolent feelings, but also practice them toward their neighbors.

- (6) Blessed are those with pure hearts. Those people see God.

These people are not front and center in what they say and do.

- (7) Blessed are those who bring peace. They are called the sons of God.

These people bring peace on a daily basis.

- (8) Blessed are those who are persecuted for their righteousness. The Kingdom of Heaven belongs to them.

These people follow the Lord's will to the end, even when they encounter persecution and trials.

For my sake men shall revile you, and persecute you, and shall speak all manner of unjust and unjust evil against you. Blessed are you when you are showered with it. Be joyful and excited. For your reward in heaven is great. The prophets before you were persecuted in the same way. (Matthew 5.2-12)

This passage is known as the "Sermon on the Mount," and it is the center of the four Gospels where SHINPUKUHATTAN 真福八端 is discussed.

"Not he that heareth the law is righteous before God: but he that doeth the law is counted righteous."

(Romans 2.13) "He that heareth my words, and doeth them not, is like unto a foolish man that built his house

upon the sand." (Matthew 7.26) I say these words as "知行
GŌITSU
合一"

"知行合一" CHIKOUGOITSU
Putting into practice what you have
learned will help you acquire the knowledge you have
gained.

2 On the night He was handed over, the Lord Jesus took
bread, gave thanks, broke it, and said, "This is My
body, which is for you. Do this as a memorial to Me."
After the meal was over, the Lord did the same with
the cup, saying, "This cup is a new covenant in My
blood ^{※1} Whenever you drink it, do this as a memorial
to me." (1 Corinthians 11.23-25) ※1. Wine

This mystery is still performed in the Church to
commemorate the death and resurrection of the Lord
Jesus.

3 He who eats my flesh ^{※1} and drinks my blood ^{※2} will have
eternal life, and I will resurrect him on the last day.
(John 6.54) ※1. bread ※2. wine

My flesh is bread, and my blood is wine.

⁴Be imitators of me. (1 Corinthians 4.16)

To follow Jesus.

- (1) Mind "Guard your heart with vigilance. From it springs the fountain of life." (Proverbs 4.23)
- (2) Words "In the Word was life." (John 1.4)
- (3) Action "By your deeds you will be happy." (James 1.25)
- (4) Prayer "If you believe and pray, all that you ask will be fulfilled." (Matthew 21.22)

The Lord already knows what your heart, words, actions, and prayers should be, and you must put them into practice according to His Word. and will become an "autonomous person," the original form in which the Lord created man, and will know the salvation of the Lord.

⁵Return the debtor's collateral without oppressing the debtor under good pressure. Give bread to the hungry and clothes to the naked, and do not rob. They do not deduct interest, they do not charge high interest rates, they do not engage in fraud, and they judge people who have pending disputes correctly in the midst of a dispute. Obey my laws and be faithful to my statutes.

Such a person is the righteous person and gains life.

(Ezekiel 18.7-9)

6Solomon's Proverbs. This is to know wisdom, to give education, to know the language of enlightenment deeply, and to acquire justice, fairness, and impartiality through shiryoshobudan (thoughtful education) . (Proverbs 1.1-3)

The wisdom of this world is foolishness before God.

(1 Corinthians 3.19)

The president of a major food company advises me to "read the Proverbs of Shin Gen carefully." The chairman of a major sporting goods company reads Psalms and Proverbs daily.

7God is able to make the sons of Abraham even from these stones. The axe is already placed at the base of the tree. Therefore, every tree that does not bear good fruit is cut down and thrown into the fire. (Luke 3.8-9)

8Modify the imperfections. Encourage each other. Unite your thoughts. Live in harmony. Then God, the source of love and peace, will be with you. (2 Corinthians 13.11)

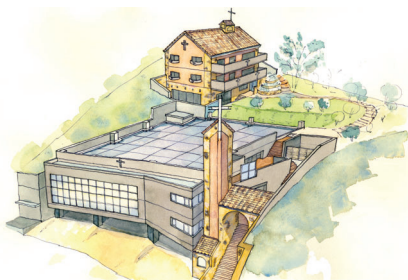
9If one part of the body suffers, all the parts suffer together; if one part is praised, all the parts rejoice together. Now, you are the body of Christ, and each of you is a part of it. (1 Corinthians 12.26-27)

Since those whom the Lord has created, though born in different places, think differently, and speak different languages, walk the path of understanding each other and making use of the gifts of the God-given gifts, "Let all things be one." (John 17.21) , and by asking the Lord to do so, we move toward unity in diversity.

10Jesus cried out, saying, "He who believes in me, believes in him who sent me, and he will believe in him who sent me. And he who sees me sees Him who sent me. I came as the light to the world.....If anyone hears my words and does not keep them, I will not judge him.The purpose is to save the world. He who rejects Me and does not accept My words, there is one who will judge him.....We know that the Father's command is eternal life. So what I say is what the Father has told me to say." (John 12.44-50)

"I say to you well and truly. He who believes has eternal life. I am the bread of life……his is the bread that came down from heaven, and he who eats it shall not die."……Jesus said to them, "I say to you well and truly, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day." (John 6.47-54) Baptism gives us bread, wine, and blood.

[Hymn]



Shiboku Jesus Christ Church

19 Trials and Perseverance

¹"My son, do not despise the training of the Lord. When the LORD reproveth you, do not lose strength. He trains whom He loves and whips all whom He accepts as His children." You shall endure this as a discipline. God is treating you as His children. What child would not be trained by his father? If you do not receive the training that all children receive, then you are bastards and not legitimate children. (Hebrews 12.5-8)

²My child, do not underestimate the Lord's education. Don't neglect that chastisement. (Proverbs 3.11)

There are proverbs and sayings such as "Let a pretty child travel" and "Shishi shishi no kotoshi" ("Let a lion cub fall") . By clearing the trials, the heart becomes polished, strong, and humble. Trials from the Lord will follow us until we graduate from this.

³Not a single one of the trials that have afflicted you has been unbearable to man. God is worthy of trust.

He will not put you through an unbearable trial, but will prepare a way out of the trial so that you can endure it. (1 Corinthians 10.13)

I encountered this word in the testimony of Mr. Youzou Takeuchi at the Breakfast Prayer Meeting. I never knew there was such a Word of God! Salvation! Thank God! I cried out in my heart.

The trials that the Lord gives us are all the usual things of this world. No ordeal is unbearable, and there is already a solution provided.

When you encounter trials, do not hate them, do not envy them, do not give up on them, and I pray, "Please increase your strength to endure me, and guide me quickly to the way of escape."

No life is as you want it to be, and you will encounter many trials because "God has made man righteous, but man has sought after various wiles and tricks." (Ecc. 7.29)

The world is painful and unbearable to the point of thinning my body, but I can't fly anywhere. because it's not a bird.

Okura Yamanoueno

⁴Correct your minds, persevere, and do not panic in times of tribulation. Lean on the Lord and don't leave. Then you will end your life in hanei prosperity.

(Syllabus 2.2-3)

Adversity is a gift from God. Do not panic. "God is my rock, my salvation, my stronghold. I shall not be shaken." (Psalm 62.3)

⁵When you go through trials, consider them as your greatest joy. As you know, the testing of faith produces perseverance. Let firmness bear full fruit. Then you will be perfect, complete, and lacking in nothing.

(James 1.2-4)

The parents' desire to save the child, even though they know it is hopeless and impossible, is still a mercy. At the moment when reality is about to come to an end, the wisdom of "what is life?" seems to sprout.

When people are driven, their ingenuity and wisdom are activated in their way of life, and a mysterious creative power to create something springs forth. This power seems to be embedded deep in our hearts and

minds, and this is also the force behind the creation of new products.

6He who fears the LORD will not suffer misfortune. Even if they encounter trials, they are rescued each time. (Sirach, 33.1)

7It is right with God to reward those who afflict you with suffering, and those who are afflicted with peace with us. (2 Thessalonians 1.6-7)

8God comforts us in all our tribulations. Therefore, we, too, can comfort those who are in all kinds of suffering by the comfort we receive from God. (2 Corinthians 1.4)

He is able to help those who are going through trials because he Himself suffered through them. (Hebrews 2.18) Jesus encountered many trials and sufferings as he walked through the world.

By facing the problems and sorrows of others and thinking about how we can be happy together. This will further enhance compassion. Experiencing trials helps us to understand the anguish and pain of others.

9Even if you have to suffer through various trials for a while now, rejoice with all your heart. This is so that when Jesus Christ appears, his trials will be transformed into praise, glory, and praise-honor. Your faith, which has gone through trials, is far more precious than gold, which is refined by fire and destroyed.

(1 Pet. 1.6-7)

Because the Lord accepts all people, affliction produces patience, patience produces virtue, and virtue eventually produces hope.

10Our temporary, light suffering will bring us unimaginable, eternal, weighty glory. We are not looking at what we can see, but at what we cannot see. The "visible" is for this generation only, but the "invisible" is for eternity. (2 Corinthians 4.17-18)

The present trials, "I consider that our present sufferings are insignificant compared with the glory that is to be revealed to us in the future." (Romans 8.18) Trials, hardships, sickness, and afflictions can also be a cleansing of sin.

11 "I will surely fill you with blessings and multiply your descendants greatly," he said. Thus, after patiently waiting, Abraham saw the fulfillment of this promise.

(Hebrews 6.14-15)

If you want to obtain the gift of the Lord's gift, wait patiently.

"^{NINTAI}忍耐: Patience" is a hard heart that endures like a knife.

12 To those who endure and do good works, seeking glory, honor, and immortality, He gives eternal life; to those who are self-centered, disobedient to the truth, and follow unrighteousness, He pours out wrath and fierce anger. (Romans 2.7-8)

When people have fun, they are encouraged to work; when they are patient, they are disengaged from fun and pleasure, so they are matured.

13 He who slows his anger is rich in reason, and he who is quick-tempered increases in folly. (Proverbs 14.29)

A person's wise and prudent thoughtfulness slows down anger. (Proverbs 19.11)

NARANUKANNINSURUGAKANNIN

"ならぬ堪忍するが堪忍" The most important thing is to endure that which cannot be endured.

¹⁴He that endureth to the end shall be saved. (Matthew 24.13)

"The patient man will endure until his time comes. Then joy will come." (Silla 1.23) When we fall into trials and difficult situations, we may have a hard time because of our anguish and our inability to cope, but we never give up. "The patience of a godly man is not in vain." (Deut. 16.13) Joy comes through perseverance and endurance.

SHITAI SHIFU

"四耐四不" Endure coldness, endure hardship, endure troubles, endure quiet time, do not get angry, do not get carried away, do not fight, do not quarrel, do not obey whatever you are wanted. These makes what is important.

"It is only by overcoming many difficulties that one becomes a respectable person."

[Hymn]

20 Fear

¹Love has no fear. Perfect love shuts out fear. For with fear comes punishment, and those who fear are not whole in love. (1 John 4.18)

"God is love." (1 John 4.16) , and if we replace "love" with "God," we see that God is not working in us when we are fearful and frightened. The fear of failure ran through my head, and I was unable to make normal decisions, and I fell into a state of depression.

When anxiety about future life, health, pensions, etc. suddenly creeps into my mind from my peaceful daily life, I feel lighthearted thinking that I have managed so far and that I will be able to manage it in the future. If you are optimistic without grounds, you will regret it, so draw a clear image of "I want to be like this" and act. Now you have your ticket to the future.

²That which I feared most shall come upon me, and that which I was afraid of shall come upon me; and that which I was terrified of shall come upon me. (Job 3.25)

For some reason I thought about breaking my hand several times. It was one morning. When he runs down the stairs of the station so as not to miss the train, he misses the stairs and hits his left hand at the moment he hits his buttocks. Then, his pain was so intense that I began to sweat. When I was examined by an orthopedic surgeon, my left elbow had a compound fracture, and something I was worried about happened.

³Fear is nothing more than the abandonment of the help that comes from reason. (Book of Wisdom 17.12)

When he was single, he went to Yatsugatake. At the top of the mountain, we were attacked by terrible gas (fog) so bad that we could not even see our feet. When I thought about it, I felt like I was crashing down to the bottom of the valley far below. In order to move forward, there is a steep cliff about 80cm wide in front of it, and beyond that there is a rock about 20cm in diameter. As I paused to step over this rock and look at the foot of the mountain, fear overtook me, and I felt my body and mind slowly wither and harden.

It was a high-stakes gamble. "Let's step over this rock and move forward!" The next moment he made that decision, his right foot crossed over the rock. I open my eyes. "Oh my God, both legs are together!" At this moment, he raised his hands and shouted, "Wow! I'm saved!"

Whenever I remember this scene, "You are dead, and your life is hidden with Christ in God" (Colossians 3:3) Thanks to the Lord.

Wali (^{great-grandmother}) must have felt so sad when she lost her father to tuberculosis one after another when she was young. His father practices kendo in the morning and judo in the evening to keep fit. His kendo was Oishi Shinkage-ryu. The specialty of the school was the "thrust", and the teaching was that "Hell is hell under the raised sword. Step in, it's paradise."

When I am afraid or frightened, I don't stop and chant "Emmanuel, God is with us" and take a step forward with "^{MUGE}無碍".

"^{MUGE}無碍" means there is nothing to hinder.

⁴Fear leads one into a trap. But those who trust in the Lord are safe. (Proverbs 29.25)

When a person dies, "when he dies, he cannot take anything with him," including anything he acquired in this life. (Psalms 49.18)

"No one can be my disciple unless he abandons all his possessions." (Luke 14.33) Since he will return to heaven naked, the thought of "no possession," of owning nothing at all, will sprout in his mind. When we begin to believe that even our lives are not our own, we are freed from feeling fear and trepidation in our hearts, and we can enjoy them even in the midst of suffering.

⁵The Lord answered my request and rescued me from all fear. (Psalms 34.5)

Abraham Lincoln, the 16th President of the United States, is said to have recited this verse daily, tracing it with his finger.

We want to hear that we will not be frightened or intimidated by our adversaries in any case. This is a sign-sign of destruction for them, and at the same

time it is a sign-sign of your salvation. And this is by God. For you have been given the grace to suffer for Christ's sake. ·····and not just to believe in Him. (Philippians 1.28-29)

We must take care of our minds on a daily basis to prevent the growth of anxiety, fear, sadness, and anger.

6Obey and do all the statutes which my servant Moses commanded thee, and turn not to the right hand nor to the left. For you will succeed everywhere you go. Let not this book of the law depart from your mouth, but let all that is written be in your mouth day and night. Observe all that is written therein. Then your path will prosper and you will be successful. Have I not commanded you to be strong and mighty? Do not be afraid. Do not be discouraged. Wherever you go, the Lord your God will be with you. (Joshua 1.7-9)

I was at a crossroads in my life when my pastor gave me this word.

With this word given to him, he was given hope and courage and decided to change his job to Chiyoda Information Systems Co.,Ltd, quit his job at a city

bank, and still continues his journey of exodus to the land of Canaan.

7All who are gathered here will know that the Lord does not bring victory by sword or spear. Indeed, the battle is the Lord's battle. The Lord will deliver you into our hands. When that Philistine rose up and approached to confront David, David immediately ran to confront the Philistine. David put his hand in his sack and took out a stone, which he threw at the Philistine and shot him between the eyes. The stone dug into his brow and he fell flat on his face. Thus, David won the Philistine by a stone-thrower and a single stone, and struck him down and killed him, but he had no sword in his hand. (1 Samuel 17.47-50)

In the battle between the Israelite army and the Philistine army, David and Goliath (the strongest warrior in the Philistine army) fight in single combat, and the winner is the one who wins the battle. David, in his usual shepherd's garb and holding a stone thrower (two small sacks tied together with string), challenges Goliath. When the Philistine army saw this, they laughed.

A pitchfork is released from David's hand, and Goliath's forehead is entangled with it and he faints. David ran to Goliath. The sword is pulled from Goliath's waist and plunged into his chest. Then the Philistine army fled, and as the word had it, the Israelite army won a great victory.

8The Spirit of the Lord descended violently upon him, and the lasso that bound his arms became like flax yarn that burned in the fire, and fell from his hand. When Samson found the jawbone of a new ass, he reached out and grabbed it, striking a thousand with it. (Judges 15.14-15)

Samson then tells the woman the secret of his magical powers, and the hair on Samson's head is shaved off to make him a normal human being. Samson was captured by the Philistines, his eyes gouged out, shackled with bronze shackles, and powdered in a prison cell. Samson then prays to God and defeats the Philistines.

One cannot see the future, so one is delusional, frightened and troubled by this already. If only I could realize, "I'm worried about such a stupid thing!"

9Say to those who are anxious in heart, "Be strong and do not be afraid. Behold your God. Vengeance is coming, the retribution of God. He Himself will come and save you." (Isaiah 35.4)

Joseph said to them, "Do not be afraid. How can I replace God? You have devised evil against me, but God has turned it to good. He did it to save the lives of many people, just as He is doing today. Therefore, do not be afraid. I will provide for you and for your dependents." Thus, comforting them, Joseph spoke gently to them. (Genesis 50.19-21)

10Jesus said to his disciples, "Why are you so afraid? Have you no faith yet?" (Mark 4.40)

Jesus is the Son of God and has power over nature, yet the disciples did not believe this.

11The LORD is my helper; I will not be afraid. What can man do to me? (Hebrews 13.6)

Moses said to the people, "Do not be afraid. Stand firm and see the salvation that the LORD is working

for you today. ·····" And the Lord said to Moses, "Why do you cry out to me? Tell the children of Israel to go forward. Lift up your staff, stretch out your hand over the sea, and break the sea. Let the children of Israel go over the dry land in the midst of the sea. ·····I will avenge Pharaoh and all his chariots and horsemen, and I will show my glory. Through the glory that I have revealed in striking down Pharaoh and his chariots and his horsemen, the Egyptians will know that I am the Lord." (Exodus 14.13-18) Moses leads the Israelites across the Red Sea.

¹²God is our refuge, our strength, our constant help in time of trouble. Therefore, we do not fear. (Psalm 46.2-3)

¹³God is my rock, my salvation and my stronghold. I will not waver. (Psalm 62.3)

Due to the coronary disaster and the need to regulate human flow and take measures against infection, the distribution of all seven volumes of the MyBible series was switched from hand-delivery to free downloading from the website. This instantly made mis-

sionary work both domestically and abroad possible, and there was no need to be upset.

¹⁴The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life, whom I shall not fear. (Psalms 27.1)

He illuminates our paths, lights our hearts with the light of hope, and is a stronghold of life.

¹⁵I will tell you whom you should fear. Do not fear Him who has the authority to cast you into hell after He has killed you. (Luke 12.5)

All who declare themselves to be on my side before men, I also declare to be on my side before my Father who is in heaven. But whoever denies me before men, I also deny before my Father who is in heaven.

(Matthew 10.32-33)

Since the Lord holds the keys to the keys of death and the Yom Kippur, "He who believes in Me, though he may die, he shall live." (John 11.25)

A person's death seems to be the birth of another being, a pupa that sheds its shell and becomes a butterfly. A person casts off the body into this world, and the soul departs for eternal life, becoming a state of perfection, free from fear and anxiety.

While people are walking in the world, they are not necessarily living according to the Lord's will. It is said that this is the Rengoku Purgatory, and when the Reikon spirit is purified, it seems that you want to go to heaven as soon as possible, and the people and angels who loved you will come for you, and you will be with the person you love.

[Hymn]



New Creation Church

21 Thoughts and concerns

¹My thoughts are not your thoughts, and your ways are not my ways. (Isaiah 55.8)

“God knows your hearts. What is honored among the people is an abomination before God.” (Luke 16:15)

We may say in public that our opinion or his opinion is correct, but there is a great gap between God's thoughts and ours.

The Israelites had long awaited the birth of the Savior to destroy the Roman Empire and free them from the rule here. But the Savior was born in a poor stable, far from the luxurious Kyuden palace where the Israelites thought he would be born.

²God made man righteous, but man sought out various tricks. (Kohелеth 7.29)

When you take a step into something you have no experience with, you may be afraid that you may encounter something dangerous, so you may have to use

the brakes. However, I don't want to have regrets at the beginning of a new year by taking an optimistic approach. "The wise and prudent man sees a calamity and avoids it, but the ignorant man will go ahead of himself and be punished." (Proverbs 27.12) Assume the worst, and when you are ready, take the first step forward.

3Can I prolong my life even for a moment just because one of you is vexed? (Luke 12.25)

Musing about it does not solve the problem.

Every year, when the time comes, the plum trees in the garden bloom white flowers, reminding us of spring. If there is anxiety, fear, anguish, and sadness in the heart, no matter how much time passes, spring will not come to the heart.

As people grow older, they gain experience and wisdom, but they also experience distress and anxiety. Anxiety and Hardship makes the mind weary and passive. "Insecurity is a delusion that people have created without knowing it."

^{MOU}"妄" of ^{MOUSOU}"妄想" is something that is not actually

there, or something that is empty. "想"^{SOU} is thinking toward the subject.

"現実大肯定"^{GENJITSUDAIKOUTEI} Accept reality as it is, be thankful for what the Lord has given you, and cease to be delusional.

The etymology of the word "health" is "健体康心"^{KENTAIKOUSHIN}. It is a strong and healthy body. "康らか"^{YASURAKA} means a peaceful heart.

"身心一如"^{SHINSHINICHINYO} means the idea that the body and mind are one.

"病は気から"^{YAMAIHAKIKARA} The idea that body and mind are one and the same. The disease can be a disease, but it can also be a driving force to make dreams come true, depending on one's state of mind.

4Be anxious for nothing, but in everything pray and supplicate with thanksgiving, confiding to God what you desire. Then the peace of God, which surpasses all human understanding, will guard your hearts and thoughts as you are united to Christ Jesus. (Philippians 4.6-7)

Troubles and trivial issues that occur at work or in daily life can break down relationships, and feelings of

depression and depression can occur when things are difficult. As the saying goes, "覆水盆に返らず"^{FUKUSUIBONNIKAERAZU} which means that even if we worry, resent others, or regret our actions, we will never get back to where we were, but we will never forget to be thankful for today.

5 Jesus stared at the disciples and said, "This no man can do. But God can do anything." (Matthew 19.26)

There is nothing that God can't do, and he works with the belief that God is always with him.

6 Jesus said, "Are you saying if you can? He that believeth can do all things." (Mark 9.23)

Belief in God is a heart that thinks it is trusted by God.

I will erase the word "impossible". Engrave deeply into your heart that you will definitely achieve your goals! Never limit your power. To achieve our goals, we must cut out the loser's mindset and say, "Every competitor is temperate in everything he does. He does so in order to obtain a crown that will not decay, but we do so for a crown that will not decay." (1 Corinthians 9.25)

7 We know that all work together for the good of those who love God, those who have been called by Him according to His plan. (Romans 8.28)

The Lord or the Holy Spirit makes all things profitable for those who love Him. Therefore, we do not look back at the past, we forget our present hardships and failures, and we cease to be preoccupied and delusional about the future.

8 Lot's wife, who was behind her husband, turned around and became a pillar of salt. (Genesis 19.26)

It was the scene where Lot's wife turned around and became a pillar of salt. When they had taken Lot and the others out, one of them said, "Flee for your lives. Don't look back. Do not stay anywhere in the basin. Flee to the mountains lest you be destroyed."

(Genesis 19.17)

To look back on the past and avoid remorse and regrets

- (1) Immediately cut off thoughts of the past and restart the project.

- (2) If you can't seem to come to a conclusion after thinking about it, relax and say, "Well, that's okay."
- (3) Open up like an athlete, focus on what you can do now, and if you fail, start over.
- (4) It is impossible to correct the past and others. Corrections can be made about yourself and your future, and you can concentrate on your strengths for a thousand years.

9 Today is the day the Lord has made. Let us rejoice and enjoy this good day. (Psalms 118.24)

HIBIKOREKOUJITSU
 " 日々是好日 " I cherish today as it is given to me.

[Hymn]

10 Do not be troubled about tomorrow. Tomorrow's matters will be pondered by tomorrow. The hard work of the day is enough for that day. (Matthew 6.34)

If you think that tomorrow will come, you waste nothing. If you think that today is the end, you waste nothing. We cherish the day we have been given,

thank God for the blessings we have received at the end of the day, and go to bed the next day with our high-spirited thoughts.

^{ZENGOSAIDAN}
"前後際断" The past is forgotten, the future is not taken for granted, and the present is cherished.

^{SHOGYOMUJYOU}
"諸行無常" The world is always changing, and one never knows what will happen tomorrow.

11 Commit your burdens to the Lord. The Lord will sustain us. The Lord never allows the righteous to waver.

(Psalms 55.23)

St. Francis speaks these words when he sends his disciples on missionary work. It is said that he quietly hugged each of them and sent them off, just like a mother does to her children.

For some reason, seeing mountains calms me down. The mountain scenery changes its dress with the seasons, but nothing changes in essence. On the other hand, people change in some way as the months go by, but "Jesus Christ will never change, neither yesterday, nor today, nor forever." (Hebrews 13.8) Ask the Lord

to hear all your worries, clear your mind and clear your heart, and wait for His work to do the rest.

¹²Even the grass of the field, which today grows and tomorrow will be thrown into the furnace, God will dress it in this way. And even more so for you. O ye of little faith! Therefore, do not be troubled about "What shall I eat?", "What shall I drink?", and "What shall I wear?" (Matthew 6.30-31)

The birds of the sky and the lilies of the field live in peace even though they do not sow or spin. The Lord is mindful of even these small lives. And they will never abandon us or forsake us.

Suppose you sow a flower seed. Cover this with soil and water. One cannot do anything until the buds appear, and only God can do that. People water, sun, and care for the flowers so that they will bloom, but the color, shape, and size of the flowers are left up to God. "Consider how the lilies of the field grow." (Matthew 6.28)

¹³Listen to me, all of you, and be enlightened. (Mark 7.14)

Some hear the Word and accept it, and some bear fruit thirtyfold, some sixtyfold, and some a hundredfold. (Mark 4:20)

[Hymn]



Himonya Catholic Church (Salesians)

22 Sadness

¹You will grieve, but your grief will be transformed into joy. When a woman gives birth to a child, she suffers. For my time has come. However, when a child is born, the joy of a person's birth into the world causes them to no longer remember the pain of childbirth. (John 16.20-21)

"Sorrow brings death, and sorrow of heart discourages strength.....Do not give your heart to sorrow, but think of the end of life and drive it away." (Sira 38.18-20) By doing the things we have experienced, the things we have enjoyed, and the sports we are interested in, "the sorrow will turn to joy." (John 16.20) To put an end to sorrow, shout loudly and squeeze out your tears until they dry up.

²Grief in accord with God's will produces repentance that leads to salvation with no need for repentance, whereas worldly grief leads to death. (2 Corinthians 7.10)

³As with any training, at the time it seems painful rather than enjoyable, but later this training brings the fruit of peace, righteousness, to those who have been trained by it. (Hebrews 12.11)

Athletes competing in the Olympic and Paralympic Games are the only ones in the world who can win a medal by engaging in rigorous daily practice. Faith to overcome grief also requires discipline.

⁴Today is a holy day dedicated to our Lord. Do not be sad. Rejoicing and celebrating the Lord is what it's all about. It is in your power. (Nehemiah 8.10)

When the Israelites are released from Babylonian captivity and return to their homeland, the palace is in ruins and the people are saddened. But Nehemiah tells us that we need to work on what pleases the Lord now. The temple and walls were rebuilt.

⁵He who sows in tears will reap in joy. He who goes out weeping, carrying his seed, will return rejoicing, carrying his sheaf. (Psalms 126.5-6)

Life seems to repeat itself over and over again, with joys and sorrows.

The sorrow of the wise opens their eyes, but when there is pleasure for the foolish, it blinds their reason and they lack deliberation.

KURAKUICHINYO

"苦樂一如" Life is a cycle of suffering and pleasure.

6You are precious and valued in my sight. (Isaiah 43.4)

You are more precious to me than anyone else.

7For the God of old is a refuge, and the arm of all time is your support. (Deuteronomy 33.27)

The Lord's hand is placed on the back of the one lying on the sickbed, and a warm gaze is poured over him.

[Hymn]

23 Doubt hesitation

Jesus immediately reached out his hand and seized Peter, saying, "O man of little faith, why did you doubt?" (Matthew 14.31)

When Peter was walking to Jesus on the lake, he was almost drowned. It was the scene where he reached out to Peter.

Moses leads the Israelites on their journey to Exodus, but this people have doubts about God.

They try it out and say, "I am a good person. He said, 'Can God prepare a meal in the wilderness? God smites the rocks and makes the waters gush forth. He made the stream flow, but can he give bread? Let there be meat for his people.' When the Lord heard this, he was furious. Fire was kindled against Jacob, and wrath against Israel. Because they did not believe in God and did not rely on the power of salvation. God commanded the firmament above, and he opened the doors of heaven and let manna rain down on them and gave them the wheat of heaven. " (Psalms 78.19-24)

God showed mercy to the Israelites because He

knew that "We are but flesh, a single wind that bloweth away and returneth not" (Psalms 78.39)

2If you have faith like ^{KARASHIDANE} "芥子種", you can say to this mountain, "Move from here to there," and it will move. There is nothing you cannot do. (Matthew 17.20)

^{KARASHIDANE}
"芥子種" Smaller seeds than Ara Coarse Ground Pepper.

Self-suggesting that my faith is greater than this seed, I do ^{ICHINENHOKKI} "一念発起".

^{ICHINENHOKKI}
"一念発起" To work hard with determination to accomplish a task.

^{SEISHINITOUNANIGOTOKANARAZARAN}
"精神一到何ごとかならざらん" Concentrate your mind, believe in yourself, and work on things.

3If you do not doubt in your heart and believe that it will be as you say, it will be heard. (Mark 11.23)

^{NASEBANARUNASANESEBANARANUNANIGOTOMONARANU}
"為せば成る為さねば成らぬ何事も成らぬ
^{HAHITONONASANUNARIKERI}
は人の為さぬなりけり" You just can't because you won't do it.

Youzan Uesugi, feudal lord of the Yonezawa Domain (Yamagata Prefecture)

4Seek in faith, without the slightest doubt. Doubters are like the waves of the ocean that sway as the wind blows. (James 1.6)

Whenever a murmur or doubt arises in you, it seems tempting to try the Lord, but "Do not try the Lord your God" (Matthew 4.7) .

5How could God remain ignorant of this, a God who knows even the secrets of the heart? (Psalms 44.22)

From the thought of doubt comes GI-SHIN-AN-KI and God knows this.

6Lean on the Lord and do good; dwell in the earth and enjoy its riches. Rejoice because of the Lord. The Lord will fulfill the desires of your heart. (Psalms 37.3-4)

The child surrenders himself to the Lord as he trusts his parents.

7Continue to hold the confidence you have before God for yourselves. Regarding his decision to do so, blessed

are those who have no doubts in their hearts. A person who eats with doubt is not based on conviction, and is therefore guilty. (Romans 14.22-23)

8Then He said to Thomas, "Put your finger here, and examine my hand. Stretch out your hand and put it in my side. Be ye believers, and not unbelievers."Jesus said to Thomas, "Have you believed because you have seen Me? Blessed are those who believe without seeing." (John 20.27-29) ※ 1. Jesus

When the other disciples said, "We have seen the Lord", Thomas said, "I have seen in his hand the mark of a nail. Unless you put your finger in the mark of the nail, and put your hand in its side, you will never believe." (John 20.25)

9We are not looking at what we can see, but at what we cannot see. "What we can see" is only for this time, but the "What we cannot see" is eternal. (2 Corinthians 4.18)

The wind is invisible to the eye, but its presence can be detected by the swaying of the Clump grove. We

are willing to take on any challenge to make this happen.

[Hymn]



Tokyo Resurrection Cathedral Church (Nikorai-do)

24 When you're tired

¹The Lord is my shepherd. I have nothing to lose. He makes me rest in green pastures, He accompanies me by quiet waters, He revives my soul, and He leads me in the right path, worthy of His name. (Psalm 23.1-3)

When I am exhausted by the trials of this world, I meditate on this scene.

²Trust in the LORD with all thine heart, and do not rely on your own cleverness. Acknowledge the Lord in all your paths. Then the Lord will guide your steps.

(Proverbs 3.5-6)

I will stop worrying about things on my own.

³The path of the righteous is flat, and You, O Righteous One, level the path of the righteous. (Isaiah 26.7)

⁴Now be thou reconciled to God, and take thy peace. Thereby you will gain prosperity. (Job 22.21)

It is in times of distress that we ask God for help without reservation.

5 Misery and Envy and anger shorten one's life, and worry hastens senility. (Sirach, 30.24)

Go to the Lord to recharge your strength anew and take on His yoke yoke (obedience) .

Many of those who have lived long lives are optimistic and cheerful.

^{BOUKYAKU}
"忘却" Forgetting becomes the soap which washes a heart.

6 For if God is on our side, who can be against us?
(Romans 8.31)

The LORD is the stronghold of my life; whom shall I flee from? (Psalm 27.1)

7 You will suffer in the world. But be brave. I have already overcome the world. (John 16.33)

The Lord said, "You are many in the world, but I am greater in the world."

I have learned to be content with the circumstances in which I find. We also know that we live in poverty. We know that we live in red poverty. Whether we live in abundance or in poverty, we are given the secret of how to live at any time and in any situation. (Philippians 4.11-12)

If we pursue the wealth of the world or the desires of the well-wishers, we will fall away from the Lord, and our weariness will only intensify due to lust and thirst.

Then, eat and drink water, bend your elbows, and use it as a pillow. Enjoyment is also in it.

Confucius

[Hymn]

25 Disappointment or despair

¹Behold, a virgin shall conceive and bear a son. His name is called Immanuel. It means "God is with us."

(Matthew 1.23) "I am with you always, to the end of the age." (Matthew 28.20)

Meditate on scenes of being with God in times of disappointment and despair.

²I will fear no evil even as I walk through the valley of the shadow of death, for thou art with me. Thy rod and thy staff, thy staff, are the reassurance to me. (Psalms 23.4)

³I am the vine, and you are the branches. If a man are connected to me, and I am connected to them, he bears much fruit. For apart from Me you can do nothing. (John 15.5)

When I was away from the church for a while. My father called me and asked me if I went to church. He replies, "I haven't been." My father immediately said,

"I'll introduce you to someone I know, and you can go to his church." He told me in a strong tone, and I would go to the church of the one to whom I was introduced. Then and now in the Church, the body of Christ.

[Hymn]

4Thus saith the LORD, Cursed is the man that trusteth in man, and putteth his trust in flesh only, and turneth his heart away from the LORD." (Jeremiah 17.5)

5The same is true of the end of the life of those who forget God. The hope of the impious is extinguished. His certainty is the spider's web, and his trust is the spider's web. (Job 8.13-14)

6One is justified by believing with the heart and saved by declaring with the mouth. The Bible says, "All who believe in him shall not suffer reproach." (Romans 10.10) ※1. Jesus

"Abram believed in the Lord. And the Lord accepted it as his righteousness." (Genesis 15.6) Jesus is the Savior, declares and acts.

7Being united to the Lord, be strong in his mighty irrational power. To stand firm against the scheming schemes of the devil. Put on the armor of God so that you can do it. (Ephesians 6.10-11)

"Weapon of God" Stiffen your waist with truth, put on the breastplate of righteousness (Ephesians 6:14-15) , put on the robe of the Holy Spirit, and make prayer your sword.

8I leave you peace. My peace I give unto you. As the world giveth, I don't give this. Don't let your mind fret. There is nothing to fear. (John 14.27)

For the Lord is "a God of peace." (1 Corinthians 14.33)
The Lord gives peace/peace to those who visit Him.

9Walk in the daytime and you won't stumble. For we see the light of this world. But if you walk at night, you stumble. There is no light in the person. (John 11.9-10)

Walking in the light of the Lord gives hope and joy.

¹⁰I am the light of the world. He who follows me will never walk in darkness, but will have the light of life.

(John 8.12)

The Lord said, "I have come to testify about the light. The true light, which shines on everyone, has come into the world." (John 1.8-9) The moon is bathed in the light of the sun and appears as if it were shining. When people are bathed in the Lord's light, their darkened hearts are lit and illuminated.

¹¹He who places his hope in the Lord will regain his strength. It soars like an eagle, it does not tire when it runs, it weakens when it walks, and it is not tired. It never ends. (Isaiah 40.31)

For some reason, I feel courage and strength when I read this word.

¹²We are afflicted on all sides, but we are not at an impasse. We are at a loss, but we do not lose hope. They are persecuted, but they are not abandoned. It will be overthrown, but it will not be destroyed. (2 Corinthians 4.8-9)

We never give up because the Lord is with us.

¹³ Truly I the LORD your God will take your right hand and say, "Do not be afraid, I will help you." (Isaiah 41.13)

We believe in this Word.

¹⁴ I have come that the sheep may have life, and that they may have it abundantly. (John 10.10)

Jesus became "the Lamb of God who takes away the sin of the world" (John 1.29) and "has redeemed us from the curse of the law." (Galatians 3.13) By this we have been renewed.

¹⁵ A righteous man who obeys God will fall seven times, but rises again. But the wicked stumble and perish.

(Proverbs 24.16)

The walk of a follower of God is ^{SHICHITENHAKKI} 七転八起.

^{SHICHITENHAKKI} "七転八起" No matter how many times we fail, we never give up and try again.

¹⁶For God says, "I have listened to you in the good time, and I have helped you in the day of salvation. Now is the time to receive grace, now is the day of salvation." (2 Corinthians 6.2)

"Through the redemptive work of Christ Jesus, we are justified gratuitously by the grace of God." (Romans 3.24) This brings us grace and salvation.

¹⁷The Lord replied, "My grace is sufficient for you. It is in your weakness that your strength is fully demonstrated." Therefore, I will rather boast in my weaknesses with great joy, that the power of Christ may dwell in, and I will boast of my weakness. Therefore, in spite of my weakness, in spite of my mistreatment, in spite of my misfortunes, in spite of my persecutions, in spite of the deadlocks I have encountered, I am willing to do so for the sake of Christ. I am strong when I am weak. (2 Corinthians 12.9-10)

Suppose a glass is filled with water. When water is added to it, it overflows. If our thoughts, words and deeds are perfect, God is not going to pour out grace.

Weakness is a state of imperfection, and God's grace is poured out on such a person.

Kounosuke Matsushita (founder of Matsushita Electric Industrial Company, now Panasonic) was frail and was in and out of the hospital repeatedly. Konosuke introduced a divisional system, clarified the system of responsibility and roles, and trusted people to take charge, which led to the development of the business.

[Hymn]



Japan Baptist Convention Sawara
Christ Church

26 Daily Progress

¹Inscribe your Maker in your hearts in the days of your youth. (Kohleth 12.1)

These words were inscribed on a stone monument at the school gate of a women's college.

²Return to the emperor what belongs to the emperor, and to God what belongs to God. (Matthew 22.21)

Each donation and tax payment to the Lord is where it should be.

³Almsgiving atone for your sins. (Syllabus 3.30)

Donation acts and volunteer work should be done now, as soon as you think of it.

⁴I want you to be careful about good and ignorant of evil. (Romans 16.19)

Do not delay others in the good that pleases the Lord, do not go before others in profit, do not covet rewards, and do not meddle in the evil that the Lord abhors.

5No one can serve two masters at the same time.
you cannot serve God and wealth. (Matthew 6.24)

In pursuit of the riches of this world, forgetting God, "Fool, your life will be taken away from you tonight. So it will be with those who hoard treasures for themselves but do not become rich before God." (Luke 12.20-21)

6Be wise as serpents, and as honest as doves. (Matthew 10.16)

Of all the animals of the field that the LORD God had made, the serpent was the most cunning and crafty. (Genesis 3.1)

At times, like the serpent, he is cunning and cautious, and at other times, like the dove, he is soft and tolerant. It is important to have a sense of balance.

7Everyone who looks at a woman with lust has already committed the sin of kanin fornication in his heart. (Matthew 5.28)

When one looks at another person's wife with lustful desire, greed will grow, and this will develop into a great desire that will lead to the collapse of the family. The Lord was probably trying to prevent a fire from breaking out by nipping evil in the bud early on so that the family would not collapse.

8Don't be proud of tomorrow. You never know what will happen in the course of a day. (Proverbs 27.1)

What happens tomorrow is ^{SYOGYOUMJYOU} 諸行無常. No one can say that his or her life will still be there tomorrow.

9The wicked one covets all the day long. But the righteous give generously. (Proverbs 21.26)

In the world, when a man's desires and wishes are fulfilled, he "Desire continues without end." as it is said, "Desire without ceasing." (Proverbs 21.26) Since there is no limit to desire, "know what is enough."

ROUWOETESHOKUWONozomu

"籠を得て燭を望む" means Never be satisfied.

TARUWOSHIRU

"足るを知る" He who knows enough is rich,

knows his portion, and seeks no more than he has.

Lao-tzu

10 Their pleasant words add to knowledge. (Proverbs 16.21)

A person who is attentive to words will find joy in words, and words that are pleasant to the heart will make him or her more intelligent and persuasive.

11 Do not take to heart every single word spoken by the eleven. (Koheloth 7.21)

12 Please make the same arguments, do not divide yourselves, and unite firmly with the same mind and the same feelings. (1 Corinthians 1.10)

Know the thoughts of others, not just be stubborn and assertive.

13 The words you speak must always be full of goodwill and salty. Then know how to answer each person. (Colossians 4.6)

People see humanity, integrity, and direction in the words they speak. Once you clear this checkpoint, you can have a frank discussion.

¹⁴You shall not speak a single evil word. Rather, it must be done in such a way as to bring grace to those who listen. Speak words that help to lift people up according to their needs. (Ephesians 4.29)

Instead of saying, "I hate it, I don't want to do it because it's too hot." he says, "I don't like it," or "When it cools off."

A good compliment can transform a person's life and speaks to their needs. I was able to work on the MyBible series thanks to a good encourager.

¹⁵He who is a surety for a stranger will suffer. (Proverbs 11.15)

It suffers and sinks when it becomes a guarantor by the ties because of the relative, the parent and the sibling, and the indebtedness.

¹⁶Eyes is the lamp of the body. When the eyes are healthy, the whole body is bright. (Luke 11.34)

The eyes are the windows to the soul. Eyes speak louder than words. If you look them in the eye and talk to them, you can read their mind.

¹⁷Don't love sleep. Otherwise, they will be poor. Open your eyes. That way you get more bread. (Proverbs 20.13)

How long will you sleep, you lazy sloth, when will you rise from your slumbers? (Proverbs 6.9)

O lazy one, go to the place of, and see what he does, and be wise. Ants have no head, no overseer, no ruler. However, they store food during the summer and gather food at reaping time. (Proverbs 6.6-8)

¹⁸Any country will fall into ruin if it fights within its own circle, and no town or house will survive if it fights within its own circle. (Matthew 12.25)

Around the world, at work and at home, I wish there was no conflict.

19 You should strive to obtain the special blessings that have been given to you. Here, I will show you a much more wonderful way. (1 Corinthians 12.31)

You only live once. Act with passion toward a goal. All that's left is to wait for the great gift from the Lord to arrive.

20 He who does not want to work shall not eat. (2 Thessalonians 3.10)

St. Francis tells his disciples to "remain in the duties assigned to you" with these words.

"^{ISHINFUSHOU}一心不生" To think that where you are now is where the game is played, and to achieve self-realization.

21 He who is faithful in very small things is faithful in great things, and he who is unfaithful in very small things is unfaithful in great things. (Luke 16.10)

After many years of working on the job, individual differences emerge. This is a person who is enthusias-

tic, sincere, and faithful to the task at hand. This is probably the result of our efforts. I try to arrive at the site five minutes before the appointment.

SHISEISOKUDATSU
 "至誠惻怛" Treat people with sincerity and a heart of pain and sorrow.

²²The new wine is to be put in a new leather bag. That way, both will be preserved. (Matthew 9.17)

Do not put new wine in an old leather sack. The new organization shall consist of new members.

²³Wealth does not last forever, and treasure does not last from generation to generation. (Proverbs 27.24)

When business performance is strong, do not expect this to continue indefinitely, and be prepared for the next move.

²⁴To lean on the Lord is better than to lean on others. It is better to lean on the Lord than to lean on various monarchs. (Psalms 118.8-9)

What I have learned from the new coronavirus infection is to cherish the days of calm and peace, not relying on others.

25 The disciples asked Jesus, "Rabbi, ^{※1} Who sinned that this man was born blind? Was it him or his parents?" Jesus answered, "It is not that this man has sinned, or that his parents have sinned. Rather, it is that the works of God may be displayed in him." (John 9.2-3) ※1. Jesus

Testify

A child born with cerebral palsy was given to our family and suffered long from this word (John 9.2-3) .

I avoided taking him on the main streets and busy streets. The people who walk in the city also choose to walk, and do not go out during festivals.

One time, while on a business trip to Shikoku, he suffered a cerebral hemorrhage and was paralyzed half-way through his body, which was a great shock to him. He had no sensation in his right hand and felt no pain from the needle. I felt pain when injected into my left hand and renewed the blessing of knowing pain. At this time, I was reminded of my lack of love

and understanding for my son, and that love must never be false.

I decided to make her my family's treasure. I weep for my own irreverence and God's infinite grace. When he stood up with gratitude, his illness was rapidly healed and he recovered miraculously.

From the testimony of Mr. Youzou Takeuchi, Tokyo
International Breakfast Prayer Meeting

[Hymn]



Niitsu Church

27 Families

1 Wives, obey your husbands as you would the Lord. Because just as Christ is the head of the church and the Savior of its body, so the husband is the head of his wife. And as the church follows Christ, so also the wife should follow her husband in all things. Husbands, love your wives as Christ loved the Church and gave Himself for it.....Husbands must love their wives as their own bodies. He who loves his wife loves himself. No one has ever hated his own flesh, but rather nourishes and nurtures it. Christ did the same for His Church. Indeed, we are parts of the body of Christ. "Therefore, a man leaves his father and mother and be united with their wives, and they will become one." This mystery is great. I say this in relation to Christ and in relation to the Church. In any case, each of you should love your wife as you love yourself. Wives, fear and honor your husbands. (Ephesians 5.22-33)

Husbands and wives must "love one another." (1 John 4.11) "Accept one another." (Romans 15.7) "You also must

wash one another's feet." (John 13.14) We manifest Love in our words and actions.

²"A man shall leave his father and mother and be united with their wives, and they will become one." Thus, they are no longer two, but one. Therefore, what God has combined, man must not separate. (Matthew 19.5-6)

³Bear one another's burdens. If you do so, you will fulfill the law of Christ. (Galatians 6.2)

Both parties listen carefully to the other to resolve their frustrations. Husband acts confidently, believes in God, helps with housework and childcare, and aims to be a good fatherly father. (earthquake, lightning, fire, my dad) Afterwards, I remember to say "thank you" and "thank you".

⁴Don't refuse each other. However, it is acceptable if they agree to abstain for a while in order to devote themselves to prayer, and then come back together again. (1 Corinthians 7.5)

They got married because they wanted to build a bright and happy home for each other, but when they consider parting ways for their own reasons, a cooling off period is set aside.

5That you may be holy, this is God's will for you. Do not be sluttish, but control your bodies with reverence, as if they were holy, and do not give in to the impulses of lust, as do the Gentiles who do not recognize God. (1 Thessalonians 4.3-5)

Those who reject these warnings do not reject man, but reject God who gives His Holy Spirit within you.

(1 Thessalonians 4.8)

6Take good care of the widow who has no place to go. If the widow has children or grandchildren, these should first learn to show respect to their own family and repay their parents' kindness. This is what is pleasing before God. (1 Timothy 5.3-4)

An elderly man living alone is anxious about his future, and his children say, "Honor your father with all

your heart. Remember the pain of your mother's birth. Remember that you were born of your parents. What can you repay them for what they have given you? (Shira 7.27-28)

7Men are to pray in any place, without anger, without strife, and with clean hands raised. Women, too, should dress modestly, with grace and modesty. (1 Timothy 2.8-9)

The wife is the mirror of the home, and "the virtuous wife is the crown of her husband". (Proverbs 12.4)

8The single man is mindful of the things of the Lord, wondering how to please Him, but the married man is mindful of the things of the world, wondering how to please his wife, and his mind is divided in two. (1 Corinthians 7.32-34)

Married men, do not let your relationship with the Lord grow thin.

9The faithless husband is sanctified by his believing wife, and the faithless wife is sanctified by her believing husband. (1 Corinthians 7.14)

¹⁰Women are.....free to marry whomever they wish if the man is dead, but only if the partner is one who is in agreement with the Lord. However, it would be more fortunate if it were to remain as it is. (1 Corinthians 7.39-40)

¹¹Fathers, do not irritate your children. Rather, through education and admonition in the spirit of the Lord, feed. (Ephesians 6.4)

Children learn from the people around them and from their parents, so they need to live in a way that they are not ashamed to be imitated by their children.

Parents are like parents and children are like children. To a parent, a child is always a child. I want them to grow up quickly, but I'm so worried about them that I can't stop talking about them. Overprotection is not good, but neither is neglect. It is very difficult to handle the reins, but never forget that you were raised with the love of your parents and many other people, think about how to bring out the child's potential, and interact with the child while developing the emotional maturity.

¹²Children, obey your parents in everything. It is because it is pleasing to the Lord. (Colossians 3.20)

Parents are entrusted by the Lord with the care of their children and treat them as if they were entrusted by the Lord.

¹³A wise child delights in his father. But a foolish child is a mother's grief. (Proverbs 10.1)

We often hear that parenting is all about praise. With praise, children gain confidence and improve. "He who loves his child often whips him. This is so that he may have joy in the latter years of his life. He who disciplines his child will rejoice because of his child, and will be proud of his child among his acquaintances. He who educates his child will be envied by his enemies. But in the presence of his friends he may rejoice in his child." (Sir 30.1-3)

¹⁴Shira is the crown of glory for the gray hairs. It is obtained through a walk of righteousness. (Proverbs 16.31)

Every time I see an elderly man with white hair, I think he has experienced many different journeys.

¹⁵Believe in the Lord Jesus, and you will be saved. If you do, you and your family will be saved. (Acts 16.31)

[Hymn]



Narashino Church

28 Fellowship with people

1 Do to others what you would want one to do to you.
This is the teaching of the Law and the Prophets. (Mat-
thew 7.12)

I was visiting a major food company. This verse was displayed in the parlor. Meditating on this, I envisioned the specifics of "顧客志向".

^{KOKYAKUSHIKOU}
"顧客志向 :Customer Orientation" Act from the customer's point of view.

2 Do not be competitive or vain, but humble yourselves and regard one another as superior to yourselves. Each of you, look not only to yourself but also to others.
(Philippians 2.3-4)

Kounosuke Matsushita, in his address to new employees at the initiation ceremony, emphasizes the importance of respecting and yielding to one another. This thought is said to be the secret of success of Kounosuke Matsushita, the god of management.

3 Love one another sincerely with brotherly love, and respect one another competitively. (Romans 12.10)

Treat others with a sense of mutual respect and reciprocity.

SÔUKEIGOJYOU
"相敬互讓" The two parties should respect each other's dignity, and mutually give and take care of each other.

4 No man should seek his own gain. You should seek the benefit of others. (1 Corinthians 10.24)

MOUKORITA
"忘己利他" Forgetting the self and doing what is in the best interest of others.

5 Give. Then it will be given to you. Push in, shake, and overflow well. And you will be admitted into the bosom of your people. With every square that you weigh, you will be weighed back. (Luke 6.38)

NASAKEHAHITONOTAME NARAZU
There is a proverb that says, "情けは人の為ならず"
By giving to others, we enrich those who have given to us, and we should not forget KISHA 喜捨.

6Christ "has not sinned, and found no deceit in his mouth." He did not return the reproach, nor threaten the affliction, but gave Himself over to the One who judges righteously. (1 Peter 2.22-23)

They pray for blessings when they are mocked, they endure persecution when they are persecuted, and they speak kind words when they are treated with kindness. (1 Corinthians 4.12-13)

7Do not judge. Then you too will not be judged. (Luke 6.37)

8Love your enemies and do good to those who hate you. (Luke 6.27)

The probability of human birth is one in 100 million. It is truly miraculous, and people are born through much competition. In addition, the genetic code with others is 99.5% identical. Therefore, those who are similar to those who were miraculously born, "must treat no one with contempt, preferring not strife, being tolerant and kind to all people from the heart" (Titus 3.2) .

Be tolerant, for people are not perfect and can be a source of suffering for others, and "hatred causes strife, but love covers all sin." (Proverbs 10.12) Treat even your adversary as if he were a polished being. Encountering the Lord and people is "一期一会".

"一期一会" This encounter is a once-in-a-lifetime opportunity, and I will do my best.

Jesus said, "Father, forgive them, for they know not what they do. They don't know what they're doing."

(Luke 23.34)

Testify

On a very cold December 20 morning, I was distributing tracts (pamphlets) in front of the high school. A male student stomped on the tract with his shoes and entered the school gate laughing. As I crouched down to pick up the tract, I felt a warm hand resting on my cold, numb hand. His hand was scarred. The moment I realized, 'Only the Lord is His hand,' I couldn't see His hand. "Lord, forgive him." I find myself praying, "Lord forgive him. My heart was burning so hot that tears were streaming down my eyes and I couldn't do

anything about it. When I looked up to the sky, I saw Jesus wrapping His hands around the entire city of Kamaiishi in love. Ever since then, he has been saying, "I love this town."

Christmas the following year. Three baptisms were given to students from this school. It was a very cold morning, but since we are a Baptist church, we held the baptismal service in the ocean. The Shinreishiki immersion ceremony (submerging the body in the sea) amidst a flurry of snow was a moving experience that I will never forget even now that I have reached the age of 90.

Pastor Hiroshi Seo from the practice of pioneering evangelism

¹⁰Do not take vengeance on your own, but leave it to the wrath of God. "Vengeance is mine to take, I will repay". (Romans 12.19)

As you have heard, we are commanded to "an eye for an eye and a tooth for a tooth". But I say unto you. Do not go against the wicked. To the one who strikes his right cheek, turn the other cheeks also. (Matthew 5.38-39)

¹¹Set the sword down. All who take the sword shall perish by the sword. (Matthew 26.52)

The inflated heart, the frustrated mind, the desire for strife, the anger of vengeance, are surrendered to the Lord.

¹²They shall beat their swords into plowshares, and their javelins into sickles. Nations no longer learn to fight without swinging their swords at nations. (Micah 4.3)

Where do the fights and strife among you come from? None other than the competing desires among yourselves. (James 4.1)

Even now, wars and terrorist attacks are still taking place around the world with no end in sight.

¹³There are six things which the LORD hates, and which he hates with a bitter hatred. No, there are seven of those abominations. Pride of man, a falsifying tongue, the blood of the innocent, hands that flow, hearts that plot, feet that run fast for evil. A false witness who spouts falsehood, one who sows the seeds of quarrels between brothers. (Proverbs 6.16-19)

The lust of the flesh, the lust of the eyes, and the pride of life (1 John 2.16) . They take advantage of the situation and bear a grudge.

¹⁴I recommend it to you. You are sojourners and sojourners in this world, so avoid the lusts of the flesh that wage war against the soul. (1 Peter 2.11)

Through the five senses, the state of mind can be changed.

- (1) By enjoying what we see with our own eyes, we become vain, lose our concentration, become greedy, and are not afraid of embarrassing things. The mind becomes curious, and impure thoughts sprout.
- (2) Hearing futility in the ear causes distraction, chatter, and shittier jealousy.
- (3) By enjoying the pleasant aroma with the nose, the poor arise and defiance of obedience appears.
- (4) By enjoying being comfortable in the hands of others, one becomes lustful, fragile, timid, and sensual.
- (5) By enjoying the taste of food with the mouth, anger, discord, and lack of love for one's neighbor and

the poor are created. And be merciless to the poor.

(The Rich Man and Lazarus of Luke 16.19-31) .

¹⁵He who keeps his mouth shut is a wise man. (Proverbs 10.19)

There is the proverbial saying goes, "Mouth is the source of misfortune" and "Silence is golden."

The birth of Jesus took place in Bethlehem in the time of King Herod. comes to Jerusalem and says to King Herod. "Where is the born King of the Jews? We have seen his star rise, and we have come to worship him." (Matthew 2.2) When King Herod heard this, he thought that a new king had been born to replace him, and in order to cause this anxiety, he "had every male child under two years old in Bethlehem and in the whole region killed. Thus was fulfilled what was said through the prophet Jeremiah." (Matthew 2.16-17)

Every time I think of the birth of Jesus, I feel a deep, aching silence.

¹⁶Pleasant words are like honey honey, sweet to the tongue and healthy to the body. (Proverbs 16.24)

By talking to the other person, you can understand the differences in positions and ideas, and by speaking thoughtful words, you can ease into each other's presence, restart "It's not too late," and become the person you want to see again.

¹⁷A good man brings forth good things from the good storehouse in his heart, and an evil man brings forth evil things from the evil storehouse in his heart. The mouth speaks what the heart overflows. (Luke 6.45)

When I encounter a personnel change that makes me think of a leftward shift when I am producing results or not producing results, I think, "Why oh why, it's so hard." As they put off troublesome or difficult tasks and lose energy, they drink more alcohol.

In such a situation, we need to change our mindset, and we should not use negative or backward-looking words, but rather say, "This looks interesting, let's do it!" In doing so, you will encounter a new you and discover abilities that were previously buried.

¹⁸The lips of a fool cause strife, and his mouth invites whipping. The mouth of a fool brings his own destruction, and his lips are a snare for his soul. (Proverbs 18.6-7)

The foolish man says, "I thank You, O God, that I am not like other men, who plunder, nor dishonest, nor commit adultery, nor am I like this tax collector". (Luke 18.11) Comparing themselves with others, they talk about their pride in doing good deeds and the shortcomings of others, not realizing their own foolishness.

¹⁹If someone does not make mistakes with words, he is a perfect person who is able to control his whole body. (James 3.2)

All work begins with discussion. Consultation precedes all actions. Four things emerge as a transition of the mind. That is good and evil, life and death. And it is the tongue that always governs these things. (Sira 37.16-18) "Honor and dishonor come from the words we speak. The tongue is the source of a man's ruin." (Sira 5.13)

20 All that you have spoken in darkness will be heard in the light, and what you have whispered in the back room will be proclaimed from the roof. (Luke 12.3)

It is said that the backbiting and criticism of others penetrates the ^{GOZOUROPPU} 五臟六腑, "like a tasty food, it goes down to the bottom of the belly." (Proverbs 18.8) This content will one day reach the person's ears. What do you do at this time?

^{GOZOUROPPU} "五臟六腑" It expresses the whole internal organs of the human being.

21 Abstain from the passions of your youth, and pursue justice, faith, love, and peace with those who call on the Lord with a pure heart. Avoid silly and uneducated arguments. It is, as you know, a source of contention. (2 Timothy 2.22-23)

I am right and they are wrong. and other foolish and uneducated arguments, I will either be patient or not take them on.

22 For the wisdom of this world is foolishness before God. It is written, "God takes those who are wise and

takes advantage of their wickedness and wiles." And it is also written, "The Lord knows that the thoughts of the wise are vain." (1 Corinthians 3.19-20)

No man can possess anything greater than the wisdom of God.

²³Am I trying to get in with people? Or are they trying to get in with God? ·····I am not a servant of Christ if I am still trying to get people to like me. (Galatians 1.10)

There are those who conform to the values of those around them and follow the path of mediocrity. The important thing is not to be influenced by the surroundings or others, but to always face oneself and be aware of the Lord's gaze while refining one's values.

By enjoying a dialogue with another self, within yourself, you can awaken to your true self. In the absence of a second self in one's heart, one can be lonely, lonely and lonely, buried in an organization, or swayed by fads.

If you read the air around you too much out of concern for others, and take advantage of others

迎合, you may lose sight of yourself. If you are not assertive and cannot read the atmosphere around you, harmony will be disrupted. By always looking at yourself objectively, you will be able to see things in the big picture without unnecessary worry or concern.

²⁴Thinking only of themselves and not of Jesus Christ.

(Philippians 2.21)

²⁵They prefer to walk around in long robes, be greeted and greeted in the square, sit at the top of the synagogue, and at the top of the banquet. (Luke 20.46)

If you live your life with pretense and pretense, the blessings of the Lord will cease to flow to you, and people will abandon you.

²⁶Humans look at the appearance, but the Lord looks at the heart. (1 Samuel 16.7)

People judge right and wrong by their outward appearance, but the Lord sees people by the way they are in their hearts, without dividing them.

Even if you judge people through your own spectacles and think they are good people, you may encounter situations where they are not. We should cultivate an eye for the future and the ability to see things through on a daily basis.

27 Don't be divided, but keep faith in Jesus Christ, the Lord of our glory. (James 2.1)

^{MENJYUFUKUHAI}
"面従腹背" On the surface, they appear to be obedient, but in their hearts they are against it.

28 Jesus said to them, "You hold yourselves righteous before men, but God knows your hearts. What is esteemed among men is despised before God" (Matthew 16:15)

There is a great gap between the Lord and the thoughts of people, and the opposite direction that people think is the Lord's way.

29 Be careful not to show off your good deeds in front of others. Otherwise, you will not receive your reward with your Father who is in heaven. (Matthew 6.1)

When you act, do not be noticed by the eyes of others, "Your Father, who sees what you hide, will reward you." (Matthew 6.4)

³⁰They see but do not acknowledge, they hear but do not realize; thus they turn and are not forgiven.

(Marco 4.12)

Even if you see the Lord's miracles or hear His Word, do not neglect the teachings of Jesus because you only think about the world and yourself.

³¹Everyone must be quick to hear, slow to speak, and slow to anger. (James 1.19)

³²Wrath of man is not the fulfillment of God's righteousness. (James 1.20)

Anger is like an enemy. Ieyasu Tokugawa, Legacy
Anger is an emotional expression of the gap between the other person's words and actions and one's own delusions. Anger, fear, and sadness acidify the blood and impair health. When you hold back your

emotions in front of others and remain calm, peace will come to you.

Laughter enhances self-healing powers and says, "For those who have joy in their hearts, every day is a day of celebration." (Proverbs 15.15)

WARAUKADONIHAKAMIKITARU

"笑う門には神来る" God comes to a place where people are full of laughter, where people are friendly and congenial.

³³I can see the sawdust in my brother's eyes, but why do I not notice the log in your eyes? (Luke 6.41)

There are those who can often see the mistakes of others, but are tolerant of their own. To avoid being called "a small kindness, a big favor," we do not condemn the mistakes of others, we do not expose hidden things, and we deal with our own mistakes in a strict manner.

³⁴How can the love of God remain in a man who has the wealth of the world and yet shuts out his heart of compassion when he sees his brother in need? (1 John 3.17)

"Children, let us love one another, not only with words and with our mouths, but also with deeds and with truth." (1 John 3.18) Don't let anyone turn a blind eye, or say that a person is all talk and no action, or that there are contradictions in word and deed.

³⁵You teach others but not yourself? He tells them, "Don't steal," but he himself steals. (Romans 2.21)

The Lord already knows about the inconsistencies in words and deeds, and unjust and deceptive acts.

³⁶Give advice to those who lead undisciplined lives, encourage the petty and take care of the weak. Be tolerant of everyone. (1 Thessalonians 5.14)

Be tolerant and patient with those who are lazy or passive.

³⁷Everyone who is angry with his brother will be judged. And whoever says to his brother, 'You fool,' shall be handed over to the Supreme Court, and whoever says, 'You fool,' shall be cast into the hell of

fire. If, when you offer an offering at the altar, you remember your brother's love for you, place the offering before the altar and go and be reconciled with him first. Then come back and offer an offering.

(Matthew 5.22-24)

With those who are antagonistic, set up an intermediary and make peace quickly.

³⁸Everyone should obey the authority that is above them. There is no authority that does not come from God, and all existing authority is established by God. Therefore, those who defy authority are disobeying God's decree, and those who disobey invite their own condemnation. (Romans 13.1-2)

Do not complain or grumble to those who are above you.

³⁹A disciple is no better than his master, and a servant servant-machine is no better than his master.

(Matthew 10.24)

⁴⁰You, as servants, obey your masters with sincere respect. Obey not only a kind and considerate master, but also a mean one. If a person suffers unjustly, but endures it with God in mind, then it is in God's will.

(1 Peter 2.18-19)

"Obey your boss without heart." My father was stuck in a relationship with his boss, and when he came home and opened his Bible, he came across this verse, and when he finished reading it, tears welled up in his eyes.

I hate it when people say things like this to me, and I feel frustrated. If you think, "I'm not a good person," ^{ISHINDENSHIN}以心伝心", and the other party will notice this. At these times, forget the rut and see the good in the other person.

^{ISHINDENSHIN}"以心伝心" Without uttering a word, the other party understands.

⁴¹Whoever wants to be first among you, let him be a servant of all. The Son of Man came not to be served, but to serve. (Mark 10.43-45)

Instead of being happy to be served, "Each of us should satisfy our neighbor in order to help build each other up as Christians. For even Christ did not seek His own satisfaction." (Romans 15.2-3)

^{MOUKOKITA}
"忘己喜他" We are to forget about ourselves and live with the joy of making others happy.

⁴²Because I, the Lord and Teacher, have washed your feet, you must wash each other's feet. I have set an example for you to do as I have done to you. (John 13.14-15)

^{SOSENSUIHAN}
"率先垂範" Those who lead by example set a good example.

If you don't show them, make them do, tell them, and praise them, they won't move.

Isoroku Yamamoto

⁴³Encourage the young men as well to be modest in all things. Show yourself as an example of good works. When teaching, use sincere, impeccably sound language. Then those who disagree will not be able to say a single bad word, and they will be ashamed of themselves. (Letter to Titus 2.7-8)

⁴⁴Internal, that is, evil thoughts come from within a person's heart. Fornication, theft, murder, adultery, covetousness, wickedness, sagi-fraud, envy, jealousy, slander, pride, folly, etc., all these evils come from within and defile one. (Mark 7.21-23)

Walking in the thoughts of the flesh, contrary to the Spirit, defiles a man, as the word says, "What goes out of the mouth defiles a man." (Matthew 15.11)

⁴⁵Lord's servant must not contend. Rather, we must be kind to all, teaching only, patient, and teach and guide those who oppose us with meekness and gentleness. Perhaps God will give those people a heart of repentance in order to bring them to a deeper realization of the truth. (2 Timothy 2.24-25)

Blessed are the meek, for they will not be deceived. Those people will inherit the land. ·····Blessed are those who bring peace. These people are called the sons of God. (Matthew 5.5-9) The Sermon on the Mount

⁴⁶Rejoice with those who rejoice and weep with those who weep. Be of one mind with one another, do not be exalted, but be a companion to those of lower status. Do not be conceited that you are a wise man. (Romans 12.15-16)

[Hymn]

29 Churches

¹The day of Pentecost came, and everyone was gathered together as one. Suddenly there was a sound like a violent wind blowing from heaven, which echoed throughout the house where they were sitting, and tongues like flames appeared at the forked ends and stayed over each one of them. Then they were all filled with the Holy Spirit and began to speak in various languages of other countries as the Spirit caused them to speak. (Acts 2.1-4)

The fiftieth day after Easter is the Feast of Pentecost (Pentecost) , the birthday of the Church.

"You are Peter. Upon this rock I will build my church. The gates of the land of the Yomi cannot also prevail over these." (Matthew 16.18)

²The church is the body of Christ. It is this Christ who fills everything in the church with that which fills everything. (Ephesians 1.23)

"The Son is the head of the body, the church." (Colossians 1.18)

"I do this so that you will know how you should behave in the house of God. The house of God is the pillar and foundation of truth, the Church of the living God." (1 Timothy 3.15)

"Baptized into one body, all of you were incorporated into one body by one Spirit, and all of you were given to drink of one Spirit." (1 Corinthians 12.13)

The church is a place where people gather and are filled with the Holy Spirit in response to God's call.

Mission of the Church

- (1) We have been entrusted with missionary work.

You shall go and make disciples of all nations. (Matthew 28.19)

- (2) Adoration (Mass) is the center of the liturgy in the Church, and the faithful are invited to participate in it.

The content of the Mass is described in "Invitation to Mass," a special project of MyBible V (Let the Word Live) .

³This is my mother, and this is my brother. He who does the will of my Father in heaven is my brother, sister, and mother. (Matthew 12.49-50)

By blood, they become brothers and sisters, but in the church, by baptism, they become brothers and sisters.

⁴Do not blame the elderly. Rather, encourage him to think of him as his own father. Also, think of a young man as a brother, an old woman as a mother, and to a young woman as a sister, with perfect purity and innocence. (1 Timothy 5.1-2)

We treat the people who gather at our church as family.

⁵May the grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. (2 Corinthians 13.13)

You are no longer strangers or sojourners. He is holy and of the house of God. On the foundation of

the apostles and prophets, you were built up as Christ Jesus Himself. By being united to this Christ Jesus, the whole building is combined and enlarged in the Lord to become a holy temple. (Ephesians 2.19-21)

[Hymn]



Urawa Evangelical Free Church

30 Faith Life

1By the mercy of God, I commend you. Offer your bodies as a living sacrifice, holy and pleasing to God. This is the worship you deserve. Do not assimilate yourself to this generation. Rather, be renewed and born again, to know what is God's will, what is good, pleasing to God, and perfect. (Romans 12.1-2)

We place the highest priority on pleasing God, and walk naturally, without compromising our social position or the things of this world.

^{MOUKOKISHU}
"忘己喜主" Forgetting ourselves, we live our lives with the joy of pleasing the Lord as our joy.

2Faith is the assurance of what is hoped for and the assurance of what is unseen. (Hebrews 11.1)

The hope of fulfilling the Lord's will is guaranteed, and to be sure of the hope you have not yet seen, meditate on the process and goal of fulfilling that hope.

MOKUSOU

"黙想"

"黙想 Meditation" - Imagery, similar to zazen meditation or meisou meditation, cuts off all thoughts and delusions.

3The people who belonged to Christ Jesus crucified the flesh along with its lusts and desires. (Galatians 5.24)

St. Francis was led to sainthood by the image of himself crucified in these words.

4Faith begins with listening. And to listen is to hear what they have to say about Christ. (Romans 10.17)

Faith is said to be "信仰". "信" God's word to people. "仰" Rely on me.

5Foolish man, do you want to know the futility of faith without deeds? (James 2.20)

One is justified by deeds, not by faith alone. (James 2.24)

Just as a body without breath is dead, so is faith without action. (James 2.26)

6It is faith working through love that is the problem.

(Galatians 5.6)

We are led to a faith that puts love into practice.

7Everyone who hears my words and does them is like a wise man who built his house on a rock. (Matthew 7.24)

Not only listen to the sermon at the service (Mass) , but also practice what you learn from the sermon in your daily life.

8It is not the hearer of the law who is righteous before God, but the doer of the law who is accepted as righteous. (Romans 2.13)

When I was working as a teller at a bank. When the account for the day was closed, a discrepancy occurred. I explained the situation to your supervisor and apologize. Then he said, "I don't need words, show me by your attitude from now on." I still remember the words that were said to me.

9A Samaritan, who was traveling, came near the man, and when he saw him, he took pity on him, approached him, poured oil and wine on his wound, and bandaged it. He then took her to the inn on his own donkey, and took care of her in a kaiho. (Luke 10.33-34)

There was a man who passed by a wounded man, but the Good Samaritan took care of him.

10Jesus had the power of the Lord to heal the sick. At that time people brought in a man with paralysis on the floor. And they brought him in to put him in front of Jesus. However, there were so many people that there was no way to carry them inside. So they went up to the roof, took off the tiles, and hung the sick man by the bed in the midst of the people in front of Jesus. (Luke 5.17-19)

There was a scene where a friend spared no effort to be made and did not give up until the very end.

11Jesus said, "Who then do you say that I am?" And Simon Peter answered and said, "You are the Messiah, the Son of the living God." (Matthew 16.15-16)

¹²Who will overcome the world but he who believes in Jesus as the Son of God? (1 John 5.5)

¹³He who serves Christ is pleasing to God and acceptable to the people. (Romans 14.18)

When I visit a new client, I ask them if they have read the Bible, along with my business card.

"My Bible" is given to both believers and non-believers.

¹⁴Be zealous and diligent, burning up the heart and serving the Lord (Romans 12.11) .

Filled with the Holy Spirit, we are committed to the service of the Lord.

¹⁵I am the bread of life. He who comes to me shall never hunger, and he who believes in me shall never go hungry. (John 6.35)

The bread of life is the Word of the Lord. If you know the grace to receive this, you will never thirst.

16It is not the healthy who need a doctor, but the sick.
.....I came not to call the righteous, but sinners. (Mat-
thew 9.12-13)

The Lord lends a hand to those who cannot do it themselves, but not to those who rely on their own strength.

17Jesus is the "stone that was thrown away by you, the builders of the house, but became the parent
*1
stone in the corner." (Acts 4.11) * 1. Jesus

Jesus was abandoned by many, but became the foundation of the Church.

18The one who plants and the one who waters are insignificant; it is God who makes them grow who is important. (1 Corinthians 3.7)

19Test not the LORD thy God. (Matthew 4.7)

20He who wishes to follow me, let him deny himself, take up his cross, and follow me. (Matthew 16.24)

If people around you are carrying sorrow and suffering, take it as your cross to be of service to these people.

²¹Everyone who forsakes house, brother, sister, father, mother, son, or field for my name's sake shall receive a recompense manyfold, and shall inherit eternal life.

(Matthew 19.29)

When we devote ourselves to missionary work, we leave behind what we have and what we hope to have in the future.

²²If a grain of wheat does not fall to the ground and die, it remains a grain. But when they die, they bear abundant fruit. (John 12.24)

A grain of wheat is Jesus. Through Jesus' death we have been made new. This life given to us by the Lord, we use it sparingly to please others.

²³He who tries to save his life loses it, and he who loses his life keeps it. (Luke 17.33)

The only word given when embarking on a development project for embedded (mixed hardware and software devices) .

I was prepared to accept the order with the firm's resignation that if our teamwork did not work well and the project failed, the firm would go bankrupt. Although he should have avoided taking such orders, he was determined to develop the company at all costs and took on this battle. The goal of the project is to "develop the world's Number one CAM coder software."

The project was supported by the Lord's guidance and collaborators, and by working with abandon, the product was successfully completed and was a valuable experience.

FUSHAKUSHINMYOU

"不惜身命" A resolve to spare no life.

²⁴It is God's righteousness that saves people, and it is manifested in the gospel that it is given solely through faith. It is written, 'The righteous shall live by faith.'

(Romans 1.17)

In life, we encounter many problems, but the key to solving them lies in the Word of God.

²⁵By faith Abraham obeyed the call to go out to the land he was to receive as an inheritance, and he went without knowing where he was going. (Hebrews 11.8)

Abraham had family, livestock, and property, but he obeyed God's word and set out for the land of Canaan.

²⁶Train yourself for the religious life. There is some benefit to physical training, but this religion, with its promise of life in this generation and in the generations to come, is beneficial in every way. (1 Timothy 4.7-8)

Tantric training in piety means reading the Bible, praying, and going to worship services.

One thousand days of training is called "Tan". And ten thousand days of training is called "Ren".

Musashi Miyamoto

Through training, we will gain an understanding of Christianity, which promises life in this life and in the life to come.

²⁷My children, again I will taste the pains of childbirth until Christ is formed in you. (Galatians 4.19)

The Lord nurtures us with patience until we are on our own.

²⁸It is no longer I who live, but Christ who lives in me. (Galatians 2.20)

I am able to walk daily thanks to the Spirit of God dwelling within me.

²⁹Without faith, it is impossible to please God. Those who approach God must believe that He exists and that He is the one who rewards those who seek Him. (Hebrews 11.6)

Through baptism, one becomes a child of God. When I was a child, I never had to worry about food, clothing, shelter, or tomorrow. Whenever my father would occasionally thunder down on me, my mother was quick to intercede with him. In the same way, as children of God, we do not have to worry or worry

about unnecessary things, and Mary intercedes for us in the Lord for whatever we need.

³⁰Realizing that she could no longer hide it, she came forward and prostrated herself before Him, and told the whole people why she had touched Jesus and how she had been healed on the spot. Then Jesus said to her, "Daughter, your faith has saved you. Go in peace." (Luke 8.47-48)

³¹You who have been following the way of life up to now, put off the old man, who has been carried away by deceitful passions and has become corrupt, and put on the new man, renewed in spirit and mind, made in the image of God, with true righteousness and nobility of character. (Ephesians 4.22-24)

If you decide to become a Christian, you will follow this path to the end.

³²As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, gentleness, and broad-mindedness. (Colossians 3.12)

We start by being aware of it, not rushing or hurried.

³³Consider not the things of this earth, but the things that are above. Let the part that belongs to this earth die. It is the desire to be dirty and filthy, to be impulsive and impulsive, to be wicked and wicked, and to be greedy. Greed is the same thing as idolatry.

(Colossians 3.2-5)

The desire to be appreciated for one's wealth and fame in this world leads to greed, avarice, and obsession.

³⁴"Where is their God?" Our God is in heaven, and He does all things whatsoever He pleases. Their idols are silver, gold, and made by human hands. It has a mouth but cannot speak; it has eyes but cannot see. I have ears but I can't hear, and I have a nose but I can't smell. I have hands but I can't touch them, I have legs but I can't walk, and I can't speak from my throat. Those who make idols will be equal to them. (Psalms 115.2-8)

How foolish is idolatry.

³⁵Let us not be merry with wine, nor drunken, nor indulging in lewdness, nor dissolute, nor contentious, nor envying, but let us live modestly, as if we were walking during the day. Put on the Lord Jesus Christ. Do not let your hearts be troubled by the flesh to fulfill your desires. (Romans 13.13-14)

"Wine makes one a mocker, strong drink makes one a rabble rouser. All who drown in it have no wisdom." (Proverbs 20.1)

"The drunkard will become poor, and the sluggard will be covered with rags." (Proverbs 23.21)

Clothed in the garments of Jesus, it emits a fragrant aroma of kamba.

³⁶When we live, we live for the Lord; when we die, we die for the Lord. Whether we live or die, we belong to the Lord. (Romans 14.8)

How do you want to live and what do you want to be after death?

³⁷Don't let anyone despise you because you are young. Rather, be an example to the believers in word, deed, love, faith, and chastity. (1 Timothy 4.12)

³⁸Remember those leaders who have brought you the word of God. Think of how they closed the curtain of their lives and follow their faith. Jesus Christ is the same yesterday, today, and forever. (Hebrews 13.7-8)

³⁹Stay awake. For you do not know when the Lord will come. (Matthew 24.42)

We do not know when the second coming of Jesus will come, so we must follow the example of the wise virgins (Matthew 25.4) and make daily preparations.

⁴⁰All who seek to live piety in unity with Christ Jesus will be subjected to harassment and persecution. (2 Timothy 3.12)

⁴¹Do everything without grumbling or reason. That you may be blameless, blameless, and innocent, and that you may be the children of God, without reproach, in

a crooked and twisted generation. And by making the Word of Life our own, we shine like a shining star in the midst of people and in the world. This will be my pride in the day of Christ. (Philippians 2.14-16)

Complaining and whining will not solve the problem. Wearing the garment of the Word, we act as the salt of the earth and children of the light of the world.

⁴²Those who desire to become rich fall into the trap of temptation and a variety of foolish and harmful desires. They sink people into ruin and destruction. Greed for money is the root of all evil. Some people, in their pursuit of money, have fallen away from the faith and pierced themselves with all sorts of terrible suffering. (1 Timothy 6.9-10)

Listen carefully. God has chosen the poor of the world to be rich in faith and to inherit the Kingdom promised to those who love Him. (James 2.5)

⁴³"Bring every tenth of the tax into the treasury, that it may be food for my house", says the LORD of hosts.

"Test me to see if I will open the floodgates of heaven for you and pour out over you an overflow of blessings." (Malachi 3.10)

I tried to put this Word into practice, but it became difficult to continue.

⁴⁴For all the rich put in out of their abundance, but she put in out of her scarcity, all of her living expenses.

(Luke 21.4)

The Tokyo Cathedral of St. Mary, where I attend Mass, was built 50 years ago. The people of the Diocese of Cologne, Germany, despite their defeat in the war and the hardships they were forced to endure, responded to the Archbishop's call, "It is in times of distress that we must give. The people of the Diocese of Cologne in Germany were forced to live a hard life after the war, but they responded to the call of their archbishop, who said, "It is because we are in a difficult time that we must give." This cathedral was built with precious donations.

45 This food was created by God to be eaten gratefully by those who have faith and realize the truth. (1 Timothy 4.3)

Prayer before and after meals is a must.

46 Work not for food that will perish, but for food that will last forever and lead to eternal life. (John 6.27)

What are you working for now?

HATARAKU

"働 く : Work" The work of that person makes the work of people around you easier.

47 Now get that thing done. It is to accomplish what you have with what you have, as you are willing to do. If you are willing to do it, God will accept you because you have it, not because you don't have it. (2 Corinthians 8.11-12)

We will be proactive in what we do.

48 God invites us upward and gives us only one thing: forgetting what is behind and leaning forward, striving for the goal, uniting us to Christ Jesus. I'm trying to win a prize. (Philippians 3.13-14)

It was when I visited Hideyo Noguchi's birthplace in Aizuwakamatsu, I was surprised to find that the house was a place where he was born and raised. On the floor pillars of the main house and the main house where Eisei lived, the words "If you do not achieve your ambition, you will never step on this land again" were engraved.

A magnificent memorial hall was built next to it. Looking inside from this entrance, one sees a plaque of Hideyo Noguchi's "Secret of Success" (Purpose, Honesty, and Perseverance) , and wonders if these six words were the driving force behind his contributions in bacteriology and became the portrait on the Bank of Japan note.

As I quietly gazed at the letters, he realized that they were the Word of God and that the secret to success was found in the Bible. Upon returning home and researching Eisei, I discovered that Hideo was a Christian.

After that, I read many books by successful business people, and I found that the words of the Bible were hidden in them. I summarized it here.

How to achieve your goals

(1) Set goals and objectives (goals)

They "strive earnestly toward the goal," (Philippians 3.14) writing down their dreams and hopes, what they need to do and how they want to do it, making choices and decisions based on the position they find themselves in, and then setting goals.

(2) Imagine what it should be

"Faith is the assurance of things hoped for, the conviction of things not seen." (Hebrews 11.1)

Imagine that you have achieved your goal. Image training in sports.

(3) Convinced that it can be accomplished

The Lord says. "He that believeth can do whatsoever he will." (Mark 9.23)

Erase the word "impossible" from your mind and you will surely achieve your goal. and deeply engraved in the plates of their hearts, never allowing themselves to be. We do not create limits to the power.

(4) Soliciting collaborators

"If any two of you shall desire it on earth with one mind, my Father who is in heaven will grant it." (Matthew 18.19)

The success of a project depends on teamwork with

collaborators. "The new wine is put into a new leather bag." (Matthew 9.17) The new organization is a team of new members.

(5) Pouring Passion

"Strive to obtain a better and more special grace." (1 Corinthians 12.31)

They burn their hearts red-hot against their goals, work diligently, and maintain their beliefs and persistence to the very end.

(6) work through to the end

"He trains whom He loves, and whips all whom He accepts as sons." (Hebrews 12.6)

When they encounter trials and difficulties in their projects, they endure them, never give up, and carry them through to the end.

(7) Walk with joy and gratitude

"In whatever you do, be thankful." (1 Thessalonians 5.18)

Thanksgiving for the grace for the projects given and I will never forget to say "thank you."

(8) Cut off all delusions of being a "good person"

"How can I prolong my life even a single moment, just because one of you is vexed?" (Luke 12.25)

Worrying, anxiety, and preoccupation are delusions.

(9) Thinking from the other person's point of view

"Do unto others as you would have them do unto you." (Matthew 7.12)

Do to others first what you would want others to do to you.

(10) Forgive people

"If you forgive men their trespasses, your heavenly Father will also forgive you." (Matthew 6.14) This will allow a new outpouring of the Holy Spirit to lead the project to success.

49I have fought the good fight, I have finished the course I should have run, and I have kept the faith. After this, the only thing prepared for me is the crown of righteousness. (2 Timothy 4.7-8)

Blessed is the man who, if he has set his heart on the path of faith, does not doubt in his heart about what he has decided to do, even to the end." (Romans 14.22) This desire will carry through to the close of your life, and you will receive the crown of righteousness.

[Hymn]

31 Missions

1 Jesus said, "Go into all the world and preach the gospel to every creature that is made. He who believes and is baptized shall be saved, but he who does not believe shall be condemned." (Mark 16.15-16)

From that time on, Jesus began to proclaim, "Repent! The kingdom of heaven is near" Jesus began to proclaim. (Matthew 4.17)

Peter said to Jesus, "We have left everything as this and followed you." Jesus answered and said, "I tell you the truth.....to come, you will receive eternal life."

(Mark 10.28-30)

I was not able to interrupt my current work and do missionary work. Hand out Bibles to those who come to church on Christmas Eve.

Mission work following Jesus

1) Current status of the number of congregations

The population of Japan is about 120 million, and the number of Christians is about 980,000.

2) Mission Plan

(1) Following the mission of Jesus

Following Jesus' practice of personal evangelism (one leading one), Paul also went from Jerusalem to Illyrico. He traveled all the way to the state of Northeastern France, preaching the gospel to such an extent that there were no more missionary sites in this area.

(2) Church members bring one new person to church each year, and this method of leading them to salvation (1, 2, 4, 8, 16, and 32, 64, and 128) for eight years, which would result in a 100-fold increase in church membership. (200x in the 9th year)

3) The Word of God in missionary work

(1) Peace be with you, and your foundation will become more and more solid, and you will walk in the fear of the Lord and in the consolation of the Holy Spirit, and gradually the number of believers will increase. The number of people who were living in the area increased. (Acts 9:31)

(2) Because the Lord was with Joseph, everything he did went well. (Genesis 39:2)

(3) When the Holy Spirit is upon you, you will re-

ceive power,and you will be like witness of me to the ends of the earth. (Acts 1.8)

- (4) Do what you have learned from me, what you have received, what you have heard and seen. (Philippians 4.9)
- (5) Faith is the assurance of what is hoped for and the conviction of what is unseen. (Hebrews 11.1)
- (6) Train yourselves for the religious life. (1 Timothy 4.7)

² Jesus went into Galilee and preached the gospel of God, saying, "The time is fulfilled, and the kingdom of God has come near. Repent and believe in the gospel." (Mark 1.14-15)

As Jesus traveled around the country, he gave personal evangelistic presentations, preaching the gospel to each person as he went.

³The Lord will take vengeance on those who do not acknowledge Him and who do not obey the gospel of our Lord Jesus. (2 Thessalonians 1.8)

⁴"Even if your sins are like scarlet, they will be as white as snow. Even if your sins are as red as crimson, they will become as wool. If you willingly obey, you will eat

of the fruit of the earth. But if you refuse and rebel, you will fall prey to the sword of the vine." Thus spoke the mouth of the Lord. (Isaiah 1.18-20)

This is not the time to be stubborn and stubborn in refusing to accept the truth, because a reformed heart will be pure and rich.

5Then bring out the fattened calf and slaughter it. Let's celebrate with a meal. This child was dead and then he came back to life, he was gone and then he was found. (Luke 15.23-24)

The prodigal son reflects on his past and returns to his father. When the father sees this appearance, he rejoices and celebrates with a banquet.

^{KAISHINTENI}
"回心転意" I will reflect on my past words and deeds and reform myself.

6Suppose one of you has a hundred sheep. If you lost track of one of them, you would leave the ninety-nine in the wilderness and follow them until you found the one you lost track of. (Luke 15.4)

Even if you make a mistake and lose sight of the

path you are on in life, the Lord will reach out His hand to those who repent.

⁷Jesus said, "I must preach the gospel of the kingdom of God to the other cities. For this purpose I have been sent." (Luke 4.43)

One of the purposes of the birth of Jesus is the proclamation of the Gospel.

⁸One night, in a vision, the Lord said to Paul, "Do not be afraid. Do not be afraid. Do not be silent. I am with you. No one will lay a hand on you to harm you.

(Acts 18.9-10)

Paul was encouraged by the words, "Immanuel, God is with us." Then he did missionary work.

⁹The Church was thus at peace throughout Judea, Galilee, and Samaria, and its foundation became more and more solid, walking in the fear of the Lord and the consolation of the Holy Spirit, and gradually increasing in number of believers. (Acts 9.31)

As Jesus traveled around the country building churches, and as the churches received the gift of the Holy Spirit, the foundation was solidified and the number of congregations grew and developed.

¹⁰You are the salt of the earth. If salt has lost its hold, how can it regain it? ·····You are the light of the world. ·····Let your light shine before the people. Then people will see your good deeds and praise your Father who is in heaven. (Matthew 5.13-16)

You have become the salt of the earth and the light of the world, and your missionary work can be done well enough as it is now.

¹¹To those who are sick, I have become like one who is sick. It is to get people who are sick. I have become everything to everyone. We do everything we can to save even a few people. I do everything for the sake of the gospel. It is our desire to be partakers of this share of the gospel. (1 Corinthians 9.22-23)

We can help people who are ill by gently accompanying them. If a sick person breathes out, breathe in, breathe out. By breathing in the air of the sick, we become neighbors with the sick.

¹²I beat my body and drag it around like any slave. This is so that you do not become a disqualified person while proclaiming the gospel to others. (1 Corinthians 9.27)

Leaders in missionary work also set an example by their own actions.

¹³To the obedience of faith through the preaching of Jesus Christ, through the revelation of mysteries hidden for generations and now revealed. (Romans 16.25-26)

Missionary work leads others to salvation and at the same time exercises one's own faith.

¹⁴Our recommendation does not come from a lost or filthy thought, nor is it intended to deceive or to entrap others. Instead, we are recognized by God as worthy to be entrusted with the gospel, and we always

14 speak accordingly. He is not trying to please others, but to please God, who examines our hearts. (1 Thessalonians 2.3-4)

15 He said to the disciples, "The reapers are many, but the workers are few. Therefore, pray to the Lord of the Reapers that He will send you workers for the harvest. (Matthew 9.37)

There is much fruit in missionary work, but few workers.

16 Preach the Word. Be dedicated to this at all times, in good times and in bad. Teach, exhort, and encourage patiently and continually. (2 Timothy 4.2)

He will preach the Word anytime, anywhere, as often and patiently as he can, and he will also fulfill his main work.

17 You shall not be ashamed to testify of our Lord, nor that I am His prisoner, for I am a prisoner of the Lord, and I am not ashamed to testify of Him. Rather, be

sustained by the power of God and endure suffering with me for the sake of the gospel. (2 Timothy 1.8)

The Lord is not ashamed or timid to proclaim that He is our Savior, nor does He care what others think of Him. There is nothing to do. If you encounter a difficult problem, persevere to get through it.

¹⁸How can you call on the One you have never believed in? How can you believe someone you have never heard of? How can it be heard if there is no one to preach? How can you preach if you are not sent? As it is written, "How beautiful are the feet of those who bring good news." (Romans 10.14-15)

Those who engage in missionary work are given wisdom and action as gifts from the Lord, and it is truly a wondrous walk.

¹⁹"Fool, your life will be taken from you tonight." This is what happens to those who store up treasures for themselves but are not rich in God's sight. (Luke 12.20-21)

God sees to it that men store up treasures in heaven through their missionary work.

[Hymn]



International Navigator US
International Headquarters

32 Revelation

¹The implication of Jesus Christ. This revelation was given by God to Jesus Christ to show his servants what was to happen soon, and Jesus sent his angel to show it to his servant John. (Revelation 1.1)

The Book of Revelation is a book written by the Apostle John on the island of Batmos, in which God's revelation tells mankind "what you have seen, what you are, and what is going to happen to you in the future."

(Revelation 1.19) It describes the past, present and future.

²In the center of the candlestick was One who resembled the Son of Man. He was clad in a robe that reached down to his feet, and a gold sash was fastened across his chest. His hair was white like the wool of a snow-white sheep, and his eyes were like burning flames. His legs shone like brass, refined and polished in the furnace, and his voice was like the roar of great water. (Revelation 1.13-15)

Jesus in Heaven

³Don't be afraid. I am the first, the last, and the living. I have died once, but behold, I live on through all generations. And he has the key to the lock with death. (Revelation 1.17-18)

Death is the most anxious thing in life. No one knows when this will come, and the desire to escape this death causes pain.

Jesus said, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And everyone who lives and believes in Me shall not die forever. Do you believe this?" (John 11.25-26)

By living a fulfilling life, one can eliminate the worries and doubts about life and death, not think about what is beyond one's control, and enjoy the present moment of being alive with gratitude.

⁴Remember that there will be difficult times in the last days. People will be selfish, greedy, boastful, and conceited; they will be insulting, disobedient to their parents, ungrateful, and irreligious; (2 Timothy 3.1-2)

Everyone experiences separation from parents and close friends. After work, I went to the hospital where my father was hospitalized and prayed with him. That night, he returned to heaven and said, "Surely I leave this world with nothing." (1 Timothy 6.7)

The reality is that in life, even if you feel empty, you can't die, and it is hard to live even if you want to. Also, some people seem to think that death is something that does not concern them now, but death is the end of life. People are walking toward old age (Enju-ku) and death. By achieving the goals you set for yourself and by trying to live in the present moment, you will not have empty moments.

"It is useless, useless, said the Philosopher. Life is useless, all useless. You spend your life working, laboring, and what do you have to show for it?" (Ecclesiastes 1.2-3) Useless originally meant breath or vapor, from which it seems to have been taken to mean emptiness or nothingness.

"He knows what we are made of, and He considers that we are but dust." (Psalms 103.14)

5Humans are supposed to die only once and then be
 ※ 1 subject to judgment. In the same way, Christ also of-

ferred Himself once to bear the sins of many. But the second time ^{※ 2} he appears, not to bear sin, but for the salvation of those who are waiting for Him. (Hebrews 9.27-28) ※ 1. Private Judgement ※ 2. Second Coming

Men wish to die, and "death waits for them, but death does not come to them." (Job 3.21-22) People are not allowed to die arbitrarily.

For we must all stand before the judgment seat where Christ sits, and each one of us must be rewarded according to what we have done, whether good or evil, while the body was our dwelling place. (2 Corinthians 5.10)

After death, judgment will be made on each of them before the Lord.

At the end of his life, his deeds will be revealed. (Sira. 11.27)

Let us not be bound by the values of this world, but let our thoughts turn to evaluation after death.

Let him who gains the victory eat of the fruit of the tree of life in the paradise of God. (Revelation 2.7) To be invited to the heavenly paradise and to receive the fruit of life without any reservation, we must have a strong

desire to live on and live as long as we live, so that we will not be deceived by old age and death. We will not be deceived by the old and the dead.

KYOSHINTANKAI

"虚心坦懐" Approaching things without preconceived notions.

NINGENBANJISAIIOUGAUMA

"人間万事塞翁が馬" If you are on the right path as a human being, even if times of trial come your way, think of it as temporary and try to persevere.

7Do not be afraid of the suffering that is coming upon you. Be faithful unto death. If so, I will give you the crown of life. (Revelation 2.10)

As a believer

- (1) If we hold fast to our first conviction to the end, we shall be partakers of Christ. (Hebrews 3.14)
- (2) Stick to the practice of perfect love. (1 John 4.18) .
- (3) I have fought the good fight, I have finished the course I should have run, and I have kept the faith. (2 Timothy 4.7)

8All the churches will come to realize that I am the one who sees into the thoughts and hearts of men. I will reward each of you according to your deeds. (Revelation 2.23)

When Jesus returns, he promises, "I will protect you in the time of trial that will surely come upon the whole world to test those who dwell on the earth." (Revelation 3.10) . This will come, "And there will be great tribulation, such as never was and never will be from the beginning of the world until now" (Matthew 24.21) . This tribulation means, "Show us your wondrous works, as when you left the land of Egypt, that the nations may see them and be ashamed." The nations will see it and be ashamed." (Micah 7.15-16) Even more severe than the tribulation that occurred before the Israelites began their Exodus journey, "Fire consumed their path, and a blazing fire follow. Before their coming the land will be like the Garden of Eden; after their departure it will be like a desolate wilderness. Not a single thing will escape from this." (Joel 2.3) The advent of the Great Tribulation is spoken of.

9I counsel thee, that thou shalt not be a stranger in the land of the living. Buy from Me gold refined by fire, that you may be rich. Buy a white robe to wear, that you may not be ashamed of your nakedness. Buy the medicine for your eyes so that you can see. I reprove

and chastise all whom I love. Therefore, strive diligently. Repent. (Revelation 3.18-19)

What believers should do now is diligently seek faith, love, and hope

- (1) Gold refined by fire is "so that its trials may be transformed into praise, glory, and honor. of you who have gone through the ordeal. Faith is far more precious than gold, which is refined by fire and destroyed." (1 Pet. 1.7) Faith tempered by trials.
- (2) The white robe is the wedding garment worn by the bride and "the righteous deeds of holy people." (Revelation 19.8) Living in a clean love.
- (3) The medicine for the eyes is repentance, "May God give you the spirit of wisdom and revelation to know Him deeply, and may the eyes of your hearts be enlightened" (Ephesians 1.17-18) . A new fire of hope is also lit.

10 And they cried aloud, saying, "The Lamb that was slaughtered is worthy to receive power and riches, wisdom and majesty, honor and glory and praise." (Revelation 5.12)

I heard the cry of the heavens and of the earth, and of every creature under the earth and in the sea, and of every living creature that is in the midst of them, saying, "To Him who sits on the throne and to the Lamb be praise and honor, glory and power without end from generation to generation." (Revelation 5.13) "My righteous servant ^{※ 1} shall make many righteous. Their wickedness he has borne." (Isaiah 53.11) ※ 1. Jesus

¹¹ These people had gone through great tribulation, and they had washed their robes in the blood of the Lamb and made them white. That is why they stand before God's throne and serve him day and night in his temple. He who sits on the throne will protect them with his presence. (Revelation 7.14-15)

With the coming of the Great Tribulation Period, the believers survived the ordeal and washed and whitened their reddened garments with the blood of the Lamb's father, so that they could serve God before His throne, and "they will no longer hunger or thirst, nor will the sun or any other heat come upon them. "They will no longer be hungry or thirsty, nor will the sun or

any kind of heat overtake them." (Revelation 7.16) .

¹²Write, "Blessed are those who, after this time, die united to the Lord." The Spirit also said, "Yes, they will be released from their labors, for their deeds will follow them. For their deeds will follow them." (Revelation 14.13)

When the time comes for the Lord to judge, he will say, "The peoples of the nations are angry, and you have revealed your wrath. The time has come for the dead to be judged, and for your servants the prophets and the holy." (Revelation 11.18)

Only, "You know that your labors are not in vain if you are in union with the Lord." (1 Corinthians 15.58) "With us you who are afflicted, we give you rest as a reward."
(2 Thessalonians 1.7)

¹³And the angel cried with a mighty voice, saying, "Fallen, fallen is Babylon the Great! And the dwelling place of demons, and the den of every unclean spirit, for the merchants of the earth were enriched by her extravagance." (Revelation 18.2-3)

Ruined Cities

- (1) Lord said, "The cry against Sodom and Gomorrah is great indeed, and their sin is very great." (Genesis 18.20)
 - (2) They said, "Let us build a city, and let us build a tower whose top shall reach to heaven. Let us make our name great, and let us not be scattered over all the earth." (Genesis 11.4) The purpose of building the tower of Babel (the gate of God) was to enhance the reputation of Nimrod (the Antichrist), but God prevented this construction.
 - (3) Babylon is like these cities, thriving in glory, living in luxury, drunk with the wine of wickedness, shedding the blood of martyrdom, said God: "Because your merchants are princes of the earth, and by your magic all nations have been deceived, and the blood of the prophets and of the saints, and of all who are slain on earth, has been shed in this city is." (Revelation 18.23-24)
- "Vengeance is mine, and I will avenge it." (Romans 12.19) God "has judged the great whore who has corrupted the earth with her adulteries, and has avenged our blood upon her." (Revelation 19.2)

God decided to destroy Babylon, but he called out to God's people in Babylon, saying, "Flee from the midst of Babylon. Get out of the land of the Chaldeans. Babylon will be attacked from there." (Jeremiah 50.8-9) ※1. A mighty nation

14 They were resurrected and reigned with Christ for a thousand years. But the rest of the dead did not come back to life until the thousand-year period was complete. This is the first resurrection. Blessed and holy are those who partake of this first resurrection. The second death has no authority over these people. (Revelation 20.4-6)

In front of the Lord, a day is like a thousand years, and a thousand years is like a day. (2 Peter 3.8)

"If you are a child, you are an heir. If you suffer with Christ, you will be glorified together." (Romans 8.17) "Do you not know that holy men will judge the world? Do you not know that we are to judge the angels?" (1 Corinthians 6.2-3) The holy ones were told that in the time of the Great Tribulation, "Women have had their dead raised from the dead. Others refused to be

released and were subjected to torture in order to win a more immediate and superior resurrection." (Hebrews 11.35) The faith of the Jungian martyrs who endured this trial and persecution overcame them, and they will be the first to be resurrected and rule for a thousand years.

The death and resurrection of Jesus is the first resurrection, for Christ "was handed over to death in the flesh, but was made alive in the spirit." (1 Peter 3.18)

15I saw the dead, both great and small, standing before the throne. And numerous books were opened and another book was opened in It is the book of life. The dead were judged according to what was written in these books, according to their deeds.death is thrown into the lake of fire. This is the second death.

(Revelation 20.12-14)

Where the throne of God is, "I know that I was taken even to paradise, and heard words that were awe-inspiring to utter, words that no human being is permitted to speak." (2 Corinthians 12.4) "Seek the Lord, while you can find him. Call to Him, while He is

near." (Isaiah 55.6) Repent and turn to the Lord while you still have life, and be ready for the forgiveness of your sins at the cross of Jesus Lord and your triumphal return to paradise.

The rich man cried out, "Have mercy on me, O Father Abraham! Let Lazarus dip the tip of his finger in water, and let my tongue be cooled. I am agonizing in this fire." But Abraham said, "Remember, son, you were given good things while you were alive, but Lazarus was given bad things. But now he is comforted here, and you are in agony." (Luke 16.24-25) This is the second death.

People will be judged according to what is written in "Book of Life". To judge, "The Father judges no one, but has committed all judgment to the Son of Jesus." (John 5.22) "He who believes in the Son will not be judged. But he who does not believe has already been judged." (John 3.18) In order not to be judged, we must follow Jesus' example and walk the walk of an autonomous person.

¹⁶I saw a new heaven and a new earth. The former heavens and the former lands are gone, and there are no

more seas. And I saw the holy city, New Jerusalem, come down from heaven out of God, ready as a bride adorned for her husband. (Revelation 21.1-2)

In the day when the new heavens and the new earth shall appear, "the heavens and the earth shall pass away." (Mark 13.31) "The heavens will disappear with a great noise, and the elements of nature will crumble to heat, and the earth and the things in it will be exposed. Everything will perish, you must live holy and pious lives. Thus, look forward to the coming of the day of God, and strive for its speedy coming." (2 Peter 3.10-12)

The new city comes like a bride prepared for her wedding from heaven.

¹⁷And I heard a loud voice from the throne saying, "Behold, God's tabernacle will be with men, God will dwell with men, and men will be His people. God Himself is with men, becomes their God, and He wipes away every tear from their eyes. He will have no more death, no more sorrow, no more grief, no more pain. For what was before has passed away." And He

who sat on the throne said, "Behold, I am making all things new." And again, "Write it down. These words are sure and true". And He said to me, "The thing is done. I am the Alpha and the Omega. I am the beginning and the end. And I will give to him that thirsteth a free drink from the water of life." (Revelation 21.3-6)

God dwells with men and "is called Immanuel..... and God is with us" (Matthew 1.23) will be fulfilled, and God and man will dwell together, and "I will be his God, and he shall become my son." (Revelation 21.7)

By this there will be no more death, sorrow, or hardship. Now "We look forward to a new heaven and a new earth of righteousness by God's promise. Therefore, my dear friends, as you wait for these things, strive to be spotless, spotless, and at peace before God." (2 Peter 3.13-14)

God is "Alpha" who created the heavens and the earth (Genesis 1.1) . This heaven and earth is over, and the god Omega, who has completed the new heaven and earth, says, "Things have been accomplished", "These words are trustworthy and true", and "Those who are thirsty should not hesitate to seek life. Drink water."

¹⁸The portion of the cowardly, the unbelieving, the abominable, the murderers, the sluttish, those who practice witchcraft, those who worship idols, and all those who speak falsehood, is in the lake of burning fire and sulfur. This is the second death. (Revelation 21.8)

It is written in this Word about those who will not enter the new city where the Lord will dwell. In particular, a murderer is "everyone who hates his brother." (1 John 3.15) The retribution for these will be the second death. "Let us fix our eyes on Jesus, the guide and finisher of our faith. He endured the cross, despising the shame, forsaking the joy that was set before Him, and He sits at the right hand of the throne of God. And He sits at the right hand of the throne of God." (Hebrews 12.2)

"He has not invited us to do anything unclean, but to make us holy, so that we may be holy. Therefore, if you ever disrespect this instruction, you are not disrespecting a person, but God, the One who gives you His holy Spirit." (1 Thessalonians 4.7-8) "Pure and undefiled piety before God the Father is to care for orphans in distress, for widows, and to keep oneself pure and untainted by the filthiness of the world." (James 1.27)

Stay awake for you do not know the day or the hour. (Matthew 25.13) Wait for the time to come without neglecting preparations.

¹⁹But no one who is unclean, nor anyone who practices abominations or lies, will ever enter the city. Only those who are written in the Lamb's book of life can enter. (Revelation 21.26-27)

Isaiah saw the visionary city, "In the time to come, the mountain of the temple of the Lord will be established as the top of the mountains, and will be raised higher than any other peak. All nations will flow toward it like rivers. Many people will come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob.' " (Isaiah 2.2-3)

The new city, Jerusalem, "is that God is light, and in Him is no darkness at all." (1 John 1.5) The new city shines with brightness and light, and the exterior of the city "has high and great walls and twelve gates." (Revelation 21.12) These gates are always open, and "I will bring my sons from afar, and my daughters from the ends of the earth." (Isaiah 43.6) "I say to you. Many will

come from the east and from the west, and they will sit at a banquet with Abraham, Isaac, and Jacob in the Kingdom of Heaven. But the children of the Kingdom will be cast into outer darkness. There will be lamentation and gnashing of teeth." (Matthew 8.11-12) May the names of many be written in the Book of Life.

※ 1. The Jewish people, who did not believe in Jesus.

20 The servants of God worship Him and look up to His face. The name of God is written on their foreheads. There is no longer night. I don't need the light of the fire or the light of the sun. For the Lord their God will shine upon them. They rule endlessly from generation to generation. (Revelation 22.3-5)

Pursue holiness. Without that, no one can see the Lord. (Hebrews 12.14) By asking for this, what you see "then" is face to face. (1 Corinthians 13.12)

"The sun is no longer daylight to you; the light of the moon is no longer light to shine upon you. The Lord will be to you an everlasting light, and your God will be your radiance." (Isaiah 60.19) "The wise shall shine as the light of the firmament, and those who have led

many to righteousness shall shine like the stars from generation to generation without end." (Daniel 12.3) There is no night in the city, nor is there need of light.

"The point is that not every prophecy in the Bible is to be interpreted arbitrarily. Prophecy was never made by the will of man. They were spoken by men moved by the Holy Spirit, who spoke words from God." (2 Peter 1.20-21)

²¹Behold, I am coming soon. Then I will come with a reward, and I will repay each one according to his deeds. I am the Alpha and the Omega. I am the first and the last. It is the beginning and the end. (Revelation 22.12-13)

Many who are asleep in the earth will awaken. Some to eternal life. Some will go to eternal shame and contempt. (Daniel 12.2) The Lord rewards each according to his deeds.

²²He who testifies of these things says, 'Yes, I am coming soon. Amen. Lord Jesus, please come. May the grace of the Lord Jesus be with you all.

(Revelation 22.20-21)

When Jesus returns

- (1) For when the trumpet of God sounds and the Lord Himself comes down from heaven, the dead who are united to Christ will be resurrected first, followed by those of us who are still alive, who will join them and be lifted up into the sky^{※1} in a cloud to greet the Lord. (1 Thessalonians 4.16-17)

※1. Rapture

"Rapture" The lifting of Christians into the air.

- (2) The order of descent from heaven is "Christ the firstfruits, then those who belong to Christ when He comes again into the world. Then comes the end of the generation." (1 Corinthians 15.23-24)
- (3) Only the crown of righteousness is prepared for me. The Lord, the righteous Judge, will bestow this crown upon me on 'that day. ……He gives this to anyone who sincerely awaits His manifestation. (2 Timothy 4.8)

Are you looking forward to the second coming of Jesus?

May the grace of the Apostle John be with those who read this.

For I will not come and cause the earth to be

cursed. (Malachi 3.24) The Old Testament ends with this verse.

[Hymn]



Osaka Nishinoda Church (Chapel)

33 Prayer

¹Prayer by the Holy Spirit. (Jude 20)

If one is walking in the thoughts of the flesh, prayers will not be heard, and one will want to pray because one will be filled with the Holy Spirit and will want to give thanks and praise to the Lord, which will be the thought that the Lord is inviting.

²While He was on earth, Christ offered prayers and supplications with loud cries and tears to the One who was able to save Him from death. Because of this piety, it was heard. (Hebrews 5.7)

Meditate on Jesus praying.

Isaiah, written around the eighth century B.C., says, "Truly, a child is born to us. A boy was given to us." (Isaiah 9.5)

The prophet Isaiah says, "Jesus he rejoiced to fear the Lord" (Isaiah 11.3) , an expression of "awe and reverence".

This expression is used in the case of agreement

with God, prophesying that Jesus is the One who is in agreement with God (the Perfect Virtue) .

A boxer who won a gold medal in a boxing match at the London Olympics. On the refrigerator door at home was a sign that read, "I won a gold medal at the London Olympics." which had been pasted on the door of the refrigerator before the Olympics were held.

3He knelt down and prayed, "Father, if you wish, take this cup from me. But not my will, but Thy will be done. (Luke 22.41-42)

It was the scene where Jesus prayed in the Garden of Gethsemane.

4When you pray, go into the inner room, shut the door, and pray to your Father who is in the hidden place. Then your Father, who sees your hidden deeds, will reward you. (Matthew 6.6)

Prayer is not to be heard by others, but to enjoy a dialogue with the Lord.

5What the eye had never seen, the ear had never heard, and what had never crossed the mind of man, this was what God has provided for those who love Him. (1 Corinthians 2.9)

I will give you long life if you walk in my ways, keeping my statutes and my commands, just as your father David walked. (1 Kings 3.14)

6When you pray, do not repeat like the Gentiles. They think that if they have enough words, they will be heard. (Matthew 6.7)

People have continued to pray because (i) prayer has been effective. (ii) Because I had to pray, I guess.

7Your Father knows what you need before you ask Him. (Matthew 6.8)

8You do not get it because you do not ask for it. The reason we ask and are not given is because we ask with bad motives, trying to use it to satisfy our own desires.

(James 4.2-3)

The Lord already knows what we need, but if we don't ask Him, we won't get it, and if we pray and ask. They are not asked with bad motives.

9Lord, listen to my words and take my murmurings to heart. Hear my cry, O my King and my God, for I have heard the voice of the Lord, and I have heard the voice of the Lord, and I have heard the voice of the Lord. (Psalm 5.2-3)

The Lord satisfies the desire of those who fear Him, and He hears their cry and saves them. (Psalms 145.19)

10Do you not judge them, O our God? In the face of a great army attacking us, we were helpless. we did not know what to do. I just look up to you. (Chronicles 20.12)

※ 1. Josaphat's army

Jehoshaphat's army, who has nothing to do but pray, will be victorious through prayer.

The Lord "heareth the prayers of the oppressed."

(Sira. 35.16)

When a child begs his parents for something he wants, the parents do not want to make him feel sad, and therefore, there is no choice but to "God has brought them what they desired." (Psalms 78.29)

¹¹Jesus stopped and called them and asked them, 'What do you want us to do? "Open our eyes, O Lord", they said. Jesus felt pity for him and touched his eyes. Then they immediately began to see and followed Jesus. (Matthew 20.32-34)

The content of the prayer should be simple and clear.

¹²I am praying thus. May your love be ever richer and your discernment ever more important as you develop a deeper knowledge of God and a sharpened senses. (Philippians 1.9-10)

Be specific in your prayers.

¹³You shall pray thus.

The Lord's Prayer

(1) Our Father who art in heaven

By trusting in the Lord, one can say, "Father."

- (2) May the name of God be holy and righteous.

I hope the Lord will be respected by all mankind.

- (3) May the Kingdom of God come.

I hope that the Kingdom of God will come in this world.

- (4) May God's will be done on earth as it is done in heaven.

I hope that this world will come to be the same as how heaven is.

- (5) Please give us today's bread today.

I hope that He will give us the food and katherization we need for our walk today.

- (6) Forgive us for our burdens. In the same way, we forgive those who are indebted to us.

I forgive you for the injustice and evil you have suffered from others, and I hope that our Heavenly Father will also forgive you for yourself.

- (7) Lead us not into temptation, and deliver us from evil. (Matthew 6.9-13)

People are weak and wish not to adjust to numerous temptations, trials, and evils.

Prayer for Peace

Use me as an instrument of your peace.

Where there is hatred, there is love; where there is strife, there is forgiveness.

Where there is division, unity. Where there is doubt, faith.

Where there is error, there is truth. Where there is despair, there is hope.

Where there is sorrow, let us bring joy, let us bring light.

Lord, more to comfort than to console, more to understand than to be understood.

May we seek to love more than to be loved.

We receive by giving, and we are forgiven by forgiving.

For you can give yourself up to death and receive eternal life.

¹⁴Ask for. Then it will be given. Look for it. Then we will find it. Knock it off. Then it will be opened.

(Matthew 7.7)

The basis of my actions is "Ask, and you shall receive. Seek and you will find. Knock on the gate, and it will be opened."

¹⁵I say to you well. Whatever two of you wish for on earth with one heart, my Father in heaven will grant it. Where two or three are gathered in my name, I will be among them. (Matthew 18.19-20)

Prayer meetings at the church always began with this word.

People are more likely to succeed by thinking and acting together with others and sharing their knowledge, rather than thinking and acting alone.

Praying with several people with one heart, morning prayer meetings, prayer meetings, and joint prayers in churches are heard by the Lord.

Apollo 11 is an exploratory flight to the moon by three like-minded astronauts.

At the church to which Captain Armstrong belongs, when Apollo 11 was launched from the ground, many members of the church united their hearts and fervently prayed. As a result, the accident during the flight was miraculously recovered, and the aircraft returned safely.



April 15, 2005 MyBible Publication
Commemorative Mass

¹⁶If you abide in me, and my words abide in you, ask whatever you wish. Then it will come true. (John 15.7)

Take over the current company from his father. When I was inexperienced in running a company and was not able to achieve the results I wanted and was wondering what kind of management I should do, when I read the Bible as usual, I came across this word and felt like I was drowning. It was the moment that captured my heart, which had become.

To have the Word always in my heart, I thought it would be good to have a compact collection of the Word, so I said, "This is my only property," and typed into my computer the passages that I underlined in the Bible given to me by my father. This content was edited into 23 categories to complete the first edition.

The title of the book is "MyBibe" in the hope that it will be "my word" for those who receive it.

About 500 years ago, Father St. Francis Xavier came to Japan on a missionary mission, relying on the wind and a compass, risking his life for life. In order to reward this missionary work and in the hope that "MyBible" could be of service to the world, "parents

took their children to Jerusalem to present them to the Lord." (Luke 2:22) Following this, on April 15, 2005, Catholics and Protestants will gather for the "My Bible Publication Commemorative Mass" in the crypt of St. Mary's Cathedral, Tokyo.

Officiated by: Father Masakazu Tachibana, Father Yoshitaka Yoshiike, Father Masamichi Hoshino, Father Wataru Ueguri, Life Deacon Yasuo Imai, Sermon Makoto Watanabe, General Director of the Japan Bible Society.

At this Mass, MyBible was consecrated and the seed of the Word was sown in the land. Since then, with the encouragement and support of many people, the MyBible series has become a We also offered a Mass of Thanksgiving to the Lord.

¹⁷If you ask anything of me in my name, I will grant it.

(John 14.14)

The prayer should end with, I pray in the name of the Lord Jesus Christ.

"Ask, and it will be granted, and your hearts will be full of joy. Ask, and it will be granted you, and your hearts will be filled with joy." (John 16.224)

¹⁸Seek the kingdom of God and his righteousness. Then all these things, in addition, will be given to you.

(Matthew 6.33)

He asks that this earth become like the Kingdom of God and that God's righteousness be demonstrated.

¹⁹We can receive whatever we ask of God. This is because we keep God's laws and do what is pleasing to Him. (1 John 3.22)

He who keeps God's commandments and laws, "What the righteous desire will be fulfilled." (Proverbs 10.24)

²⁰We have confidence before God. That is, if we seek to do God's will, He will hear us. (1 John 5.14)

King Solomon's prayer (1 Kings 3.11-13) was in accordance with God's will and marked the beginning of the Solomonic dynasty.

²¹Believe that whatever you pray for will be fulfilled. If you do, you will be right. (Mark 11.24)

We will continue to believe that what we pray for will be heard. For "Everything under heaven has its time, and every activity has its time." (Koheleret 3.1) All that remains is to wait for the time.

²²If you believe and pray, all that you ask will be fulfilled. (Matthew 21, 22)

The prayer to be heard is really quite simple.

"Believe" reminds me of the first time Aimi (my oldest daughter) went to the pool when she turned four years old.

She began swimming with a floatation ring she had bought, but thinking that this would not teach her to swim, she put Aimi on the wall by the pool.

I beckoned her toward where I was standing, and she jumped toward me "without a thought". This was caught with perfect timing. As I gradually opened the distance between Aimi and myself, and repeated this over and over again, Aimi gradually began to float, and I learned from her to "trust".

²³Jesus said to them, "The times and seasons which the Father has appointed by his own authority are not for you to know." (Acts 1.7)

The Lord already knows when and where prayers will be heard.

²⁴Call upon me, and I will make my way to you, and I will make my way to you. Then I will answer you and tell you great things, things that you do not know, things that are beyond your ability to comprehend. (Jeremiah 33.3)

The Word is said to be "the direct telephone number to God." We are looking forward to meeting with you.

²⁵Then Jesus said, "Woman, your faith is excellent. Let it be as you wish." The daughter was healed immediately. (Matthew 15.28)

The prayers of the faithful are heard.

²⁶Prayer by faith saves the sick. The Lord will cause that person to stand up, and if he or she has sinned, that sin will be forgiven. (James 5.15)

²⁷When Job prayed for his friends, the Lord restored him to his former prosperity and doubled his wealth from before. (Yobu. 42.10)

Remember to pray without intercession to the Lord and for others.

²⁸While Peter was locked up in prison, fervent prayers were being offered to God for him in the church. (Apostle 12.5)

²⁹Love your enemies and pray for those who persecute you. (Matthew 5.44)

³⁰For all people, for kings and all those in high positions, petitions, prayers, and intercession and to give thanks. This is the reason why we are to live a life of true piety, reverence, peace, and tranquility. (1 Timothy 2.1-2)

³¹May the Lord bless and protect you. May the Lord shine His face upon you and give you His care. May the Lord turn His face toward you and give you peace. (Numbers 6.24-26)

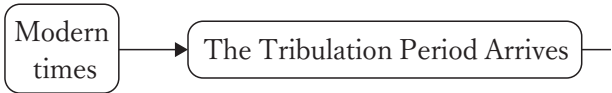
³²"Rejoice in hope and endure hardship" (Romans 12.12)
"Pray with perseverance. Prayer with thanksgiving. Stay awake, my friend." (Colossians 4.2)

Whenever, wherever, and however often, "Jesus teaches his disciples to pray continually, without weariness." (Luke 18.1)

[Hymn]

John's Revelation

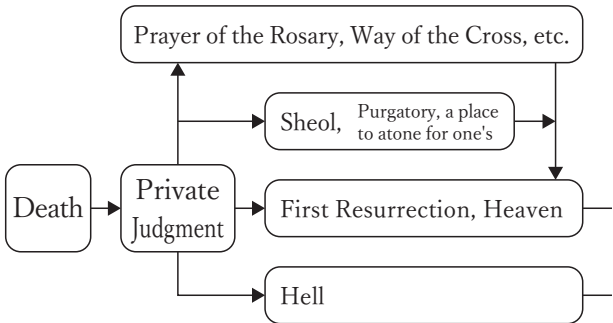
1. Flow about Humanity



- *More severe than the tribulation that occurred before the Exodus journey began.
- *The coming of the age of the loss of faith.

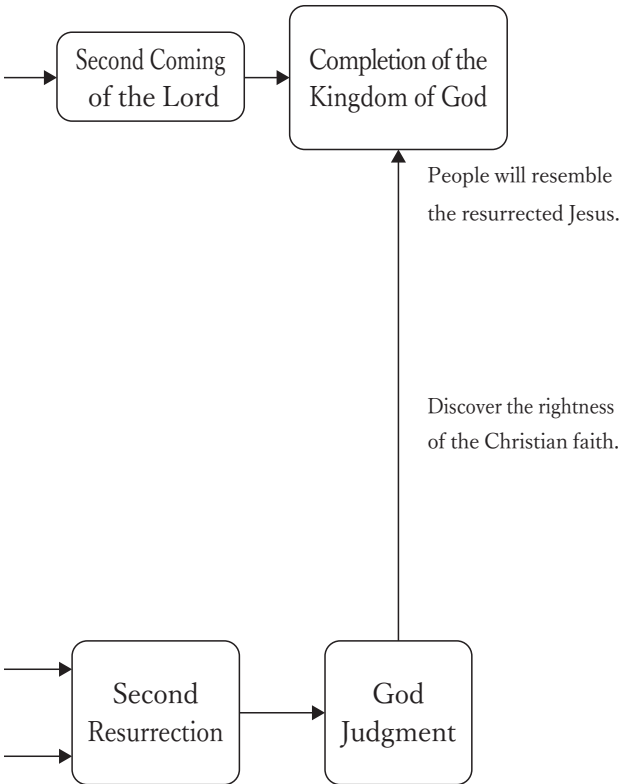
2. Flow about after death of a person

*Like a wise maiden, make preparations for the world to come.



*The foundation of the soul is those who imitate the Lord (heart, word, deed, and prayer)

Outline drawing



Live in this life with hope in the grace of the Lord's death and resurrection

み言葉の実践 主の道こそ真理 悲しみは死を招く 疑いや怒りを断つ 復讐は主に委ねる
 苦悩には主の軛くびきを負う 主の前に正しい人は報われる 不誠実は滅びる 陽気は良薬
 陰気は骨を枯す 銭の慾は悪 惜しみなく与えるは善 言葉は言霊ことだま 舌を制して成功せよ
 真福八端しんふくはつたんを知る 主の心と言葉と行動と祈りを倣うと自律した人になる 主に感謝せよ
 求めれば与えられ探せば見いだし叩けば開かれる 主は神の僕となり遜へりくだる 前後際断ぜんごさいだん 忘己喜他もうこきた
 霊に満され熱心に祈りあとは委ねる 疲れたら黙想 み言葉と主の知恵と健康こそ財産
 命を捨てる者は与えられ守る者は失う 造られた者に福音を宣教せよ 信仰とは望みを保証し見えないことを確信する
 み言葉は羅針盤 見栄や虚栄を断つ 主と霊で繋つながりみ言葉が有れば望みは叶う
 知恵と英明や良い動機での祈りは叶う 主の祈りや薔薇ロザリオを唱える 信じて祈れば全て叶う

The Liturgy of the Word is a summary of MyBible III (Autonomous Person). If you wish to utilize this as a sutra, please use only the large kanji characters in the GWord-book. The number of characters for the text using only Kanji characters is 318.

御言葉典

神は天地を創造された 土から男が骨から女が生まれ蛇そこのかに唆され罪が入り神と人の間に
 溝が生まれる 贖い主の誕生を預言 聖霊で救い主が誕生 主の受洗
 神の国は近いと言つて宣教を開始した 癒し慰め励まし喜びの奇跡を行う 最後の晩餐で主の体を
 食べ血を飲む 受難と十字架刑 三日目に復活 昇天
 聖霊降臨 受洗で罪は赦される 人は死で煉獄れんごくにて罪を償い天国又は地獄へ
 父と子と聖霊の三位一体 体は霊が宿る神殿 欲や執着は苦を招く
 主の掟と十戒を守る 一いちの心と成る 他者を許し寛容となる 善よに聴きく悪あに疎うとい 先祖を敬う
 主を畏れ知恵を得る 恐れや失望は主が不在 試練は訓練であり忍耐で救われる
 主アドの山ナイに備エえ有レり 無所有が悩を断つ 愛は人を思いやる心 思い悩みは妄想

苦腦主軛負 主正人報 不誠實滅 陽氣良葉
陰氣骨枯 錢慾惡 惜与善 言葉言靈 舌制成功
真福八端 主心言葉 行動祈做 自律人 主感謝
求与探見 叩開 主神僕遜 前後際斷 忘己喜他
靈滿熱心 祈委 疲黙想 言葉主知 惠健康財產
命捨与守失 造福音宣教 信仰望保証 見確信
言葉羅針盤 見栄虚栄断 主靈繫言葉 有望叶
知惠英明 良動機 祈叶 主祈薔薇唱 信祈全叶

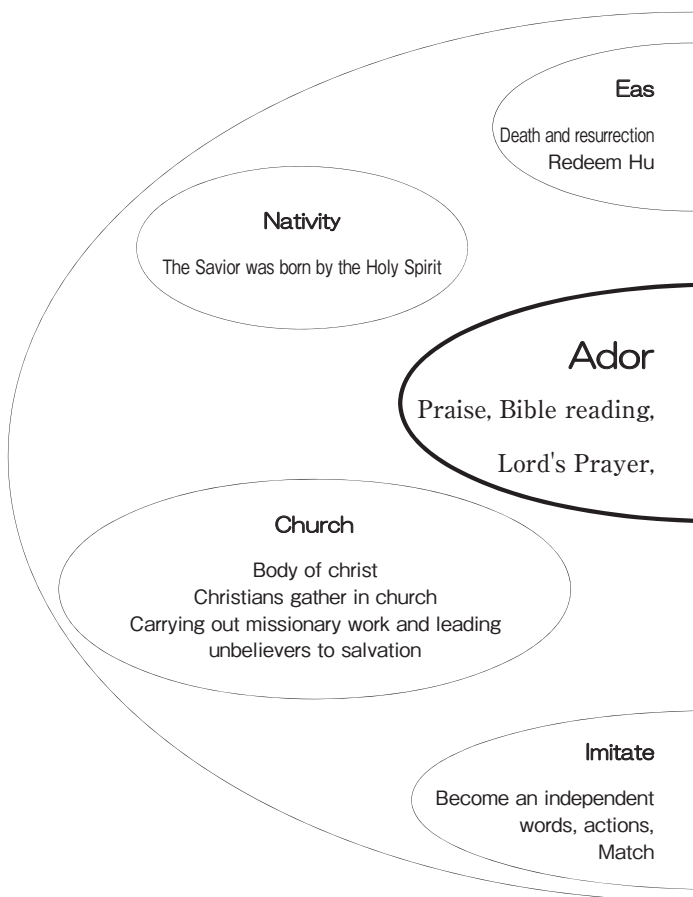
大司教 菊地 功殿 多樣性 一致 實現 祈念

第一卷 平成三十年七月吉日 蒲池明憲 謹書

御言葉典

神天地創造 土男骨女生蛇唆罪入神人間
溝生贖主誕生預言 聖靈救主誕生主受洗
神国宣教開始 癒慰勵喜奇跡 最後晚餐主体
食血飲 受難十字架刑 三日目復活 昇天
聖靈降臨 受洗罪赦 人死煉獄罪償天国地獄
父子聖靈三位一体 体靈宿神殿 欲執着苦招
主提十戒 一心成 他許寬容 善聽惡疎先祖敬
主畏知患得 恐失望主不在 試練訓練 忍耐救
主山備有無所有 惱斷 爱人思心 思惱妄想
言葉実践 主道真理 悲死招 疑怒斷 復讐主委

Schematic of



Christianity

ter

of Jesus on the cross
 manity's Door

Baptism

Sins are forgiven and the Holy Spirit is poured
 out Get a ticket to heaven

ation

Declaration of faith, Joint prayer

Communion

Holy spirit

Trinity of Father, Son and Holy Spirit
 Life changes completely when God and people are connected by the Holy Spirit
 Observe the Ten Commandments and have your sins forgiven

Jesus

person by imitating your mind,
 and prayers
 jesus

Foreword by Isao Kikuchi

November 1958 Born in Miyako City, Iwate Prefecture

1986 Ordained as a priest

He was then sent to Ghana in West Africa as a missionary until 1994.

After returning to Japan, he took a position in the Shingonkai.

2004 Appointed Bishop of Niigata and ordained as a bishop

2017 Appointed and seated as Archbishop of Tokyo

Introduction of the editor Akinori Kamachi

Born in August 1950

Baptized at Osaka Nihonbashi Christian Church of the Japan Free Methodist Church

Transferred to Ikeda Satsukiyama Church of Christ Convention of Japan, to which an acquaintance of my father belongs.

Transferred to Musashi Oyama Church of Christ Convention of Japan, to which his parents belong.

Transferred to Tokyo Ikebukuro Church of Christ Church of Japan upon marriage.

The entire family converted to Catholicism with Shozou Fukukawa (a member of Azabu Catholic Church) as their substitute father.

Became a member of Catholic Tokyo Cathedral Sekiguchi Church Chiba Breakfast Prayer Morning Belonging (held on the 1st and 3rd Friday of every month Location: Chiba YMCA 7F)

Joined The Sanwa Bank, Limited (currently Mitsubishi UFJ Bank)

President and Representative Director, Chiyoda Information Systems Co.

MyBible Jewel Box of the Word of God Practical Edition

The Japanese Bible is the Franciscan Bible. Punctuation, " ", and other punctuation terms have been partially corrected based on the relationship between the preceding and following sentences.

Translator Yuta Minakuchi

Author Akinori Kamachi

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